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E R A



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A new drug, a pamoic acid salt called CI501 holds great promise in the fight against malaria. Tests so far have found that a single injection of the drug has protected patients for a year, Dr. G. Robert Coatney of the National Institute of Health has reported. Actual field condition tests are still to be made. Malaria kills about two million people each year and afflicts about two hundred million.



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THE COVER

Aren't family moments as this simply priceless? Who can deny that a happy family circle working, playing, and praying together is but a glimpse of heaven? This is the Cover photo. It introduces a special Era—special in that for this number we have joined with Brigham Young University to present a family Together for the third year of "Education Weeks" to be held in thirty-six areas of the Church. In this issue there are many articles to make your own family life more enjoyable and meaningful. And back to our cover picture looking at it again brings to mind a sentence of President David O. McKay found on page 252 of this issue: "It is possible to make home a bit of heaven; indeed, I picture heaven to be a continuation of the ideal home."

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IN THIS ISSUE

Family Togetherness, the Challenge of Our Times

"And what does the gospel show us? It shows us who our Father is; it shows us our relationship to him, and to our earthly father; it shows us our duty towards our children, our duty towards our wife, and wives their duty towards their husbands; it enters into all the ramifications of human existence." (*Journal of Discourses* 11:163.)

So spoke President John Taylor, then a member of the Council of the Twelve, in an open bowery, at a general conference of the Church, October 7, 1865 in pioneer Great Salt Lake City. His comment is as fresh and as needed today as it was then.

What was once "Leadership Week" on the campus of Brigham Young University has now, in 1963, become "Education Week" in the Church, with courses being given in more than thirty cities, involving nearly two hundred stakes and approximately seventeen hundred sixty wards. The theme is "Family Togetherness, the Challenge of Our Times." At least forty thousand persons will attend the thirty-five hundred lectures throughout the summer. The following statement, emphasizing the Education Week program, has been issued by the Board of Trustees with approval of the First Presidency.

The Board of Trustees of Brigham Young University has changed the name of the former Leadership Weeks to "BYU Education Weeks."

"The change was made after long consideration of a broader scope and more appropriate name for this program. The old name may have given the impression that the program is only for officers and teachers of our auxiliary organizations and exists for their religious training. On the contrary, the BYU Education Weeks are intended for everyone who can take advantage of the large number of academic offerings.

"We are pleased to note that the BYU Education Weeks will be presented in 33 areas of high Church population in the Western United States and Canada next summer. The extension of this privilege to a wider segment of the Church is indeed gratifying and has the blessing and encouragement of the Board of Trustees."

The Improvement Era, with its family circle of nearly two hundred thousand subscribers, is pleased to join BYU in the presentation of this theme. Many of the articles in this issue have been written by faculty members who will be present at the various Education Weeks in the far-flung areas of the Church.

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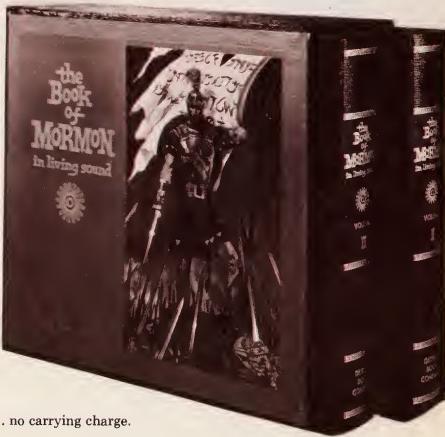
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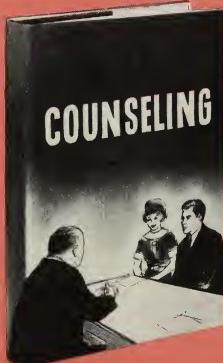


3. Corner on Youth

by Elaine Cannon

Tongue-in-cheek verse to delight young and old by a popular LDS teen consultant, *Deseret News* teen correspondent, *Improvement Era* Youth Section associate editor.

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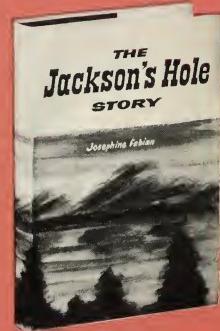


4. The Art of Counseling

by James Jay Tschudy

A most important phase of Church leadership is carefully analyzed by an authority in the field on counseling. Dr. Tschudy is a thorough Latter-day Saint and noted educator whose knowledge of the gospel and counseling is a valuable aid to Church leaders.

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5. The Jackson's Hole Story

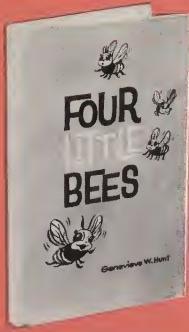
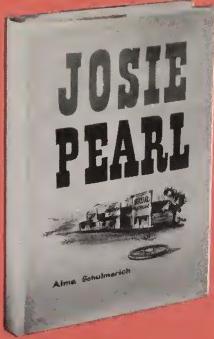
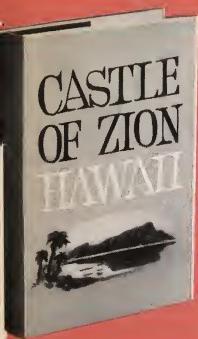
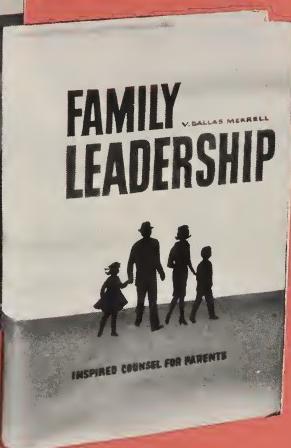
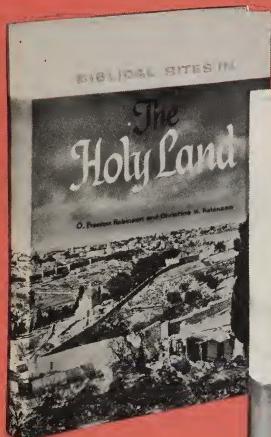
by Josephine Fabian

A new kind of reading experience for Latter-day Saints! *The Jackson's Hole Story* deals with virgin Wyoming country during a time when adventurers, robbers, and Indians made pioneering difficult and challenging.

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2. Family Leadership —

Inspired Counsel for Parents

by V. Dallas Merrell

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3. Castle of Zion — Hawaii

by Castle H. Murphy

A provocative autobiography full of interesting philosophy and stimulating missionary experiences. A profound insight into the gospel's influence in the life of a most interesting Latter-day Saint.

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The Station Wagon Age and the Nomadic Modern Family

THESE TIMES

By Dr. G. Homer Durham

President, Arizona State University, Tempe



● Away they go—to different (or the same) places, but in different automobiles—the modern family. Can the basic cultural function of the family be saved in the station wagon? It is probably the place where family gatherings most often take place in these times—at least until the teens start driving. Then family meetings tend to divide or disappear!

The sociologist, Charles A. Ellwood, felt that the family performed three important functions:

1. It continued the life of the species, determining the child's physical destiny.

2. It preserved and conserved social possessions, transmitting property from generation to generation, as well as the ideals and standards on which government, law, religion, morality, and culture depend.

3. "The family," he also said, "is the chief generator of altruistic sentiments and ideals in human society. This primary group furnishes the basis upon which such primary ideals as fatherhood, brotherhood, love, service, and self-sacrifice have been built up into moral and social traditions."

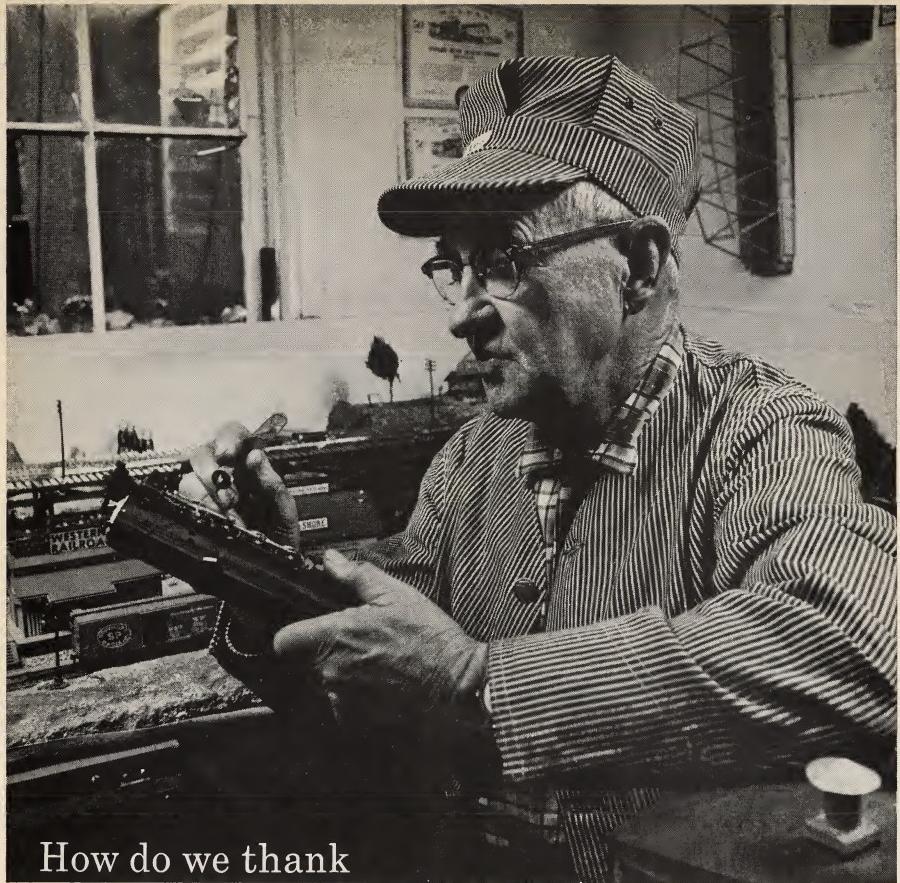
Today, one can conclude (so far as western civilization is concerned)

that function No. 1 continues unabated. Whatever the culture, whether patriarchal, matriarchal, endogamous, exogamous, the family still has fathers, mothers, and children in common—and the population continues to grow wherever food supply is found. What of the rest?

Functions 2 and 3 derived fundamentally from the religious basis and nature of the family. But modern man does not invest much time in the family. Business, civic, and (among Latter-day Saints) church duties occupy the bulk of his time. Whatever is left has been organized into extension classes, in-service training courses, patriotic gatherings, bowling leagues, or whatnot. Women are in somewhat better position than men. They are forced, by nature, to spend at least a minimum amount of time with the offspring. But this time varies from several weeks following birth to the period when the young depart for school; for today's mother is a working mother—outside of the home.

The home and family are surrounded by new, rapidly growing, centralized social institutions. The family continues the life of the species. But more and more the an-

(Continued on page 304)



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The railroad hat is deceptive. Bill Schupbach is a lifetime Standard Oiler, retired. His grandfather, father and uncle were Standard Oilers before him.

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MANY ANGELS



Who is the "Angel Unaware" [Era cover, December 1962] on your December cover? I've heard there is a twin for all of us in this world. When I got my December Era I thought the little girl on the cover looked like my little girl.

Since then four different people have told me the same thing. My little girl's name is Del Ann and she is four-years-old. We would like to know what the little angel's name is, how old she is, and where she lives.

Sincerely,
Mrs. Delbert Householder
Thatcher, Arizona

Note: The Era has received several letters commenting on the similarity between the writers' children and the "angel" on our December cover. The "Angel Unaware" is Jill Hunter, age 3. She is the daughter of Mr. and Mrs. Paul Hunter, 146 North 1050 West, Cedar City, Utah.



GAINS HONOR

Pictured is Gordon Gillette, Kahala Ward, Honolulu (Hawaii) Stake, receiving his Duty to God award from his bishop, Charles W. Nibley. Gordon is an Eagle Scout.

CUMORAH PAGEANT DATES

America's Witness for Christ, one of the nation's great religious pageants, will stage its four performances at Hill Cumorah, Palmyra, New York, on August 7, 8, 9, and 10, 1963. It will be the twenty-sixth retelling of this Book of Mormon story.

Letters and Reports

NEW SERVICEMEN'S GROUP

A servicemen's group was organized recently aboard the USS Hancock while the aircraft carrier was docked at Hong Kong. Southern Far East Mission President Robert S. Taylor conducted. Those set apart were Lt. Raymond Gay Blake, Salt Lake City, group leader; Lloyd Jack Cox, Blackfoot, Idaho, first counselor; and Game Omer Healy, American Fork, Utah, secretary. There are twenty-three members in the new servicemen's group.

OUTSTANDING RECORD

Despite a severe physical handicap, Julie Davis, American Fork Second Ward, Alpine (Utah) Stake, has had nearly 100 percent attendance to all her meetings for the past seven years, and was recently awarded her Gold Medallion in recognition of her record.

She has earned the Honor Bee award, the Mia Joy award (two years), and the three Laureate awards.

SHOWS GOSPEL FRUITS

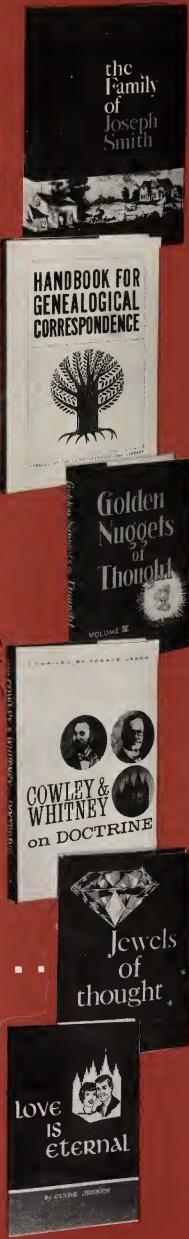
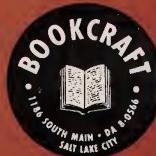
The elders of the Baltimore District of the Eastern Atlantic States Mission want to tell you of our appreciation for your efforts in presenting this magazine. It is a great tool for our investigators in further stimulating their interest and showing them the life the true Church of Jesus Christ exemplifies.

The Lord has told us that the truth should be born out by the fruits. We feel this magazine does much to show the fruits of the gospel and its representatives here on the earth.

Sincerely your brethren,
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2. Handbook for Genealogical Correspondence

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All too often poor genealogical letters defeat their purpose and actually seal up many record sources to the correspondents. This handbook gives down-to-earth help to family genealogists so they can locate and contact the best record sources. Covers most problems you will encounter in using letters to complete research work.

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Compiled by Forace Green

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Orson F. Whitney's "Saturday Night Thoughts" was first published in 1921. When an influenza epidemic cancelled General Conference in 1918 Elder Whitney wrote these editorials for the Deseret News to give vital messages to the Church members.

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5. Jewels of Thought

by Bryan Gardner

Here is a choice collection of statements, usually pithy and succinct, conveying moral truths, perceptive comment, humor, and here and there a certain caustic wit. Contains well over 300 items.

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6. Love is Eternal

By Clyde E. Jensen

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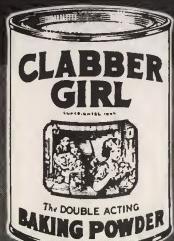
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The Church Moves On

JANUARY 1963

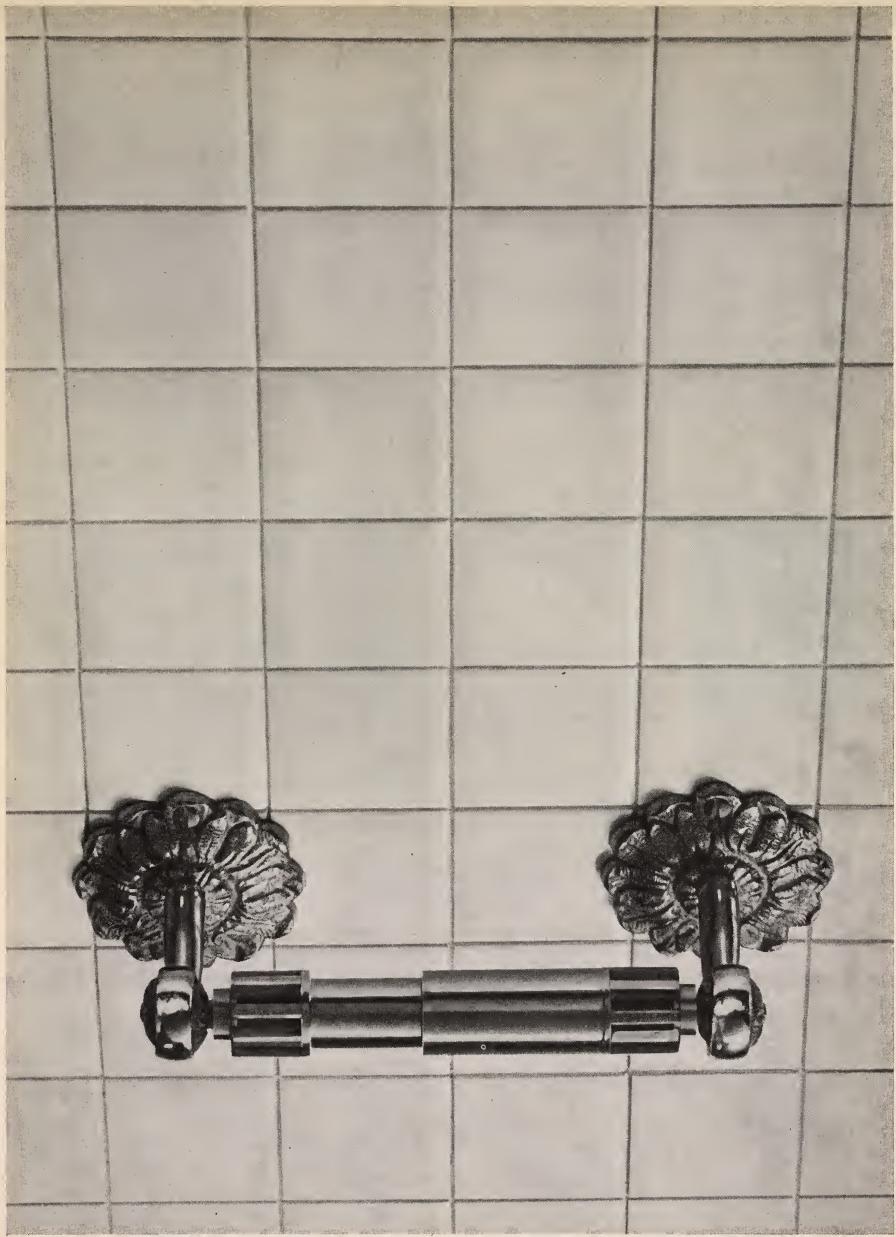
13 Sandy East Stake, 365th such unit now functioning in the Church, was created from parts of Sandy (Salt Lake County) Stake with Elder Orren J. Greenwood sustained as stake president with Elders Reid L. Harper and Howard J. Moody as his counselors. President Marlon S. Bateman was retained as president of Sandy Stake as were his counselors, Elders J. Ira Hardcastle and Max A. Mumford. The stake organization was under the direction of Elder Ezra Taft Benson of the Council of the Twelve and President S. Dilworth Young of the First Council of the Seventy. Sandy was begun in 1871 by the railroad which ran a branch line from this point to service mining operations in Little Cottonwood Canyon. LDS Church meetings began in Sandy in 1873. The origin of the name is uncertain, one thought being for the type of soil generally found there; another for Alexander "Sandy" Kinghorn, the railroad engineer who ran the first locomotive into the station.

Elder Edwin B. Jones sustained as president of Detroit (Michigan-Ohio-Ontario) Stake succeeding President George W. Romney. Elders Carl S. Hawkins and Newell K. Richardson sustained as counselors. Both President Jones and Elder Hawkins served as counselors to President Romney who moved from the confines of the stake when he was inaugurated as governor of Michigan.

15 The First Presidency announced the appointment of Elder David B. Haight as president of the Scottish Mission, succeeding President Bernard P. Brockbank who was sustained as an Assistant to the Council of the Twelve last October. President Haight has served as president of the Palo Alto (California) Stake since 1951. He also is vice-chairman of the Oakland Temple District and of the San Francisco church welfare region and is active in civic affairs in California. His wife Mrs. Ruby Olson Haight will accompany him to the mission field. The couple has three married children.

16 The First Presidency announced the appointment of Elder Nathan Eldon Tanner of the Council of the Twelve as president of the Genealogical Society of the Church. It is expected that a new organization will be named soon to assist Elder Tanner who succeeds President Junius M. Jackson and his counselors, Elder Lamont B. Gunderson and George H. Fudge who have served for the past two years and are honorably released.

The First Presidency announced the appointment of Elder Joel A. Tate to serve as president of the Berlin Mission, succeeding President Percy K. Fetzer. President Tate has served as president of Twin Falls (Idaho) Stake since February 1960. He previously served as a member of two stake (Continued on page 319)



A gentle reminder: Zee is a very soft (and very economical) toilet tissue.

Blueprint for Family Living

THE EDITOR'S PAGE

BY PRESIDENT DAVID O. MCKAY



● Many years ago, President Joseph F. Smith then of the First Presidency, later President of the Church, said in a commencement address at the old Latter-day Saints College: "Educate yourself not only for time but also for eternity. The latter of the two is the more important. Therefore when we shall have completed the studies of time, and enter upon the commencement ceremonies of the great hereafter, we will find our work is not finished, but just begun."

With all my heart I believe that the best place to prepare for that kind of eternal life is in the home. But home life pays earthly dividends as well. I know of no place other than home where true happiness can be found in this life. It is possible to make home a bit of heaven; indeed, I picture heaven to be a continuation of the ideal home.

Every home has both body and spirit. You may have a beautiful house with all the decorations that modern art can give or wealth bestow. You may have all the outward forms that will please the eye and yet not have a home. It is not home without love. It may be a hovel, a log hut, a tent, a wickiup, if you

have the right spirit within, the true love of Christ, and love for one another—father and mother for the children, children for parents, husband and wife for each other—you have the true life of the home that Latter-day Saints build and which they are striving to establish.

In such a home God has placed upon parents the responsibility of instilling eternal principles into the minds of children. Church schools, Sunday Schools, Mutual Improvement Associations, Primary, and priesthood quorums are all helps in government, established here to assist in the upbuilding and guidance of the youth, but none of these—great and important factors as they are in the lives of our youth—can supplant the permanence and the influence of the parents in the home.

The home is truly the first unit of society, and parenthood is next to Godhood. The relationship of the children to the parents should be one which would enable those children to carry out ideal citizenship as they become related to the state and to the larger forms of society. The secret of good membership in the Church or good citizenship in the nation lies in the home. If and when the time ever comes that parents shift to the state the responsibility of rearing their children, the stability of the nation will be undermined, and its impairment and disintegration will have begun.

The character of the child is formed largely during the first twelve years of his life. It is estimated that in that period the child spends sixteen times as many waking hours in the home as in the school and more than a hundred times as many hours in the home as in the church. Each child is, to a great degree, what he is because of the ever-constant influence of home environment and the careful or neglectful training of parents.

A good home requires good health habits through parents' instruction and example in eating, sleeping, and proper exercise.

Home is the best place for the child to learn self-control, to learn that he must submerge himself for the good of another. Then when he gets out into society where he meets with his playmates, he will better realize that he must give them respect and consideration. The home is the best place in which to develop obedience which nature and society will later demand.

Homes are made permanent through love. Oh, then, let love abound. Though you fall short in some material matters, study and work and pray to hold your children's love.

A child has the right to feel that in his home he has a place of refuge, a place of protection from the

dangers and evils of the outside world. Family unity and integrity are necessary to supply this need.

I wish to emphasize the fact that our homes should be more attractive and that more of our amusements should be centered in the home.

Parents must lead in the cultural development and show a willingness to answer questions. A child that is asking questions is contributing happiness to your life. Fortunate the child whose parents can leave their work occasionally to encourage the child in constructive play and spend a few hours in nature study!

Our most precious possession is not our vast acres of range land, supporting flocks and herds; not productive farms; not our forests; not our mines nor oil wells producing fabulous wealth nor is it our factories. Our greatest resource is our children, our young men and women whose characters will largely determine our nation's future.

Would you have a strong and virile nation?—then keep your homes pure. Would you reduce delinquency and crime?—lessen the number of broken homes. It is time that civilized peoples realize that the home largely determines whether children shall be of high or low character. Home-building, therefore, should be the paramount purpose of parents and of the nation.

Establish and maintain your family hours always. Stay close to your children. Pray, play, work, and worship together. This is the counsel of the Church. Unhesitatingly, I affirm that my home life from babyhood to the present time has been the greatest factor in giving me moral and spiritual standards and in shaping the courses of my life. Sincerity, courtesy, consistency in word and in deed, unselfishness are dominant virtues exemplified in the lives of my parents and others in the two homes, my father's and my own, that have proved a safeguard and guidance.

Do you know how I spell Home?

Honor

Obedience

Mutual service

Eternity of the marriage relation

—these spell home, and they comprehend the spirit in which the principles of life and salvation should be taught to children.

The dearest possession a man has is his family. In the divine assurance that family ties transcend the boundaries of death and continue throughout endless ages of eternity, I find inspiration. When the union of loved ones bears the seal of the Holy Priesthood, it is as eternal as love, as everlasting as spirit. Such a union is based on the doctrine of immortality and eternal progress of man.



The Eternal Marriage Covenant



One of the most glorious principles of the gospel is the eternal marriage covenant. When the Sadducees came to the Savior and presented the case of a woman who had had seven husbands and asked him which of these husbands she would have in the next world, it was presumably for the purpose of trapping him if they could. The Savior answered them and said:

"... The children of this world marry, and are given in marriage:

"But they which shall be accounted worthy to obtain that world, and the resurrection from the dead, neither marry, nor are given in marriage:

"Neither can they die any more: for they are equal unto the angels; and are the children of God, being the children of the resurrection." (Luke 20:34-36.)

From this answer given to these Sadducees, the Christian world reached the conclusion that there

is no marriage beyond this mortal life. Therefore marriages, whether performed by ministers of religion or by officers of the law who are duly authorized, are performed until death separates the contracting

husband and wife. This form of marriage, however, was not from the beginning.

In giving instruction to the Pharisees, the Savior set forth a very different doctrine. They came to him and questioned him on divorce, in the answer which he gave to them he taught the doctrine of the eternal marriage covenant.

"And he answered and said unto them, Have ye not read, that he which made them in the beginning made them male and female,

"And said, For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh?"

"Wherefore they are no more twain, but one flesh. What therefore God hath joined together, let no man put asunder." (Matt. 19:4-6.) Here we have in the words of Jesus the declaration that the marriage covenant is intended to be eternal.

This doctrine of the eternal nature of the marriage covenant was revealed to the Prophet Joseph Smith. It is very significant history that has come down to us in relation to the first marriage on this earth.

YOUR QUESTIION

ANSWERED BY
**JOSEPH
FIELDING
SMITH**
PRESIDENT OF
THE COUNCIL
OF THE TWELVE



Before there was any mortal death, the Lord declared:

"... It is not good that the man should be alone; I will make him an help meet for him." (Gen. 2:18.)

Therefore Eve was given to Adam, and it is clear from this scripture that the intention was that marriage between the man and his wife was to endure forever, for death had not at that time come upon the earth. This thought must have been in the mind of Paul when he declared to the Corinthian Saints: "Nevertheless neither is the man without the woman, neither the woman without the man, in the Lord." (1 Cor. 11:11.)

Moreover, Paul when writing to the Ephesian members of the church wrote as follows:

"For this cause I bow my knees unto the Father of our Lord Jesus Christ,

"Of whom the whole family in heaven and earth is named, . . ." (Eph. 3:14-15.)

There is then a family of God in heaven as well as on earth, and who will be the rightful heirs in that family? Naturally it will be composed of those who were married for time and all eternity in the temple of the Lord, for the Lord has written:

"Behold, mine house is house of order, saith the Lord God, and not a house of confusion.

"Will I accept of an offering, saith the Lord, that is not made in my name?

"Or will I receive at your hands that which I have not appointed?

"And will I appoint unto you, saith the Lord, except it be by law, even as I and my Father ordained unto

you, before the world was?

"I am the Lord thy God; and I give unto you this commandment—that no man shall come unto the Father but by me or by my word, which is my law, saith the Lord.

"And everything that is in the world, whether it be ordained of men, by thrones, or principalities, or powers, or things of name, whatsoever they may be, that are not by me or by my word, saith the Lord, shall be thrown down, and shall not remain after men are dead, neither in nor after the resurrection, saith the Lord your God." (D&C 132:8-13.)

Naturally, if men and women, when they marry become members of the family of God, and are entitled to the blessings of eternal increase after the resurrection, the ordinance and covenant of marriage must be by divine authority. The privilege to perform such marriages cannot be promiscuously assumed by any individual or minister. There is but one at a time who holds these divine keys. He has the authority to delegate authority to others to perform marriages for time and for all eternity, and unless this authority is granted, marriages for time and eternity would not be binding beyond this mortal life. Naturally those who wish to marry must subscribe to the laws of the state. No minister or even elder of the Church has the authority to perform marriages and seal for time and all eternity except those who have been duly delegated the authority from the one who holds these divine keys—the President of the Church.



Creative Families

BY RICHARD L. GUNN CHAIRMAN, DEPARTMENT OF ART, BYU



● One of the greatest minds of our century said that imagination is more important than knowledge!

Einstein was not suggesting that knowledge was of small importance, and we know as members of the Church that "we cannot be saved in ignorance." But the act of creation is the highest power of man—and God. The first sentence of the Bible reminds us of this creative power. The more that modern man discovers about the heavens and earth that God created, the more he marvels.

Human creativity is a product of a divine endowment, nurtured in a certain type of atmosphere, stimulated with specific experiences, and given expression with an individual emphasis.

The cradle of the creative requirements is the family.

As parents we hold the creative life of our children in our hands. How strange it is that so many parents and teachers go out of their way to turn off the switches of creativity in our children. In working with young children, teens, adults, and grandparents, it is disturbing to see the children's rich, creative qualities slip away from them. See for yourself. Simply watch young children at play—a pencil may become a space ship, a rock may be a kitchen stove. Listen to the children at play—"Now you be the baby, and I'll be the mama cooking supper. . . ." Ideas begin to crowd upon other ideas as their creative imagination floods their environment.

Young children seldom say, "I can't pretend," "I can't draw," "I can't create." Then listen to them when they become adults: "Where can I find a book of ideas for a party?" "I can't draw a straight line," "Let's face it, I'm just not original," "I can't this" and "I can't that." It becomes quite obvious that something happens to children as they grow up which robs them of this precious sense of imagination. Parents should search out the creative-squeezers, ash-can them, and then actively build the right kind of atmosphere. There is a bonus for our children if we do. Besides the advantages of a creative life which are self-evident, research is proving that creative outlooks contribute to a longer life; it's a fact!

The best illustration I know of the early tugs and pulls of creativity was when our son, Tommy, first went to kindergarten. He came home with a "picture" that most of us would call a scribble. I used one of the most important sentences a parent should learn in aiding creative growth through art, "Tell me about your picture." Tommy immediately launched into an excited discussion of his picture of a turkey.

A second good pointer for the parent is simply to show a sincere interest in the child's work. Tommy's scribble of a turkey was very meaningful to him, and

I understood it enough and recognized the growth he was gaining to enjoy it thoroughly. Tommy sensed that I genuinely liked it. The turkey picture was also pinned to the wall in the home. These few things plus the important fact that he had a teacher who understood children and their art expression, stirred Tommy enough that when I came home the next evening, Tommy met me at the door with a stack of turkey drawings almost a half inch thick. We had an enthusiastic creator on our hands.

Then Tommy went to Sunday School. As a reward for the children's attention to the lesson the teacher let them draw. She had prepared some Thanksgiving turkeys for the children to color-in. When Tommy came home with another turkey for his collection, his picture was only partly Tommy's. He had not created the turkey; he had only mechanically filled in shapes. We sent Tommy for his crayons and paper and then urged him to draw a turkey as he did at school. For five minutes he sat looking at the crayons without drawing, then I finally said, "What's the matter, Tommy?"

He replied, "Daddy, turkeys are too hard to draw." Too hard to draw! Just a few days before he had been drawing turkeys with a keen sense of enjoyment. Each line of his drawing had meant turkey; it was no fill-in process. What had happened? In only half an hour a "coloring book" technique had shaken his confidence, had promoted a stereotype expression, had crimped his creative outlook.

"Paint by number" sets, tracing books, etc., may keep children busy, but they are destroyers of individual expression and creativity. Research studies at Pennsylvania State University give strong evidence of these negative powers. Many commercial games, art kits, and toys are marked "educational" with more interest on the sales dollar than on child growth. Creative growth cannot be developed in conformity.

Avoid craft kits and drawing outfits that give uniform results. Seek, rather, such activities as creative dance classes. In such classes students learn deep sensitivities, and when they perform there is a rich individuality. Creative dance is one of the very best activities for children. There are too many advantages in modern dance to limit this creative expression to girls.

When the young child finds difficulty in his drawing, the best approach is to increase the child's experience. Tommy's turkey tumble was a good place to bring in the whole family. I remembered seeing a turkey ranch in a neighboring community, so we all trooped out to the family car and drove over to see the turkeys. All of us learned much. I was surprised how sociable the turkeys were as they gathered

around us. When we would say "hello," they immediately responded with a loud chorus of turkey sounds. The children were delighted with the friendly response. Tommy was fascinated with the "thing by its nose that wiggles when he goes gobble gobble." When we returned home and suggested that the children draw what interested them most on the trip, Tommy was ready to draw again, and his picture had a bright red wiggly scribble by the beak. No one needed to tell him how to draw it, he simply interpreted his experience.

Creative growth is not a "this-is-how-to-do-it" affair. The important springboard, again, is *a vital experience*. Children do not learn in a vacuum. The family provides a natural stimulation for meaningful experiences; caring for baby, arrival of a new puppy, raking the leaves (as a *family* project, not just jobs—something we *care* for and do *together*) to Grandma's on Thanksgiving, a summer picnic or trip. . . .

The school, church, and neighborhood are powerful shapers of children. Sometimes very capable teachers have had limited experience in creative activities. When stereotype work comes home from outside sources, be concerned but don't grab a ball bat and head for the teacher. Children need to feel that they are understood and so do teachers. Sometimes it is the parents that need to learn; go with an open mind. If you feel you have a case, perhaps, with tact, you might suggest that the teacher read chapter II Lowenfeld's, *Creative and Mental Growth*. (Macmillan.)

We have tried to show our children that there is no accomplishment or achievement from a coloring book; anyone can do that. They have not been forbidden to use them, but they quickly learned that we are enthusiastic about art work or other activities that are their own creations, when they have met the "*do it your own way*" test in a meaningful manner.

Family night is a special opportunity.

Feature games as "I'm going on a trip, and I'm going to take. . . ." Give new twists to it. How many things can they start with the letter "A," then move on to higher levels. If you were Robinson Crusoe on this trip and your island only had bamboo, how many things could you make out of this material? Have the children name all the possible uses for some common items as a toothpick, a window screen, a paper cup. Our family came up with the following uses for a toothpick: book mark, cake tester, fingernail cleaner, designs, toy log cabin or Japanese house, cleaner for small cracks, fill loose screw holes, hold marshmallows together for table decorations, swab

stick with cotton, pin two pieces of paper together, wick for a broken candle, chopsticks for Chinese dolls, game of pick-up sticks, pick up dead flies and bugs, eyelashes for lady snow men, pinch tweezers, logs for doll house fireplace, write on cakes, puzzles, hold hot finger food, clay tool, punch air holes in paper cover for bug bottles, sandwich holders, learn counting of numbers. It is amazing how such a simple game as this over a period of time can develop imagination.

If the family enjoys television, perhaps an imaginative twist might be developed. Try turning the set off ten minutes before the scheduled ending and have the children discuss how many ways the show might end. Let the children know the plan in advance so they will not be absorbed in the loss of their show. (This technique also may reveal to the children how mediocre the plots are of many types of programs.) Perhaps the family might leave the room except for one child and after the imaginative endings are discussed by the family, the separated person could return and tell what did happen for a comparison.

Serious problems may also be tackled. Ideas are usually best developed in groups. A few general guides in group idea, searching or problem solving, are to have everyone throw every possible idea into the hopper; don't let anyone say anything negative; don't evaluate at first. One idea will lead to another as each person throws in his thinking. After all the ideas are in, then start to think for the first time on which is most workable.

Our best family experience was a 27,000-mile camping trip. There were many nights when all eight of our family squeezed into one car with all our gear for a night's sleep while the rain poured outside. This project involved enough problems to stretch all 27,000 miles. We solved them together. Mother's imagination devised a clothes dryer out of the car's defroster. Ricky solved the impossibility of how all eight could sleep inside. Betty Jeanne somehow added a violin into an overstuffed luggage compartment. The door handle was her music stand. Dad found Scotch tape the best flea catcher. Two nails and a ladder made an easel. Sweat shirts were pajama tops in cold weather. The problem of hot water was a toughie, but we found that problems became fun as we tackled each difficulty as a family. We kept finding reasons for being grateful, especially for being together. We saw many wonderful things on the trip, but the learning to adapt to minimum needs was a most valuable experience.



Grandmothers and Grandfathers

BY LUCILE D. SMITH
1962 UTAH MOTHER OF THE YEAR



● When I think of grandmothers, the image of my own dear grandmother comes to my mind. It was she who gave me the concepts of gentleness, love, charity, and service to others. She instilled the deeper meanings of family life, especially that of belonging to a family, when my own mother was taken while I was still young.

My grandmother was a part of the Relief Society presidency for two decades. She let me accompany her when visiting the sick, the dying, or when she had a little food or clothing tucked away in a box or pan for those less fortunate and needy. She instructed us in finding and cutting asparagus, and drove us to the homes of the destitute, that we might learn the joy of giving and the rewards of their appreciation and thankfulness. It was her home that was always full of this one or that one needing to go to school, or desiring shelter, or just a bit of her seemingly endless supply of good food, comfort, and encouragement.

My grandmother always let us roam the garden, the orchard, the barns, and gather the eggs and run the errands. She sent someone to help us satisfy our curiosity and desires to explore and to be our

guardian while we hunted the wild flowers on the steep banks or by the river. She allowed me to play the piano hour after hour, when the playing was faltering and imperfect. She never forgot to encourage and find the improvements and to find a little new music from a hiding place for that special learning interest.

Grandmother seemed to take full responsibility when there was distress or sickness. She gathered up the measles, the chickenpox, the sore throats, the fevers, and energetically administered the plasters, the purges, the toddies, the poultices, and the appropriate heat cures current at the time. Eventually we were all well again.

My grandmother's home was always clean. She knew how to use the resources of her seven daughters and two sons and hired help in keeping the house and yard in spotless condition. There were no pickets missing in the fence; the garden was weeded; the animals were sleek and fat. Her beautiful flowers and the peacocks were reminders of a home in verdant England.

Hardship, privation, and sacrifice had made her kind, forgiving, and (Continued on page 298)



Your Values Become You

BY VIRGINIA F. CUTLER, DEAN, COLLEGE OF FAMILY LIVING, BRIGHAM YOUNG UNIVERSITY.

- You will find greater meaning to your life if you are pursuing goals that have significant value for you. The pursuit will make you more vital, more awake, and there will be a blossoming of inner talents and abilities that will shine out in your countenance. Yes, your values become you. Look into the faces of elderly people, and you will see lifetime values indelibly imprinted there. Young faces are beautiful to look at, but if you want to study character and become wise in the meaning of lifetime values, get better acquainted with your elders. It is also worthwhile to study cultural groups different from your own in order to see contrasting value systems at work and to observe the results of thinking otherwise.

Margaret Mead made a study during the thirties of tribes in different areas of New Guinea and found tremendous contrasts in these populations because of different value systems. The Arapesh were a peaceful, co-operative, kind, social-loving people, because these values were infused into the life of every child from the time of its birth. In fact, the feeling of relatedness and concern for others started long before birth. A young betrothed girl would go to the home of her future husband and become part of the family. The young boy was then responsible to "grow" his wife. He grew or killed food for her and learned to guard and protect her. After the marriage the two of them "grew" the child during the period of pregnancy and through the years following birth. What they did or refrained from doing all went into the development of their offspring. Their energy, physical exertion, and skill were so incorporated into growing their children that the very self of each became part of the others.

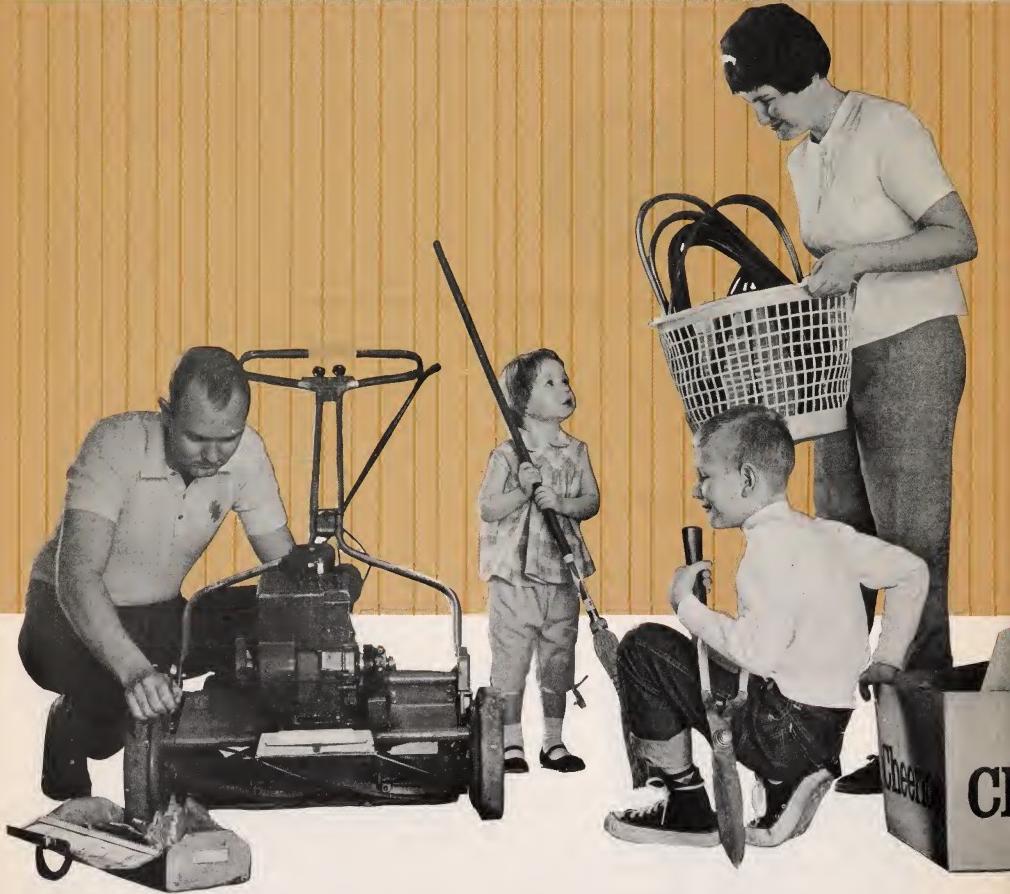
In the social scheme, food was grown by one person and given to another. A farmer would walk miles with his coconut saplings to plant them on the house sites of others. He gave his pigs to relatives in distant villages. He hunted only to give his kill away. The lowest form of humanity was the man who used the products of his industry for himself. Thus every morsel consumed had been the medium of social participation and contained social value. Any surplus food was always the occasion for inviting others to a

feast. If a man walked alone through the jungle, he carried society with him to the extent that what he saw was not a plant or a piece of wood, but something for his neighbor's garden and for a relative's house. The principle of growing a wife and child extended to the community, inducing an unselfish concern for all others, the evidence of which was discernible on the elderly faces and could be observed in the behavior of all ages in the society.

As contrasted with the gentle, peace-loving, family-loving Arapesh, the Mundagumors—who lived on another part of the same island—were mainly concerned with acquiring more land and possessions. They were aggressive and constantly at war with each other and with neighboring tribes. Their inheritance system induced a competitive spirit that engendered family hatred. Most marriages started with violence; children were conceived in hate; mothers were angry when pregnant; they rejected their offspring, particularly if they were girls, and children learned early to fight for their lives. This unfriendly, hostile behavior continued into adulthood, and those who survived to grow old had the imprint of their way of life on their faces.

Latter-day Saint leaders and early members of the Church had their roots in New England soil. Values that had been tested and found good in laying the foundation for a great country were also values important for carrying forward the work of a great Church. The social heritage stemming from the New England value system facilitated the living of gospel principles and enriched Mormon family and community life for more than a century. Pioneer parents taught their children to do the work of the home and farm, to care for animals, to grow food, to make clothing, to preserve food for winter, to keep the home neat and clean, to make special preparations for Sunday climaxed by the Saturday-night bath, popcorn, stories, and prayers, and all went to church together on the Sabbath day.

Technological changes of the past fifty years have caused a "culture quake," and families today are caught in a dilemma. Year-around roads, two cars in the garage, a gadget to (Continued on page 286)





Marriage, a Growing and Becoming

BY J. JOEL MOSS

PROFESSOR OF HUMAN DEVELOPMENT AND
FAMILY RELATIONSHIPS, BYU



● "Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh." (Gen. 2:24.)

Jesus gave us a model when he prayed that his disciples would be "one." He did not mean "one person," but one in thought and purpose and in dedication to something greater than themselves.

This model calls for marriage to be a commitment—a dedication of a man and woman to create the situations which allow the best in each to grow. Thus each partner develops his potentiality, and a unity, joy, and "oneness" results which is greater than either could create alone. Such a partnership is not for children. It requires persons mature enough honestly to dedicate themselves.

Marriage partnerships grow in beauty and magnitude through *creative interaction* in which each person invests his personal values freely and without fear of consequences. Creatively to interact, one must be willing to be "transformed" or "changed." Surely one would have to feel a great sense of dedication to invest himself so completely in such a partnership.

Creative interaction is achieved to the degree that each partner strives to:

1. Be emotionally honest with himself and partner.
2. Creatively listen and communicate with the partner.
3. Display the appreciation felt for the partner.

Being Emotionally Honest

What does it mean to be emotionally honest? Basically, it requires recognition of several facts:

1. Each marriage partnership builds around its own set of magnetic forces.
2. Each marriage has forces which could push it apart.

3. Growth in the partnership depends on our acceptance of the consequences of our choices.
4. The only person I can really change is myself.
5. Every married pair needs help at times.

Not all husbands and wives are held to each other by the same forces. One wife may feel a magnetic pull from her husband's courtesy; another may be held by his spiritual strength; another, by his business acumen. One husband may find an appeal in his wife's vitality; another, in her neatness; another, in her ability to organize. Each marriage has its roots in the multiple magnets which bind the couple together. Recognition of this strength is significant in making a partnership grow.

Being human, we marry the "humanity" of our partners as well as their angelic qualities. From our humanity come drives which make us want to feel

significant. A man who has very definite ideas strives to dominate a relationship, but a dominating individual sometimes annoys a partner who is trying to grow in poise and self-confidence. Our humanity requires that we learn to accept the consequences of our choices.

The sooner we can recognize the nature of our marital magnets and the opposing force of our human characteristics and accept their reality, the quicker we are willing and prepared to open ourselves for transformation. The only person I can change is myself. All I can do for another is lovingly to create the situations under which he may feel free and safe and may desire to transform himself.

Perplexing situations arise for all married couples. It isn't easy to be honest with oneself, let alone with one's partner; hence, every couple needs help at times. The first source for such help is God. But he isn't going to change a partner or the situation. More likely he will require us to step back and objectively analyze ourselves to see how we can better create the situations in which growth may be achieved. And, while doing so, he will give us a feeling of being loved and supported even if we are wrong.

Friends and counselors are a second source of help. Sometimes we get so mixed up we need help in getting an honest perspective. Those who tell us *what* to do are usually only temporarily helpful. Those who can give us a supportive feeling while helping us more clearly see our situation and choose among our alternatives are genuinely helpful. They help us to be honest and unleash the potentialities for development deep within us.

Creative Listening and Communication

What is required in the way of understanding and communicating with a partner?

1. Recognition that we are frequently biased in our point of view.

2. Creative listening to catch meaning behind the words communicated.

3. An atmosphere in which honest feelings can be more readily shared.

4. More wisdom in our approach to problems.

We tend to see and hear what *we* want to see and hear. Thus, our view of a situation is often biased. To correct this, we must seek to recognize our biases and listen more intently when a partner tries to communicate. No marriage partner is as possessed of a certain characteristic as a partner believes—no wife is as beautiful as husband thinks she is; no husband is as thoughtless as a wife may think he is.

If I see a person as being "bossy," is there something inside me that makes me want to see that person as "bossy"? This is why we must *creatively listen* to the message behind the words being spoken. Creative listening implies a desire genuinely to understand the other person's point of view. This could well be the meaning in Jesus' teaching that if we'll take the beam out of our own eye, then we can more clearly see the mote in the eye of another.

For example, a wife went to her lawyer and asked for a divorce, saying she wanted really to hurt her husband. "Then," said her lawyer, "I suggest that you go back home for six months and do everything you can to please your husband. Feed him his favorite meals, be attentive, and do all the little things he asks. In six months you will be in a position really to hurt him! Come back then, and we'll get your divorce!"

A year later the lawyer met the woman on the street and said, "I thought you were coming back to get a divorce." The woman replied, "I went home and did all you said, and I changed my mind. *My husband is a completely different man!*"

Communication requires not only creative listening but also the creation of an atmosphere wherein innermost feelings and desires can be freely shared. Too frequently we approach a partner with "something's got to be done," "why don't you," or "you're not being fair" phrases which often put a partner on the defensive.

A better approach may be to invite the partner to help you find a solution to "*your*" problem. If a wife is disturbed because a husband comes home late to dinner, this is her problem, not his! (His problem is her reaction to his lateness and perhaps his lack of ability to budget his time.) An invitation to join in a search for solutions asks for appreciative consideration and is more likely to get a favorable response because two people are looking for answers—not someone to blame!

At times, we forget to use wisdom in approaching problems. We try to solve them when we are tired or when we're all stirred up inside. Discussion under the heat of anger or the pressure of fatigue or worry does not produce creative interaction. Instead, it tends to invite a battle of words—attack and counter-attack. We would achieve much more if we would cool off and try to get a better view of the situation before discussing it.

Expressing Appreciation for a Partner

Life shouldn't be just a matter of solving problems. If we are to bring out (*Continued on page 298*)



● Jennie Jo, our two year old, had been given the responsibility of "caring for" Grandma while the rest of the family enjoyed an evening ice skating. When we returned to Grandmother's home to pick her up, we could hear the gay, lilting strains of "I'll Be Seeing Nellie Home." Quietly approaching the front door so as not to disturb, we saw our little girl gayly whirling and swaying to the energetic and gay harmonica accompaniment being played by her eighty-six-year-old grandmother. What a picture! How wonderfully happy they were as they shared together the joy and delight of this musical moment.

Reflectively, my husband Mark recalled how well he had learned to respect his mother's musical barometer as she whistled about her breakfast chores. *If it were a gay and happy tune, it meant he could expect an understanding ear and a warm "yes" to any request or if she were quiet or a sad melody was heard, it was better that he wait and approach her another time.* He remembered the piano lessons. They had all been exposed, and his sisters had done well, both serving in their time as Sunday School and choir accompanists.

Everything special that happened in Mark's little

Music for the Home

RUTH HARDY FUNK
CHURCH CORRELATION COMMITTEE





home-town involved music—the band concerts before the baseball games, the MIA roadshows, school operas, ward reunions, and the operettas. How they loved their holidays and celebrations which always ended in a rousing community sing and the village dance. Christmas sparked with a harmonic mixture of sounds—the ringing of sleighbells as they rode along in the bobsleigh joyously singing the carols and finally the annual Christmas cantata when they heard again the full, rich glory of Sister Eskelson's voice as it soared right up to heaven. Music had been an important part of Mark's life—a very good part.

My childhood also had been filled with music. Father loved to play the piano and sing and was never fully happy until we were all singing along with him. Dishwashing wasn't nearly as painful when we were "hammering up" or improvising on an operatic aria.

Our lives literally bulged with music—hours of practice, rehearsals, and accompanying for MIA and ward performances, recitals, concerts. What a thrill it was to have a reception at our home, following a concert of a visiting artist.

Our musical "jam" sessions must have been

"murder" to the ear but great to be a part of as we came together in our home and made music. One greatly anticipated family outing was our attendance each New Year's day at the great Salt Lake Tabernacle to hear the *Messiah*. There is so much to cherish—so much to remember, musically, as a family.

Now that we have our own family, we, as all parents, want to fill our home with as much beauty and joy as possible. We want our children to have vivid and delightful memories of their fun together—fun with music.

On one occasion we had been traveling and singing for many hours when our young son said, "I like it best when we're all together, singing in the car—we're so close and happy—this is being a 'real' family." Family togetherness—singing together, harmonizing, creating descants and obligatos, composing silly jingles and lyrics to well-known melodies, improvising rhythm accompaniments. The height of our "car concert" comes when Daddy sings, "Little Purple Pansies" with all the bravado and flourish that might attend a Melchior performance. As enjoyable diversion from singing is to clap rhythm patterns of well-known songs for the others to guess.

Rounds are favorites and nothing tops the challenge of a "crazy choir" when we divide up and sing two or three songs at the same time that harmonically "mesh" such as "Swanee River," "Annie Laurie," and "Put on Your Old Gray Bonnet." Often we reach into the glove compartment of the automobile for our little treasury of fun songs.*

Home nights are generously showered with music. Each member of the family takes his turn in being responsible for the music. Our Mia Maid daughter has taught us the songs she learned at MIA camp this summer. Under the direction of our Cub Scout we have made and played on a "bottle band" assembled from bottles of various sizes from the smallest medicine bottle to a gallon vinegar jug filled with water in graduated amounts. Our ingenuity was challenged when each member was asked to make an instrument from implements or items found in the house. A saw, washtubs, kettle lids, wooden spoons, broom handles, straws, elastics, wires, combs, and tissue paper were all brought into vibration to effect a most amazing orchestra as we played to the vigorous strains of "The Anvil Chorus."

An inexpensive musical instrument, such as a harmonica, jews harp, ukulele, banjo, and toy accordion, was found in each of our stockings one Christmas morning and provided many delightful hours of future family fun.

We have been the joyous recipient of a choice family tradition provided by a neighboring family of twelve who come "a-carolling" every Christmas Eve.

We want our children to know the joy of accomplishment, the satisfaction of self-expression, the excitement of creating something beautiful. Music offers endless opportunity for such rewards. Plato said, "Musical training is a more potent instrument than any other because rhythm and harmony find their way into the inward places of the soul."

As far as the budget allows, we are offering music lessons to our children and an opportunity to develop and use their talents. Although the practical problems are at times overwhelming, it is well worth the effort. A cherished dream is being realized with my daughters as we explore and play the masterworks written for the violin, cello, and piano. There is a warmth, a unity, and a harmony of both sound and soul that permeates this togetherness.

Occasionally we invite another family to share our home evenings. With members of both families contributing to the program, we are realizing choice

experiences and developing sweet associations. Often these gatherings conclude with the singing of hymns which provide an inner-glow and a deeper understanding of our relationship to our Heavenly Father.

We encourage and support each other as we participate in school, civic, and church musical events. Wonderful friendships are made and hours of wholesome activity are enjoyed through these opportunities, and we are realizing greater self-assurance, poise, and self-discipline.

We want to grow as a family toward a greater appreciation for all that is beautiful and worthwhile. Much of this enrichment and joy will come through music. Our children have been aware of their musical environment since they were a few months old. As soon as they are able to walk, we have watched their spontaneous rapture as they responded with their whole little beings to the rhythmic delight of happy music such as Herbert's, "March of the Toys." Some of their most treasured possessions are their own records which they have learned to care for and play on an inexpensive record player provided for their use when they are only a few years old. It is gratifying to watch their tastes and interests for different types of music grow and increase. We all share the excitement of a new record as though it were a new friend. It is a thrill to have our five year old say, "Mommy, please play that pretty record that goes like" (and she hums the opening strains of Tschaikowsky's "Pathétique Symphony"). To return home and find your fifteen-year-old daughter listening to a Tabernacle Choir album after several weeks of unshakable devotion to "twist" tunes is a heartwarming experience.

The joyful anticipation our children had for the next Leonard Bernstein program with the New York Philharmonic was gratifying. Each week we post a list of choice TV and radio programs that would be wonderful "family listening." As a family we attended the symphony concert last year that featured talented young musicians in our city. It was a most rewarding evening, and for one whole week we didn't have to remind our children to practise.

It is hoped that through music our lives will become more meaningful and that through this appreciation we will gain a deeper awareness of the spiritual values in life and the reality of the goodness of God who has given to us this glorious medium of music through which we might better understand one another, live harmoniously together, and worship him.

*MIA—*Let's Sing* available at the MIA General Offices.



The Family Dollar

ROBERT H. DAINES
ASSISTANT PROFESSOR OF
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● Money is, perhaps, more difficult to manage than it is to earn. Good management of finances is a problem faced by nearly all families, regardless of income level. The complexity of this problem has caused more than 300 colleges and universities since 1940 to introduce courses in personal finance.

How can a young family with limited income possibly afford enough insurance to provide real protection? In borrowing \$50 you can pay as much as 1,040 percent per annum or as little as 5 percent. In buying a \$15,000 home, one type of mortgage can cost over \$1,500 more than another. Will you know the difference when you come to buy? The government urges you to save by buying United States savings bonds; mutual funds urge that you place your savings with them; the New York Stock Exchange and its member firms urge you to save and invest regularly in common stocks. What should you do if you can't do all three? These and other perplexing financial choices are encountered and dealt with, either competently or poorly, during our lifetime.

Most important in managing family income, however, is a deeper understanding of our feelings regarding its value. Once we begin to understand and manage these feelings, it is much easier to manage funds.

People see different

(Continued on page 306)





Family Hours

LUCELLE AND HARVEY L. TAYLOR, VICE-PRESIDENT, BYU



● Moments to remember, stories, games, laughter, songs, show-and-tell, quiet times with sacred books, favorite snacks, family circle in prayer, warm good nights, lights out, peace, and untroubled sleep—these are family hours.

Children need most of all to be loved. Money and the things money can buy will never take the place of companionship with parents and brothers and sisters doing things together, sharing, listening, telling. These bring families close together in love and understanding. The purpose of family life is God-given and carries a sobering challenge to work together, play together, and worship together.

Family hours in which every member has some part, when he or she is made to feel important and wanted, can become a great spiritual force in the home, giving children a feeling of security, responsibility, and direction. If the family pattern is strong, children will be strong; and when faced with the responsibility of making their own decisions, they will usually act according to the family pattern.

Family hours need not always be of the formal type where a time is set and activities carefully planned. Informal councils such as talking over plans, experiences, and problems can be "round-table" talks after dinner. At least one meal a day should be a special time of enjoyment where all members of the family sit down at a table together. Relaxing and spontaneous family talk after a good meal is the surest and best medicine to cure the all-American *rush* and *dash* problem. Special family councils should be called to plan for family nights, for family events, for school, missions, etc. There may be times when only the family members involved need to be a part of the council. The most important factor in

any council is to make sure everyone feels free to express his ideas even though he knows they may cause some discussion and disagreement. Some of the happiest family hours are built around snacks in the kitchen after special events or contests with darts and a target in the back yard, croquet, and even beanbags and a hoop. Best of all, perhaps, are the quick picnics to the desert, lake, or mountains when Dad surprises us by coming home a little early, and the lunch is anything that happens to be in the refrigerator. The beauty of a sunset, willow whistles, hikes, bonfires, games, stories, and the ride back with everyone leading out in his favorite song are memories that are filled with the rich fulness of belonging to a family.

From the earliest beginning of the Church, our leaders have encouraged family hours. So that more emphasis can be placed on family togetherness, stake and ward meetings are no longer held on most fast Sunday nights, with instructions that families are to meet together to participate in activities in harmony with the spirit of the Sabbath.

"But what can we do?" said John, an active fourteen-year-old, to his parents. Perhaps these suggestions might help John find something to do that will be interesting, instructive, and fun. Many members of the family can participate in the following suggested programs by presenting certain phases of a topic. These can be made especially inviting to adolescent boys and girls. They can do the research, find pictures, make the presentation, and conduct discussions. This procedure is highly recommended since it gives adolescents an "I-am-needed" feeling.

A Night with the Presidents of the Church—with pictures, stories of their early childhood, church serv-



ice, choice statements from speeches, remarks from funeral services, place buried, etc.

Our Twelve Apostles (a subject for several home nights)—with pictures of Christ and the first apostles, followed by pictures (if available) of all apostles since 1830—especially those of our present twelve apostles—including information about when called, years of service, stories of early life, and choice statements.

Building the Kirtland Temple—a wonderful story little known by members of the Church today.

Nauvoo (especially good now that the Church is planning to restore much of this once beautiful city)—with maps showing locations, story of destruction of the temple, and persecution of the Saints.

Handcarts to Zion—the wonderful story of the hundreds who crossed the plains, walking, pushing, and pulling.

The Story of Our Hymns—a wonderful evening can be built around the story of "Come, Come, Ye Saints," "O My Father," "A Poor Wayfaring Man of Grief," "Carry On," and many others.

Temples of the Lord—with pictures of each temple in order of completion, and stories about each. Discussion on purposes of temples, temple marriage, and work for the dead will grow out of this activity.

Other suggestions for Sunday evening family hours:

- The Mormon Army (Mormon Battalion)
- The Great Immigration
- Missions of the World
- Mormons as Colonizers
- Mormons in Politics
- Mormons and the Arts
- A Theatre in the Mountains (Salt Lake Theatre)
- Mormon Writers
- Mormons Serve Their Country

Outstanding Mormon Women

Mormons and Education

The Primary Story (Children's Hospital)

The Relief Society Story

The Story of the MIA

The Sunday School Story

Early Home Life of Pioneer Families

Latter-day Saint Hospitals

Story of the Welfare Plan

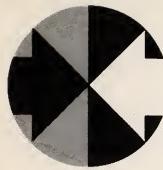
There are many other interesting and thrilling stories about Mormon life and activities that would be appropriate. These could well be those not commonly known or discussed in regular classes. A little careful research and preparation could make any of these programs adaptable to almost any age or to any mixed group of a variety of ages.

Through careful preparation, family hours need never be dull. Surely, they merit as careful planning as regular breadwinning, social, or church activities, for sometimes even more will be at stake.

For family hours any time, the following are suggested as those programs proven most successful by many family groups:

- Back-Yard Fun
 - Fireplace Memories
 - Tell Me a Story
 - Family Picnics
 - Into the old Costume Chest
(a dress-up party)
 - Mother and Dad's Anniversary
 - Family Birthdays
 - A Halloween Party
 - Plant-Something Party
 - Lincoln's Birthday
- (Continued on page 290)





Let's Improve Our Family Communications

BY WILLIAM G. DYER, ASSOCIATE PROFESSOR OF SOCIOLOGY, BYU.

● Communication is a means to an end—not an end in itself. We can use communications to hurt, punish, and offend; or we can use communications to bind together, increase love, and maximize joy. The great skill is not to get people to communicate more but to communicate wisely and effectively. Too many families already communicate too much of the wrong things, and to encourage them to communicate more of the same would compound the disaster.

The purpose of this article is to help families become more unified, closer, and more meaningful, also to understand and use the vehicle of communication as a means to achieve this important end.

Unintended Communication

Very simply, communication is the process whereby one person by the use of symbols (words, actions, gestures, etc.) gets others to understand how he thinks and feels. But sometimes we send out signals, unintentionally, that let people know how we feel when we might have preferred to keep those feelings hidden.

A problem in most families is that in certain areas the communication system is too good; that is, more is communicated than is really intended. We marvel at the sensitivity of the gleaming fingers of the radio antenna and their ability to pluck sound waves from the air. But marvelous, too, is the sensitivity of a little child whose receptors are able to pick up all kinds of messages. One study of little babies found that if a baby was fed orange juice by a nurse who did not like orange juice, that in a short time the baby also would not drink orange juice. However, if the nurse liked orange juice, so did the baby. Somehow, the nurse was able to communicate to the child her distaste for orange juice via tenseness, grimacing,

shuddering at the sight of the baby drinking the "nasty stuff."

If babies are sensitive enough to pick up from the nurse how she feels about orange juice through her subtle body actions, what messages do you think children are receiving from parents in the following make-believe incidents?

Case 1. Father talking to mother in the car on the way home from Sacrament meeting: "What a boring meeting that was. I don't know the last time we had a really good speaker. I'd have gained more from staying home and reading a good book."

Father to son, a week later: "What! You don't want to go to Sacrament meeting? I can't understand that. You never see me staying home from a Sacrament meeting!"

One might guess that the father, unintentionally, has really communicated to his children his true feelings about Sacrament meetings; namely, that one should go to Sacrament meeting out of a sense of duty, no matter what, but a good Sacrament meeting (not found very often) is one where there is a speaker who is interesting and entertaining (to father).

Another interpretation of the above case may be that the father may have both positive and negative feelings about going to Sacrament meeting. He may have enjoyed the singing, appreciated taking the Sacrament, but disliked the speaker. However, his pattern of communication, developed over a long period of time, is to talk only about the things he dislikes, thus his children may be unaware of the other feelings he may have.

This is one illustration of the dilemma of unbalanced communication—the father has communicated too much about his negative feelings and

too little about his positive feelings.

Case 2. Father to daughter: "I think you ought to read more of the church publications. After all, we spend good money so you can have The Improvement Era."

Father to mother the next day: "Any mail today? Oh, just The Improvement Era? We haven't had any important mail for a long time."

Children pick up all of the communicative symbols the parents give off—not just the words spoken directly to them. In Case 2, the father's intentions in his direct communication with his daughter are to encourage her to read church literature more, but his unintended communication tells her that he really thinks such material is not too important, as compared with other matters.

Case 3. Son to father: "Dad, will you come and help me fix my wagon?"

Father: "Just a minute, son, I'm busy right now reading the evening paper."

Later. Father: "Son, come and eat—it's time for dinner."

Son: "Just a minute, Dad, I'm fixing my wagon."

Father: "Not in 'just a minute'—when I call you I want you to come right now."

What is the father unintentionally communicating to his son? The son perhaps *hears* that there are two standards—one for him and another for the father, or he *hears* that his father's newspaper is more important than helping him with his problems. If you were to ask the father, "What is more important, your newspaper or your son's problems?" he would undoubtedly insist that his son is more important. But in a number of subtle ways he has communicated to his son that the newspaper, or the TV program, or the golf game, etc., really come first in actual practice.

The above cases indicate that unintentionally we communicate to others our likes, dislikes, preferences, and disgusts. It would appear that at least one important basis of "good" communication is not to learn how to say the words better, but to examine ourselves and begin to alter those attitudes, feelings, and reactions that we would not like to see fostered in our children.

Blocked Communications

One of the strange paradoxes of human interactions is that at the same time people are unintentionally communicating things about themselves to others, they are also being very careful to avoid, hide, camouflage, or ignore other things about themselves and others, and in such areas there is little communication—intentional or unintentional.

Case 4. Marriage counselor: "Mrs. G., what

seems to be the biggest problem you have with your husband?"

Mrs. G.: "Since we have been married, my husband is thoughtless and neglectful. He no longer praises me or tells me he loves me. He forgets birthdays and anniversaries. He doesn't perform the courtesies and niceties that I would enjoy so much."

Counselor: "Have you ever told your husband how you feel?"

Mrs. G.: "I should say not. If he isn't understanding enough to sense how I feel, I'm certainly not going to say anything. Besides, if I did, he would just get angry and tell me off."

This case illustrates one of the great human problems. In all kinds of situations people have their feelings hurt by others. They are disappointed, upset, irritated, but they take great pains to hide these feelings from those who would benefit from knowing how they really feel. One would guess that in the case above, the wife gives off certain signals, intentionally or unintentionally, that let her husband know that she is upset. It is also quite possible that even though he knows she is upset, he doesn't know what he has done to cause this. It is almost impossible for a person to improve unless he knows what he has done that is wrong. Unfortunately, most conditions are like the dilemma of the person with bad breath—"even your best friend won't tell you."

Why don't people communicate more freely with each other? Why don't children tell their parents about the problems they are having? Why doesn't Mrs. G. tell her husband?

Perhaps as in Case 3, the parents have given off unintentional signals that make the child feel his problems are unimportant and will not be listened to. But more often the imagined consequences of telling another how we feel are too terrifying, and silence seems to be the safer course.

Case 5. Father to daughter: "No, you cannot take the car to pick up your girl friends and go to your MIA class party. You are still too young to drive at night. You can either walk or I'll drive you over, and if your teacher can't bring you home, you call and I'll come and get you. Also, since it's a school night, be sure to be home by 10:30."

Mary: "Oh, all right, Father." (To herself: Why is he so unreasonable? Here I am almost 17, and I'm the only one of our crowd who can't take the car at night. And it's embarrassing to have to leave the party—the earliest of anyone. He treats me like a baby.)

The outsider looking at this situation might say that both the father and the daughter have some legitimate points in their (*Continued on page 292*)



Teaching the Gospel in the Home

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● Teaching . . . Gospel . . . Home. Are there any other three words which have greater meaning for the individual than these? According to the Savior, obtaining eternal joy, salvation, and exaltation in the celestial kingdom is the basic objective of an individual's life. A person must understand the unity and love found in the gospel if he will partake of all the Lord would bestow upon him. The Savior said, "These things have I spoken unto you, that my joy might remain in you, and that your joy might be full." (John 15:11.) The gospel, the home, and teaching provide each individual with a means whereby these objectives can be obtained.

The Lord has placed an important responsibility upon all parents. "And again, inasmuch as parents have children in Zion, or in any of her stakes which are organized, that teach them not to understand the doctrine of repentance, faith in Christ the Son of the living God, and of baptism and the gift of the Holy Ghost by the laying on of hands, when eight years old, the sin be upon the heads of the parents." (D&C 68:25.) How does one best fulfil this responsibility and opportunity? The following are some guideposts that might be helpful.

Partners. It is important for every parent to remember that he is a partner with his Heavenly Father in rearing his children. All men and women on this earth are children of our Father in heaven. He is vitally interested in certain objectives for his children. An earthly parent should have some of the same objectives toward these children. For the earthly parent this means that he would try to make the gospel part of the lives of his children so that they might achieve eternal joy, salvation, and exaltation in the celestial kingdom.

Whom Can I Teach but My Friends? The relationship one has with another person has a great bearing on his capacity to affect his behavior in the ways desired by the Lord. Plato said, "Whom can I teach but my friends?" When one has a friendly or loving relationship with another individual, that individual is much more likely to accept suggestions than if he defines the relationship with indifference or hostility. The Savior said, "This is my commandment, That ye love one another, as I have loved you." (John 15:12.)

Understanding. The parent seeks to understand his children. What is the level of their intelligence? At any given time, how much knowledge do they possess? Do they have personality problems that prevent them from learning efficiently? Only by knowing such things can a parent be effective in his teachings. It is always useful for him to try to put himself in his child's (Continued on page 294)

● Never has there been a time when there was so much interest in home decorating as at present, and never before has there been such an abundance of everything for the homemaker to choose from—regardless of price.

It doesn't matter whether you are building a home, remodeling, redecorating or simply doing a little "face-lifting," the old caution that delicate-looking materials are impractical is eliminated. Colors can be pale and delicate yet be eminently practical. Fabrics can "look" like satin or taffeta yet wear like iron. Wall coverings can look elegant and yet be not only washable but scrubbable. The new vinyls for floors, walls, and furniture have revolutionized decorating, especially for growing families. Emphasis is on easy maintenance without regard to style or period. What a boon for the woman who craves beautiful things around her and has a half dozen rollicking youngsters.

We hear and read much these days about "the return to elegance." What is true elegance? Is it something reserved for the wealthy? One person expressed it this way, "Elegance is good sense expressed beautifully." To many people, luxury and elegance are synonymous. This is not necessarily so. True elegance is not a superficial thing. It must stem from your personality and genuinely express you.

Learn to be discriminating in creating beauty around you. Beauty is essentially a personal affair. There are no rights or wrongs and remember that beauty and charm have no price tag. Beauty needn't wait to be afforded; it is everywhere if we but train ourselves to be aware. The less you have to spend the more it pays to be aware. Seeing beauty means being alert to color and form. It means developing a sense of composition, a feeling of how objects look when they are brought together, and what one color does for another. Creating beauty with simple everyday objects can be fun and challenging.

Everyone must have a place to live. The environment which you create for yourself and your family is of utmost importance. As each individual is different and each family is different so the environment of each home should be different. Houses should be designed and furnished for particular people to live in; people ought not to be forced to adjust their lives to houses which do not fit their needs.

Where do you begin, to acquire a home? Take a careful look at yourself and at the members of your family and ask a number of important questions. How do you live? Are you gregarious, fun-loving, informal people who enjoy having friends drop in at any time? If you are, then you should choose a location that is convenient for people, not an isolated spot in the



Homes to Live in

BY PHYLLIS S. ALLEN
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country. What about work and school? Does it irritate you to have to run a private bus service for the members of your family and their friends? If it does you should find a location near work and school. These are only two of a long list of questions you should ask yourselves before deciding where to live. When you have made this difficult decision, you are well on your way to having a home suitable for *you*.

Now what kind of house will you choose? If you are not familiar with the various styles, make a careful study in books, magazines, and your community to decide which type of house best suits your family's needs.

Study many floor plans. Before you decide on one, make a check list of some basic requirements. Is the plan functional? Does it meet the needs of the individual members of the family? If the man of the house needs privacy for professional study is there adequate space for it? Is there a place for special hobby activities? Are working areas conveniently planned and located? Is there private space for family eating? Are living areas adequate for all members to enjoy together?

What about traffic lanes? Can the kitchen be reached from the front door and the back door without going through any rooms? Are hallways adequate and economical? Well-planned hallways are a wise

investment of space. A front entrance which allows for privacy of the living areas of a house contributes much to pleasant and tranquil living.

Is your plan economical—not only as to the initial cost but on a long range basis in terms of maintenance? Short-sighted economy can be very costly. For example, the best heating plant you can afford will be the most economical in the long run. Consult your builder about how to save money by using stock mill items.

Have you sacrificed space for frills? Space, well planned, is the most important element in maintaining a calm and peaceful atmosphere in the home. Too often so much money is spent on an ornate exterior and on costly interior details that space is sacrificed. Get as much space as you can afford; frills may be added later. You may even find that you have a better designed house for having had to cut down.

Is the house designed so that it can grow and change as the needs of the family change? If it is designed to meet both immediate needs and future probabilities it will likely be a successful undertaking.

Now with the location, style of house, and a liveable floor plan how do you proceed? Always keeping foremost in mind the needs, likes, and dislikes of the members of the family who will occupy the house, add the necessary *(Continued on page 303)*





Living with Children

BY BLAINE M. PORTER

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AND FAMILY RELATIONSHIPS, BYU



● For each of us, the experience of living with children becomes a separate and unique kind of venture. Each takes the ups and downs of family living in the nature of his own stride. In anticipation, many of us believe that living with children and assuming the responsibility of guiding and rearing them will be an easy, simple thing. In actuality, it is not. If we are serious and thoughtful about the tasks and challenges which confront us, we view parenthood as a complex adventure. As parents, we cannot escape moments of uncertainty and concern, moments of anxiousness and worry, moments of disappointment. These are a part of the picture as well as moments of eagerness and joy and fulfillment.

It is a privilege to live with children. From a Latter-day Saint point of view, our children are also God's children who are lent to us for a little while, during which time we have the pleasure of their company and responsibility of guiding and training them properly. Stop and think of the confidence and trust which God must have in us to allow us the privilege of being responsible for his children. How many of us would be willing to give our children for twenty years to someone else to guide and rear and influence, to determine their values, their ways of behaving, their way of life? We would want to establish some very rigid standards for parents-to-be. How many of us could pass the test of our own standards?

Having children come into our homes, into our lives, is not only a privilege but also a great responsibility. We must be concerned about their well-being physically, intellectually, emotionally, socially, spiritually. It is a great challenge to be asked to meet the many needs of the growing individual, for human beings are complex and unique. With all the advancements of science we have not approached anything as complicated, as wonderful as the human being. If our children are to grow and develop into mature, well-adjusted, healthy adults, they must be cared for, nurtured, guided, and trained carefully. If they are to be found worthy to return to the presence of their Father in heaven, they must be led and directed so that they will follow the paths that will help them reach that destination. "But I have commanded you to bring up your children in light and truth." (D&C 93:40.) Such objectives will not be achieved automatically or easily. They will come about as a result of serious preparation on the part of parents and by thoughtful, prayerful effort, consistently made and based on sound judgment and correct principles skilfully applied. What can we do to fulfil our obligation more skilfully and to maximize the joy and satisfaction which can be associated with it?

Understanding Ourselves and Our Feeling about Children. The most important single factor which determines the domestic atmosphere that we offer our children is simply a desire to have them. It is easy to appreciate children when they are cute and lovable and good, but it is quite another thing to extend this appreciation even to those times when they are annoyingly underfoot and unreasonable. The best environment that we can give our children during the early years of their lives consists of little more than this honest daily willingness to share their lives.

As parents we represent the world to our children. We cannot expect them to accept the rest of the population if we fail to give them any reason first of all to accept us. We almost have to devote the first few years of our children's lives to the task of inviting them into the world and encouraging their acceptance of it. Punishing them for their ignorance and clumsiness certainly cannot be expected to accomplish this. Efforts must be made to explain their behavior as well as our own to them. Questions our children ask, however tedious and apparently silly, must be answered with honesty and interest. Their values as represented by the importance they may attach to some toy or activity must be respected with the same sincerity we expect of them. Moreover, we must encourage their self-expression and friendships up to the limits of our ability. Only then do we prepare our children properly for an emotionally satisfying life.

Understanding Children. In addition to understanding ourselves, we cannot expect to become good parents without a workable set of principles concerning requirements of child guidance. We must understand our children in relation to their age: We must know the tempestuous two-year-old, the sweet and confiding four-year-old, the eight-year-old so devoted to his gang, the moody and turbulent adolescent.

Finally, we must know each child as himself—a unique individual, sensitive and easily discouraged or tough-skinned and confident, retiring or aggressive, dreamy or practical, quick or slow. We must also be aware of the changes, the progress, and the back-sliding.

There are no rules governing all relationships with all children. There are only broad, basic principles which we interpret in terms of each child as an individual. If through information and knowledge we are able to gain greater understanding and deeper insight into ourselves and into our children, we will see our task of parenthood in a positive perspective. We will feel less need to condemn ourselves because of problems; and when (*Continued on page 300*)

All the World Is a Stage

BY FRANCES YOST



● "Here's an item of interest." Mike Thompson handed the evening paper to his wife Karma and pointed to an article on the stage and screen page.

Karma laid down the little stocking she was darning for Donny and read the headlines aloud. "Miss Rashell Ramone, popular actress of stage and screen will appear in person at the Reo Theatre for one matinee performance only."

There was more to the article, but Karma read the details silently. She dared not trust her voice, for Mike was watching her, studying her face. If her voice should crack, or her eyes water, Mike would think she was sorry she had married him and given up her stage career. She had never exactly regretted her marriage to Mike, not really. It was just that she had planned a career like her friend Rashell and had fallen short. She wished she were successful and important. If she had only continued as Rashell Ramone had done!

Karma remembered the old days, when she and Rashell had been girlhood friends. Karma had planned to drop her simple Smith surname and be known as Karma Cornell. Rashell Jones had coined the name Rashell Ramone for herself. The girls had dreamed their dreams early in life. Both would be great performers on stage and screen, and their names would be in bright lights. Rashell had made those dreams come true, but Karma had dropped by the wayside and was now darning socks in front of a fireplace for a family of small children.

"Since your friend will be here for one matinee performance only, I think you two should get together for a good talk fest. You could invite her to the house and cook one of your perfect dinners," Mike suggested.

"Oh, Mike, you're sweet, but this house . . ." Karma made a gesturing sweep of disapproval.

"Then get a sitter for the afternoon and take your friend to dinner downtown."

"Mike, if it were as simple as that. . ." Karma groaned softly.

"If you're worrying about picking up the check, I have a crisp five spot right here." Mike withdrew a bill from his pocket.

"But Mike, even if this would cover the lunch,

which it no doubt won't, why there are other items. . ."

"Stop off and buy yourself a new dress. You deserve a new one anyway."

"I'd need to have more than a dress, and I'd have to have my hair done, and . . ." Karma glanced at her broken fingernails, but didn't mention the needed manicure. She would do something about that herself.

"You've been saving for something, Karma, how about using some of your lay away?"

"I've been saving to buy you a new suit. You haven't had one since we. . ."

"This is more important, Karma. You get what you need; my suit's good for a lot of Sundays yet."

"Oh, Mike, you're wonderful, and thoughtful, and I really shouldn't indulge, but I . . . I . . . just have to see Rashell, for old times' sake."

Karma shopped in several stores and at length decided on a two piece beige suit. The suit of course, begged for brown heels and purse and gloves, and a perky little hat, and a fresh white blouse. Karma felt guilty about buying so much for herself when they needed the money so badly for so many things. Why, she thought, I've spent on myself alone, almost enough to make a payment on our home, when I include the hair styling and the accessories. But every item is important, a must. Without these things I could never make myself look good enough to gather courage to even try to get in to see Rashell.

And now, here she was knocking at the door of a famous star's dressing room. Karma felt her heart trembling.

"Who is it?"

Yes, Karma recognized the voice. It had been a long time, and this voice had acquired a sophistication, but it was Rashell's voice which she heard through the closed door. Karma would have recognized that voice anywhere. Why she had helped her to develop the lovely tone quality when they had practised in the old summer stock barn theater years ago.

"Rashell . . . Miss Ramone. This is an old friend."

"I know no one. . . . I am very busy."

"Rashell, it's Karma, Karma Smith," she said gayly. "You remember, (Continued on page 296)

SUCCESS





Living with Leisure

ISRAEL C. HEATON

CHAIRMAN, DEPARTMENT OF RECREATION, BYU

● Dr. A. Whitney Griswold, president of Yale University, pointed to one of America's greatest challenges when he said: "A New Colossus has been formed by the millions of leisure hours developed out of the 40-hour work week. This Colossus has more leisure at his disposal than all the aristocracies of history. What will he do with it? Will he make of himself a full or exact man or will he be content to be merely a ready man—a measure of muscle and a shout from the mob? The choice lies before him. Who will help him make it?"

Robert M. Hutchins of the Ford Foundation and former president of the University of Chicago clearly described the concern we must have for leisure when he said: "If we survive, the leisure which the atomic age will bring may make peace more horrible than war. We face the dreadful prospect of hour after hour, even day after day with nothing to do." Because of his concern for the way many Americans use their leisure, he goes on to say: "After we have read all the comic books, traveled all the miles, seen all the movies, and drunk all the liquor we can stand, what shall we do then?"

The late Harlow Shapely, famed astronomer, was greatly concerned with the problem of leisure when he listed boredom along with a pandemic plague, world warfare with super-weapons, sexually debilitating dope, and the genius maniac as the five great threats to mankind.

Yes, we have leisure, and we're going to have even more of it. Leisure in and of itself is neither good nor bad. Its value lies in what each individual chooses to do with it. Leisure provides the only opportunity many persons will have to reap the satisfactions they seek in life. For the majority of

our population, assembly-line type work does not provide the satisfactions man desires. Leisure, rather than work, is becoming the factor which integrates the life of the average person.

America could be on the brink of a cultural revolution. With leisure broadly distributed to all, it is interesting to think of what this could mean to those who would become artists, musicians, philosophers, poets, sculptors—creators in any one of scores of cultural pursuits. Just think of what it could mean in opportunity for service to our fellow men and to God's work! It also holds the key to our physical and mental fitness.

Leisure is the golden opportunity for strengthening family ties. With leisure broadly distributed in large, conveniently grouped hours, days, weeks, and even years (for our 16,000,000 persons now in retirement), what will it mean to America and to you? The answer lies with the home to a greater extent than with any other agency in our society.

If the researchers are right when they say that 70 percent of all hobbies are taught in the home by the parents and that 95 percent of all hobbies are begun before a person leaves high school, the responsibility of the family unit in teaching for living with leisure is obvious. On the other hand, we know what happens when the family does not accept this responsibility. The Gluecks are able to predict with 95 percent accuracy, by determining family cohesiveness, whether or not children will ever face a juvenile court.

Is yours one of the families where family fun comes just by accident? Surely family activities can be planned better than that.

Where are you when you have the "time of your life"? Do you usually have more fun at home or away



from home? Does your family have its best time as a group or as individuals away from home with the crowd?

Startling answers were obtained not long ago from a poll taken among two thousand young people in one of our midwestern states. Eighty-six percent of the boys and 83 percent of the girls said they had more fun away from home. Most of them added they wished more fun were provided at home.

In today's changing times, the home is increasingly neglected because so many activities which were at one time confined to the home have become broader in scope. Perhaps it is not desirable or possible to return to the home all of the activities which were formerly there. However, as members of any religious group which is interested in the welfare of others, we believe that factors which influence the development of character and the forming of moral and social standards ought to be found in the home. Recreation is one of these factors.

Recreation always has been significant in the lives of healthy human beings. The Church of Jesus Christ of Latter-day Saints has emphasized and encouraged recreation more probably than any other organization. In the early days of its organization wholesome fun was sponsored by the Church. Brigham Young saw great value in recreation and counseled the Saints that if they could not *find* time for recreational pursuits, they should *make* the time.

The atmosphere of enjoying life in all its parts begins in the home. Home should always be the center, the motivation of the complete life. Children sent into the home are precious gifts from God, but they are also a responsibility for which parents are held accountable by civil law and, to an even greater

degree, by our Father in heaven. Most parents express a willingness to do all that ought to be done for their children, yet there are many failures. If problems were merely personal or private, they would be serious enough, but failure in the home becomes failure in the neighborhood, in the nation, and in the world.

Family ties must be strengthened if individuals and society are to enjoy the blessings of peaceful and abundant life. Family recreation in the home will strengthen these ties. To neglect the fellowship and play needs of the family is to neglect a vital part of living. It has been shown repeatedly that maladjustment in children and in many parents, too, decreases as family fun and fellowship increase.

Yet, many parents feel that good parents are those who provide "good things" for their children—books, bikes, piano lessons, clothes, television, sports equipment, and cars. Sometimes they forget, in their concern for tangible "things," that fun times and happy experiences are the childhood memories most likely to influence and remain with their children.

You don't inherit a child's love; you *earn* it. You earn it by giving unselfishly of yourself. Blood kinship alone will not hold people together, as shown by the countless lonely parents who have grown old giving "things" to their children only to find that their children have grown away from them. Families who enjoy reunions in later years are those who planted the seed of family unity in childhood, who worked, worshiped, and played together.

Family recreation like Christian living should not be confined to one day a week only. Although it is true that one day each week, special above the other days, should be set

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The Family and Lifelong Learning

BY HAROLD GLEN CLARK
DEAN, ADULT EDUCATION AND EXTENSION SERVICES, BYU

● Lucky is the boy or girl born into a home where self-directed learning is encouraged early and is exemplified by mother, father, brothers, and sisters.

The real test of education is whether members of the family have taken the initiative in changing their behavior for good.

We learn something only to the degree that we live it. Some of the most significant learning takes place out of school and at all stages of our life. Self-education, where the learner plays an active role, should begin in the home. Once established, it is the most significant type of education when contrasted with the relatively passive role of attending a class for credit or following assignments imposed by others.

When a girl or boy is encouraged to take the initiative for learning, when a parent sets the example in clarity of thought, when every family member has a curious mind about God and his wonderful world, then the family has its feet firmly upon the pathway of lifelong learning.

On the Union Station in Washington, D.C., is this inscription: "He who would bring back the wealth of the Indies must carry the wealth of the Indies with him. So it is in traveling, if a man would bring back knowledge, he must carry knowledge with him."

The knowledge which will set a child or an adult in the way where he will find rich meaning in all he sees and hears is the knowledge that God our Father made the world and all that is in it. This knowledge will help create a burning desire to learn more of him and his world. If we have acquired faith and know how to think in early youth, we will learn more as we travel through each day.

Education is often interpreted by the family as so many courses taken in school. The person with credits or a degree is more educated than the person without such. What is your belief about the significance of learning which may take place in the home, in travel, and on the job, and at all ages of the life of man?

Your answer to this and the following questions may help you assess your belief in lifelong learning:

1. Does your family believe that if we teach one another "words of wisdom" out of the best books

that the grace of God will attend us? Do you have a library suited to all ages that is used constantly in your home?

2. Do you believe that the true end of all education is using your education in service to God and fellow men?

3. Do you take pride in thinking through a problem? Do you believe in independence of mind and action, the dignity of personality, and responsible free agency for every member of the family?

4. When the members have free time, do they use it as an opportunity for creative tasks? Is time on your hands a burden or an opportunity to make new friends, gain new interests, and invent and build?

5. Do you believe in a balance of mind, spirit, and body? Do you enjoy the fine arts, stirring poetry, museums, drama, music, and fields other than your daily work?

6. Do you believe that alertness and an inquiring, believing mind may be acquired at an early age and retained and added to throughout life?

7. Do you believe that the mind and spirit need exercise and that reading, travel, stimulating conversation, letter writing, memorizing poems and scriptures, and doing genealogical research promote intelligent growth all through life?

The family that encourages creative learning and the joy of discovery and invention will build a family togetherness not found in homes where passive learning takes precedence over self-directed learning.

Max Lerner said: "At the risk of shocking some people, I would like to say that a home without books and ideas can be almost as bad for a child as a broken home, an alcoholic home, or a criminal home, because it leaves a vacuum into which rush corrupting values."

Lucky indeed is the home where children are surrounded with an environment which helps them choose what and how to think. These children will like their home and always bless it because it blessed them and filled the vacuum with wholesome values. What is true of the children is true of Dad and Mom in their fifties, sixties, and seventies. If either does not have an inquiring, eager mind by the time he is fifty, the rocking chair blues will catch up with him.



He will live in the past, and finally corrupting interpretations will make him old.

Few of us will die in the kind of world into which we were born. This is because knowledge is being poured out upon this generation as the water covers the mighty deep. Tremendous improvements in communication and transportation, the rise of automation, and the new chemistry, for example, make the old landmarks fall. It is easy to be left behind lonely and frustrated as the sum total of our knowledge in so many fields doubles each decade. The family that "keeps up," holding onto the eternal knowledge which does not change, but adapting and applying this knowledge to a changing world, is a happy family. They are in charge of their personalities. They are not tossed to and fro by the kind of knowledge which may be partially or completely obsolete in ten years.

Yet they know the new theories. Having sought first the kingdom of heaven, many things are added unto them.

The Lord after telling his people in this generation to "teach one another the doctrine of the kingdom," goes on to point out other things which are expedient for us to understand. He refers to them as "things both in heaven . . . and under the earth . . . the wars and perplexities of the nations . . . a knowledge also of countries and of kingdoms." (D&C 88:79.) We would do well as a family to obtain this broad understanding. Who knows what new discoveries may make our vocation obsolete in a few short years? Wide interests bring ready adaptation to change. We do not concentrate all of our attention on one subject area alone.

President Brigham Young warned us about this in

his characteristic forthrightness in the *Journal of Discourses* (2:93-94), "Shall I sit down and read the Bible and the Book of Mormon, and the Doctrine and Covenants all the time?" says one. Yes, if you please, and when you have done, you may be nothing but a sectarian, after all. It is your duty to know everything upon the face of the earth in addition to reading those books."

This plea for a wholeness of truth pervaded the heart and mind of the Prophet Joseph Smith at the beginning of this dispensation when he hired Professor Sexias for \$300 to teach the Hebrew language in the Prophet's home and in the Kirtland Temple. This God-given spirit of wanting to know comes into the heart of every true Latter-day Saint. In addition to the informal learning opportunities offered by the home, the Primary, classes in priesthood, Sunday School, MIA, and Relief Society, the adults go to classes taught by schools of higher learning. For example, in 1962, 65,000 adult Latter-day Saints took some kind of credit or sequence of courses or lectures from Brigham Young University. While this is a good comparative record, it is small when compared to what can and will be when the half-million adults of the Church take advantage of the great adventures in learning which await them. In 1961 fifty million adults in the United States took adult education courses, according to the office of education. This is a marked increase over the previous decade, and it shows a growing interest in continuing education, but this is only a beginning of what it should and will be when we are fully awake to the opportunities before us.

Last year five hundred Latter-day Saints went to Europe or on an around-the-world BYU Travel Study program. They saw peoples and cultures and came home with new appreciations. Now they read of "the perplexities of nations" with intimacy and new insights. Four thousand engaged in personalized study through correspondence study. Two thousand found self-improvement and/or advancement on the job, through evening schools. Ten thousand attended short courses and discussion groups for special reasons in specialized subject areas.

One of the most thrilling and ever-expanding adventures in learning has been the BYU Education Week, formerly called Leadership Week. In 1962 in large and small towns in western America, breadwinners—mothers, fathers, businessmen, farmers, and workers from many fields, numbering more than 26,000—sat at the feet of great teachers learning secular and

spiritual truths.

One mother when asked, "What did you learn from those BYU teachers that helps you?" replied, "I learned that there are ten other constructive things I can do besides getting angry at my teenager." Resourceful people are hopeful people. They are needed everywhere.

We are moving into a world of ever-increasing specialization. We cannot live without the specialists and their contributions to family life. But fragmentation of knowledge brings great dangers to balanced wholesome living. The family needs the mountaintop view where they can see the whole man in a wholeness of truth. The family which does not achieve balance cannot understand its problems. The family which cannot appreciate the wisdom and insights of the ages as expressed in the great works of literature, the arts and science, is a family in trouble. The narrowness of specialization is a good reason for continuous learning.

The great dream of democracy is a government which will provide an environment where the family will not only be free but build a society which is as great as they have power to make it. The same is true of the kingdom of God which is a patriarchal or family government. We must lift each other and move together. Sensitivity to our responsibility to participate in state and church government requires intelligent voters who choose and support wise leaders. Only an informed family is worthy of good government; only faithful, intelligent citizens are worthy of freedom.

One final reason why the family should be the seedbed of lifelong learning is that the climax of family living, the golden years of life, should be filled with grandpas and grandmas who are useful and who feel wanted because they are prepared for these "best years of life." Too often these years turn out to be anti-climactical.

Great leaders in the Church and in the nation—many in their seventies and eighties—bear witness to the importance of their dynamic attitude toward lifelong learning. For these men and women there are not enough hours in the day or strength in their bodies to keep pace with their young minds and spirits. There is much unfinished business—many unfulfilled dreams—ever widening interests which must be taken up on the morrow. For these men and women the older years are the climax for which all previous well-lived years have prepared them. This is lifelong learning and family living at its best.



Before you buy . . . investigate

BY JOSIE S. VINCENT

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● "Modern equipment, designed to take the drudgery out of homemaking, has revolutionized household tasks—this is a push-button world where the equipment does the work."¹ The rapid technological advances of recent years have produced an overwhelming array of household appliances and even more revolutionary changes can be expected in the future. "Since each major appliance represents a sizable investment, its purchase should be considered both separately and as it relates to equipment you may now own or plan to buy."²

Since few families need or can afford to buy every new piece of equipment that comes on the market, everyone in the family should share in deciding what to buy. This calls for thoughtful planning and study by the family before the purchase is made. Here are ten steps for wise buying:

1. *Weigh and evaluate your needs* and wants in terms of your family's present and future values and goals. The young family will need to buy basic equipment first such as a range, refrigerator, washing machine, or vacuum cleaner. A family with small children may find a washing machine a real necessity. For some families, a freezer may be a valuable piece of equipment. It should save money if a great deal of home-grown and home-baked food is frozen or if the family buys food for future use when the price is low.

2. *Develop your own buying guide*. Find out the desirable features to look for in the piece of equipment you plan to buy. You can get this information from a variety of sources: articles in newspapers and magazines, advertisements, consumer service booklets, business-sponsored publications, government bulletins, and books and pamphlets written by authorities in the field of household equipment. Your appliance manufacturer, dealer, and serviceman, home economists of utility companies, and other homemakers who have used the appliance will be able to supply you with valuable information. Summarize the information that you have gathered by making a check list of the important buying points you will want to look for

when you go shopping. It is a good idea to keep an equipment reference file on buymanship information.

3. *Make a comparison* of several brands so that you are aware of the features available on the market. Don't buy the first one you see. All equipment must meet a definite standard for basic construction, but you should note the various materials, the workmanship, size and shape of the appliance. You will find that each brand has a number of models, but generally, the basic construction of all models is the same. The difference among models will consist mainly of size and special features. Some special features are valuable servants; others are mainly gadgets that are put on for show. Evaluate special features in terms of needs, added cost, and the time and energy they will save.

4. *Select the right dealer*. He should be well-established in the community and have a reputation for standing behind his merchandise. It is important that he understands the construction, installation, operation, and care of the appliances he sells. He should have a good service department that gives prompt and dependable service. As equipment becomes more automatic the service department becomes more important. Remember this! The right dealer to buy from is the one who earnestly tries to serve you best, who shows by the words and actions of his sales people that he wants you to be a customer of his store, rather than just to quickly sell you his equipment and then forget you.

5. *Choose a reliable manufacturer* who will stand behind your dealer if an appliance should fail to perform satisfactorily. Pick a *manufacturer* who over a period of years has earned the reputation of producing quality merchandise and has carried out the terms of his guarantees.

6. *Select your appliance for safety*. As you shop look for the following seals of approval: UL seal on electrical equipment and the AGA or blue star seal on gas equipment. In the United States the Underwriter's Laboratory, Inc., seal means that the equipment was tested when it was developed, and it is checked periodically by the factory for fire, casualty, and electrical safety. (Continued on page 292)

¹Household Finance Corporation, "Money Management, Your Equipment Dollars," 1953 Edition.
²Ibid., 1963 Edition.

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do everything except bathe the baby, no animals to feed, no chores to do, convenience foods to heat and eat, and every member of the family going in a different direction from the others, have brought blessings and calamities to modern family living. Long-tested home values that

held community sanction for three centuries suddenly seem evanescent, and other concepts of equal worth in building character have not taken hold. This interregnum between the secure, comfortable system of the past and what is to evolve in the future is a period of instability.

Your values become you. When and how does this happen? Does one wait until children are old enough to investigate for themselves to teach them about the meaning of eternal life and the significance of

their earthly experience? When a teenage daughter reports that she must get married is that the time to teach standards of morality? When a son has been caught in petty thievery is that the time to teach him how to earn and use his own money and pay his way? When does one get ready for a mission call? For his life's work? For marriage? For old age? Overwhelming evidence points to infancy as the time when the training should begin.

Great teachers such as Buddha, Confucius, Plato, Socrates, and scores of others have taught this truism. Ancient Hebrew prophets taught it, and one gave explicit directions about the process. Here are his words:

"And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might.

"And these words, which I commanded thee this day, shall be in thine heart:

"And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down and when thou risest up.

"And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes.

"And thou shalt write them upon the posts of thine house and on thy gates." (Deuteronomy 6:5-9.)

This scriptural advice suggests the use of four languages:

The language of the feelings

The language of words

The language of example

The language of reminders

"These words shall be in thine heart"—the language of the heart is the language of the feelings. One cannot teach anything that is not in the heart. One must believe in an idea or principle or value so implicitly that it is part of him before he can teach it to others. It is impossible to fool a child by using words that tell a different story from that which is in one's heart; from the moment of birth, children are sensitive to the language of the feelings—the most potent of all languages.

The language of words reinforces the first language and must be used frequently and in various types of situations in order to teach values that will have lifelong significance. The prophet said, "Thou shalt teach



TO BEGIN . . . AND GET GOING

RICHARD L. EVANS

Last week we spoke of the restlessness with routine; with the daily round of things that must be done of which our lives are mostly made; and of the patience required for preparation—in short, of being faithful in a few things before being trusted with many more. Few people in a long or short lifetime start and go in a predetermined direction without any detour or delay. But sometimes young people become discouraged because of the difficulties of making decisions, the difficulties of knowing what they want to be, what they want to do, and because of interruptions and uncertainties, and fear of failure. But it shouldn't be so. On this subject we would quote some understanding sentences written more than threescore years since, just in case the present generation would feel that such problems were peculiar to our particular time: "Few begin with anything like a clear view of what they want to do," said this source, "and the fortune they seek may come in a very different form from that which they have kept in view. . . . [Those who are sincerely successful] are those who are not paralyzed by failures. . . . While those who put all at risk on one venture, and, losing, weakly surrender, never accomplish anything worth living for. Failures, [problems, interruptions] enter into the natural expectation of everybody. . . . Everything depends on how we take our [disappointments and delays]. . . ."¹ We ought always to be earnestly "engaged in a good cause,"² to have a good purpose and pursue it. "Nothing is more unworthy of a wise man," said Plato, "or ought to trouble him more, than to have allowed more time for trifling, and useless things, than they deserved."³ The plain fact is, restated for all of us, and especially for those younger in years: It is not given to any of us to see the end from the beginning, but we have to begin, we have to decide, we have to choose a good goal, and we have to get going. We have to accept the unavoidable interruptions, the detours, the delays; to be prayerful in decision, patient, persistent, persevering in preparation. "Few begin with anything like a clear view of what they want to do,"¹ but we have to choose a good objective, and have the faith to prepare, to follow through—to be faithful in the small things, of which the larger ones are mostly made.

¹Editorial, *The Independent*, August 1898.

²D&C 58:27.

³Plato.

"The Spoken Word," from Temple Square presented over KSL and the Columbia Broadcasting System, January 13, 1963. Copyright 1963.

these words diligently unto thy children when thou sittest in thine house . . . and when thou liest down and when thou risest up;" and we could add, "And when preparing a meal, when washing the walls, when painting the house, when cleaning the yard, when raking the leaves, when freezing ice cream, and when doing a thousand other home tasks." If you believe that time for training in the understanding of values is vital, work projects can become very meaningful and have purpose beyond just getting a job done. This doesn't mean that there are not times when it is wise to have store biscuits; the point is that the home is the finest laboratory in the world for teaching eternal values, and they are *caught* more than taught. The numerous situations that the home provides are means through which indirect and subtle instruction about family values can be given. In bread-making, for example, one sees the process from beginning to end and catches a thrill of accomplishment and satisfaction impossible to receive from store biscuits. While making the bread, values important to the Mormon way of life are learned.

The language of example comes "as thou walkest by the way." Elders teach children by demonstrating, guiding, directing, and setting the pattern for making decisions about day-to-day issues. In very deed, what they do speaks louder than what they say.

The language of reminders: "Thou shalt bind these words for a sign upon thine hand, and they shall be as frontlets between thine eyes." Phylacteries were reminders for the ancient Hebrews; these small leather cases protected inscriptions denoting laws to be obeyed, and they were worn about the head or on the wrist, and sometimes around the neck. "Thou shalt write these words upon the posts of thine house and on thy gates." Thus the home was also a reminder. Our values today are indicated by the clothes we wear, the food we eat, and by the place we call home. These reminders of the LDS way of life are rooted deeply if seeds are planted early and nurtured through the growing-up years.

When there is an earthquake, victims take a serious look at what happened, pick up the pieces, and

go on from there; a "culture quake" such as we are now experiencing calls for similar treatment. The great prophet Isaiah faced such a problem at the beginning of King Uzziah's reign in 740 BC. The people of Judah were shaken loose from their accustomed ways of thinking and their values were woefully mixed up. The prophet was commissioned to go out and warn the people and find the remnant to carry on the Hebrew value system of the past. The masses did not listen,

but the remnant heard his words and took their job seriously, putting into practice the values of eternal life and teaching them diligently unto their children. That remnant has continued to this day.

Your values become you. What do you want your life to be ten years or fifty years from now? What eternal effect do you want your life to have on the generations to come? Your answers will indicate whether you are of the remnant or of the masses.



MISTAKES . . . AND LESSONS LEARNED

RICHARD L. EVANS

It would surely seem to be an understatement to say that all of us make mistakes—mistakes sometimes followed by real regrets—regrets for things we wish we had said or done or wish we hadn't said or done. And since we make mistakes, we may find ourselves carrying on a conversation with our conscience, sometimes justifying, sometimes rationalizing, sometimes trying to talk down the uneasy inner accusations, or sometimes going to the other unfortunate extreme of assuming that there is nothing we can do about what we have done or have failed to do, and resigning ourselves to the mistakes we may have made. But neither self-justification nor resigned hopelessness is wholesome. The only acceptable way lies between these two: facing up to the facts and doing something about them; improving, repenting. It seems a significant thing that the Lord God gave us the principle of repentance. He surely must have known that we would need it. And he surely wouldn't have given us the principle if he hadn't been willing to accept our sincere repentance. This, in itself, seems hopefully significant. Within the limits of this imperfect life, there will likely always be some regrets. And no matter what decisions we make or fail to make we often wonder what would have happened if we had done differently. But we can't go back. And it is worse than wasteful to waste life away on vain regrets, idle regrets, regrets from which we do not learn, regrets that do nothing for us for the future. From any mistake we should learn a lesson. If not, there is no peace, no progress. "Let not sleep fall upon thy eyes," said Pythagoras, "till thou hast thrice reviewed the transactions of the past day. Where have I turned aside from rectitude? What have I been doing? What have I left undone, which I ought to have done?"¹ "Inspect the neighborhood of thy life," said Jean Paul Richter, "every shelf, every nook of thine abode."² "There is no greater delight," said Mencius, "than to be conscious of sincerity of self-examination."³ All of us would well do such sincere self-searching, and from any mistakes, see that there is a lesson learned, so that regrets may not be hopeless, useless; so that there may be peace, repentance, and progress for the future.

¹Pythagoras (582-500 BC), Greek philosopher.

²Jean Paul Richter (1763-1826), German writer.

³Mencius, (385-289 BC), Works, Chinese sage.

"The Spoken Word," from Temple Square presented over KSL and the Columbia Broadcasting System, January 20, 1963. Copyright 1963.

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AND SMOKING ARE HARMFUL!**

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Every day you pick up the paper you read more evidence that drinking and smoking can shorten life. Because they are among America's leading health problems—leading to cancer, heart trouble, sinus trouble, liver trouble and many other diseases—they're a prime cause of the high premium rates most hospitalization plans charge. But why should you pay the price for those who drink or smoke? You no longer have to! Here's why.

Our rates are based on your superior health

The new American Temperance Hospitalization Plan is not offered to drinkers and smokers, because of the high rates they cause. We can bring you a whole new set of rates that are unbelievably low because they're based on your good health as a non-drinker and non-smoker. Also, your American Temperance premiums can never be raised because you grow older or have too many claims. Only a general rate adjustment up or down could affect your low rates! And only you can cancel your policy. We cannot.

HERE ARE YOUR AMERICAN TEMPERANCE PLAN BENEFITS

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The very day you enter a hospital you begin to get \$100 a week cash...as long as you are hospitalized, even for life! Good in any lawfully operated

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We pay \$2,000 cash for accidental death. We pay \$2,000 cash for loss of one hand, one foot, or sight of one eye. We pay \$6,000 cash for loss of both eyes, both hands, or both feet.

We invite close comparison with any other plan.

There really is no other plan like ours. But compare our rates with others for similar coverage. Discover for yourself what you save. And remember, there is *no limit* on how long you stay in the hospital, no limit on age, no limit on the number of times you can collect!

Here's all you do.

Fill out the application at the right. Notice the amazingly low rates! Enclose it in an envelope and mail to American Temperance Associates, Box 131, Libertyville, Illinois. Upon approval, you will get your policy promptly by mail, and coverage begins at noon on the effective date of your policy. No salesman will call. Don't delay! Every day almost 50,000 people enter hospitals. Any day, one of them could be you. Protect yourself before it's too late!

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Read over your policy carefully. Ask your minister, lawyer and doctor to examine it. Be sure it provides exactly what we say it does. Then, if for any reason at all you are not 100% satisfied, just mail your policy back to us within 30 days and we will immediately refund your entire premium. No questions asked. You can gain thousands of dollars...you risk nothing.

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Here at last is a new kind of hospitalization plan for *non-drinkers* and *non-smokers only!* The rates are fantastically low because "poor risk" drinkers and smokers are excluded. And because your health is superior...there is absolutely no age limit, no physical examination, no waiting period. Only you can cancel your policy... and no salesman will ever call! Starting from the very first day you enter any hospital...

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121
APPLICATION TO
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AT-300

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Occupation _____ Height _____ Weight _____

I also apply for coverage for the members of my family listed below:

NAME	AGE	HEIGHT	WEIGHT	BENEFICIARY
1.				
2.				
3.				
4.				

To the best of your knowledge and belief, are you and all members listed above in good health and free from any physical impairment, or disease? Yes No

To the best of your knowledge, have you or any member above listed had medical advice or treatment, or have you or they been advised to have a surgical operation in the last five years? Yes No If so, please give details stating person affected, cause, date, name and address of attending physician, and whether fully recovered.

IMPORTANT: CHECK TABLE BELOW AND INCLUDE YOUR FIRST PREMIUM WITH APPLICATION

LOOK AT THESE AMERICAN TEMPERANCE LOW RATES

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SAVE TWO MONTHS PREMIUM BY PAYING YEARLY!

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**AMERICAN
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Neither I nor any person listed above uses tobacco or alcoholic beverages, and I hereby apply for a policy based on the understanding that the policy does not cover conditions originating prior to its effective date, and that the policy is issued solely and entirely in reliance upon the written answers to the above questions.

Date: _____ Signed: X _____
AT-IAT

Family Hours

(Continued from page 269)

Mother's Day
Father's Day
A Night with Dickens (other authors)
Bible Night
A Freeze-It Party
Grandparents' Night
Make-Something Party

Stunt Night
A Family Sing
A Candy Pull
Making Pop Corn Balls (with prizes in each)
Hobby Night
A Circus Party
Cut-Out Fun
Visit the Shut-In
Heritage Night

Add to this list your favorite things to do during the family hour.

(NOTE: Detailed descriptions on

how to conduct these activities and other helpful material for family hours will be found in *Family Togetherness—Suggestions for Home Nights*, available at Department of Extension Services, BYU.)

Many pleasant family experiences can grow out of spontaneous activity. The following is a list of standard play equipment and materials every family should have. Amount and kind vary with the age of individuals. Many family hours can be built around these activities:

Dart board
Beanbag board
Sand pile
A swing (rope or old tree)
Chinning bar
Basketball hoop
Out-of-doors fireplace or fire ring
Croquet set
Table tennis (Pingpong)
A pup tent for out-of-doors sleeping
A set of basic tools (jig saw)—variety of building materials
Several sets of building blocks (have made)
One or more pets that require daily attention
An ice-cream freezer
Half-dozen good commercial games, including some puzzles
A blackboard
A tackboard
A flannelboard
An easel
Colored crayons
A camera, movie or still; also, a projector
One or more musical instruments
Books—to include a good set of Bible stories with colored pictures, an LDS hymnbook, a community-type songbook, a variety of books on many subjects—some for all ages
An old costume chest
Play pots and pans for "mixing and cooking"

Each family will know of other items which may well be basic to a particular family. Add these to this list.

Family unity, like everything that is to last throughout all time and eternity, must be worked at constantly. It is not acquired on any one day or at any set time but is woven into the lives of its members all through the years without their knowing just when or how.

RICHARD L. EVANS



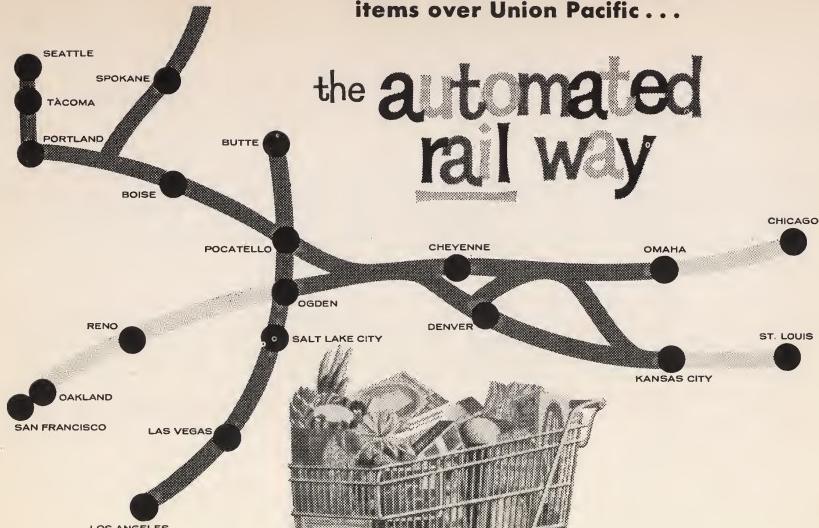
CHOOSING ALONG THE WHOLE LENGTH OF LIFE

Last week we talked of mistakes, of regrets, and concluded that from any error there should be, must be, a lesson learned, otherwise regrets will be fruitless, will fail to improve the future. Often there comes the question as to why we make mistakes. We are not here referring to the inadvertent errors or to the constructive kind of trial and error which is often so essential a part of the learning process, but rather to what might be called character mistakes—mistakes of principle, mistakes of appetite, of offenses against others and against ourselves; the doing of what we know better than doing; choosing to do what we know we shouldn't do—in effect, the more deliberate, knowing kind of failure. The question is too big, too complex here and now to analyze or answer, except to say that there is always an "opposition in all things," and a choice in all things, between right and wrong, truth and error, between self-control and indulgence. Evil is always active. Temptation is always present. And we are always faced with choosing along the whole length of life, and are never safe in relaxing our alert, for there are always opposing forces pulling in different directions. And the way we go somewhat suggests the quality of character, our sense of values, our self-control, our intelligence, our sincere intent. Sometimes when people make such mistakes they offer the explanation that they thought they should sample the unsavory side, so that they would know about such things for themselves. But this is manifestly unsound, because a priceless part of our heritage is to benefit by the mistakes that other men have made, by the principles that have already been proved. And we are not wise in repeating the mistakes that other men have made. Whatever the answers, whatever other elements there are, this fact seems sure: that we are all, in a measure, responsible for our acts and utterances, and that learning, improving, repenting, changing habits, conquering appetites, overcoming evil, conquering error, come only with a sincere desire to do so, only with a willingness, only with wanting to. "Over the times thou hast no power . . ." said Carlyle. "Solely over one man . . . thou has quite absolute . . . power.—Him redeem and make honest."¹

¹Thomas Carlyle.

"The Spoken Word," from Temple Square presented over KSL and the Columbia Broadcasting System, January 27, 1963. Copyright 1963.

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Almost everything you find in a supermarket — frozen, canned, fresh or dried — even the fixtures and equipment, are regularly shipped by rail.

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UNION PACIFIC RAILROAD

Let's Improve Our Family Communications

(Continued from page 272)

argument—why don't they talk it over and work out a mutually agreeable solution? Why doesn't Mary tell her father how she feels? Experience may have taught her that her father will not consider her point of view, or that if she speaks up her father gets angry for being "impertinent." She may be afraid that she might cry or get too upset, or it could be she has never talked over important things with her father and just doesn't know how. Perhaps she thinks her father will punish her by taking away all of her car privileges—or even worse, give her the "cold, silent treatment" accompanied with that hurt "how-could-you-do-this-to-me" look.

And the father—why doesn't he talk this all over with his daughter instead of just telling her? Surely he can see (from the silent signals) that she is upset. It could be that he thinks that children should obey parents—not talk back. After all, that's how he was raised by his father. Or perhaps he fears a tearful scene and to give the order and retreat behind the newspaper is just easier, and less time consuming.

So the father and daughter do not talk because each has roadblocks

in the path of open communication. How can they get rid of these blocks—presuming that they really want to? People and situations are complex and different, and there are no simple answers, but there are some guideposts from which we might build strategy to help meet the situation:

Guidepost 1. Re-examine your assumptions. We all assume things about others that may not be true—but we behave as though they were true. How tragic if the assumptions we hold and think are true, are really false. Mrs. G. assumes that if she tells her husband how she feels he will "get angry and tell her off." He may have done that once five years ago, and she assumes he is still like that. Mary assumes that if she tries to talk to her father he will get angry and punish her, but maybe he won't. Wouldn't both Mrs. G. and Mary do better to assume that the husband or father loves them, wants to have a good relationship, and if approached in love and kindness will respond with love and understanding?

Guidepost 2. Take a risk. In a sense this is the old adage, "Nothing ventured, nothing gained." When we open the communication channels, we sometimes risk the possibility that the other person may get upset, angry, and may feel hurt or resentful, but we are also risking the possibility that the situation will

improve and the end result will be better. Is the reward worth the risk?

Guidepost 3. Build a climate of trust and understanding. By our actions and expressions let others know that we trust them and accept them. Parents need to let children know that they will accept the child's point of view, will listen to his argument, will respect his opinion. More than this, the parent needs to say, "I respect you and trust you enough to share my real feelings with you, to confide in you." Sharing begets sharing, openness of communication begets openness from others.

Guidepost 4. Try—and learn from the trying. As we take a risk and make a new trial, we may make mistakes. Our communication may be misunderstood, but each trial can be seen as a learning experience—we have learned what not to do. Perhaps next time will be better. If others know we are really trying to do better, this may enhance the climate, lessen the risk, and make the next attempt easier and more successful.

Guidepost 5. Keep talking. The easiest thing to do when our communication is misunderstood or produces the wrong result is to lapse into silence, to avoid the issue or pretend it was never said. Usually we have to clear the communication by adding more communication—in the right kind of climate.

Before you buy . . . investigate

(Continued from page 285)

The CSA, or Canadian Standards Association, is a similar seal used in Canada. The American Gas Association seal in the United States means that gas equipment has passed the minimum requirements of performance, construction, and safety established by the gas industry under the direction of the American Standards Association.

7. Investigate the terms of your guarantee. Read the guarantee carefully before you buy any piece of equipment. Make sure you understand the service to which you are entitled. Find out the length of time

that the major operating parts are guaranteed by the manufacturer and how long your dealer or his authorized service agent will, without charge, make any adjustment to keep the appliance functioning properly. A clear understanding of the guarantee and service before you buy can save unpleasantness and disappointment later.

8. Ask for a book of instructions and read it carefully before you use the appliance. This book has been carefully prepared by a trained home economist and will give you complete direction for using and caring for your appliance. Keep it in a handy place and refer to it often. It may save you an expensive service call. As the old saying goes, "If all else fails read your instruc-

tion book."

9. & 10. Use and care for the equipment properly. These go hand in hand. Your satisfaction will depend upon your willingness to learn to use and care for the equipment properly so that you will be as happy with your purchase in a year or ten years from now as you were the day you bought it.

Remember that "efficient use of equipment includes the correct selection, arrangement, operation and care of appliances so that the home-maker may accomplish the maximum amount of work with the minimum of effort in the shortest possible time."

¹Louise Jenison Peet and Lenore Sater Thye, *Household Equipment*, 5th Edition, (New York: John Wiley and Sons, Inc.) 1961, p. vii.

A hot tip on the stork market

A new baby is one of the world's best investments—in warmth and love and happiness. And, like all investments, it should receive the best protection you can provide.

Farmers Insurance Group offers young parents LIFE insurance programs specially-tailored to the growing family's needs and budgets and planned to insure the youngsters' education and future security and your own comfortable retirement.

FARMERS OFFERS COMPLETE PERSONAL INSURANCE. Farmers AUTO insurance gives you the finest coverage and superior service. Homeowners insurance provides the best protection—FIRE, THEFT and PERSONAL LIABILITY—for your home and its contents. And Farmers is famous for rock bottom rates.

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Teaching the Gospel in the Home

(Continued from page 273)

position. He asks himself, "How does this situation appear to my child?" In doing so, he remembers the experience, knowledge, understanding, and wisdom of his child.

Involvement. An individual is more likely to understand a principle of the gospel if he, himself, is responsible for understanding and living it. A person appreciates tithing when he pays tithing. A person understands more completely the nature of baptism if he himself has been baptized and realizes that baptism is the way of coming unto the Lord, also if he has the responsibility of presenting the principle of baptism to someone else.

Naturally, a person best understands something if he has had experience with it. This is one reason why the Savior frequently used parables or stories which couched the principle in terms of the experience of his listeners.

Actions. Consider the following situation: A parent tells his child to be honest, but cheats on his income tax, or, when someone calls on the telephone to whom he does not wish to speak, he says, "Tell him I am not in." Actions speak louder than words. If two parents are kind, considerate, and patient, such behavior is likely to be imitated by their children. If their parents are immature and shout at each other, it is quite likely that their children will follow the same pattern.

Systematic Study. On many occasions and for a number of years the leaders of The Church of Jesus Christ of Latter-day Saints have admonished its members to hold a regular family hour. This can be a period in which the principles of the gospel can be analyzed and discussed. Such occasions can be most meaningful if held regularly and if the family decides on projects that deepen the understanding of a given principle. Suppose, for example, one were discussing the second commandment, loving others as much as we love ourselves. Each individual member could decide on something that would demonstrate his love for others in a concrete

way. Perhaps he becomes a better neighbor. Perhaps he decides that he will be kind in the way he addresses others. At Christmas time or other occasions he selects individuals who are in real need to whom he gives gifts.

Teaching Moments. Some of the greatest opportunities to help a child gain an understanding of the principles of the gospel arise from everyday relationships of family members. On these occasions, the parents can help their children to make choices. Often, a child will ask a parent a question. By evading the question or saying, "Wait a minute," he may cause the child to lose interest or cause him to go to other sources to find his answer. Often, too, the

child, the teaching moment for this principle is right, and the child's insight will grow significantly. If a parent is aware of the principles of the gospel and is consciously seeking to make them part of the lives of his children, he can find many opportunities daily to do this.

Be Specific and not Abstract. Children learn in specifics and not in abstract generalities; for example, the best way to teach tolerance is by demonstrating tolerance to others. If a neighboring child has been particularly difficult, and you as a parent invite him in to play with your children and accept him, the teaching of tolerance will be taught in a specific and not an abstract manner. You may not condone some of the conduct of the neighbor child, but your own children will sense the love and acceptance and will understand much better the concept of tolerance. Whether it is tolerance, honesty, love, forgiveness, or whatever principle may be taught, the more specific and concretely it is taught, the more effective it will be in the lives of children.

The Spirit in the Home. The Lord said on one occasion, ". . . if you receive not the Spirit ye shall not teach." (D&C 42:14.) Parents must realize that in the home they continue to teach, whether they intend to or not, for young children imitate the parents and set up their own patterns of behavior on the basis of how their parents behave toward them. If one is effective in helping his children understand, accept, and live the principles of the gospel, he develops in the home a spirit of kindness, patience, and love, following the pattern the Savior would have the family live.

Teaching the gospel in the home becomes a great opportunity for maximizing the joy of both the parents and the children; extending far beyond the confines of that single home it affects the lives of all people touched by these family members, and it also has a bearing upon generations yet unborn.

It might be useful for parents to take each one of the guideposts and hold a family discussion concerning its meaning. Following such discussions the parents might then decide on some ways of implementing the guideposts in the actual day-by-day living in the home.

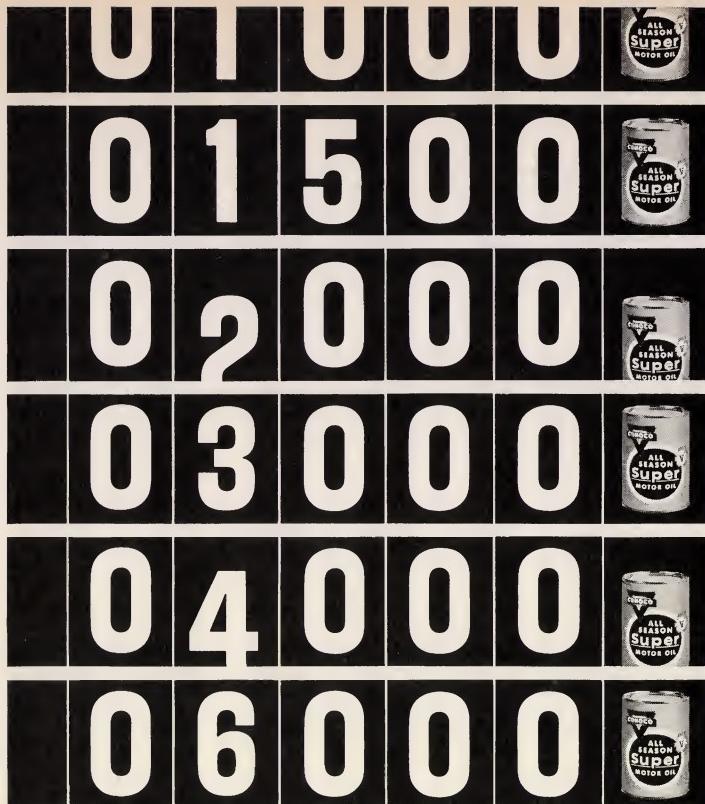
THE PAINTED DESERT

BY CLARA LASTER

*Rainbows are growing
In Navajo lands,
Spilling jewel-colors
Over wavering sands,
Spiraling naked rocks
And brooding clay,
A spectrum of sunlight,
All through the day.
When rain clouds beckon,
Delicately, they curl,
Then a part of the desert
Hangs over the world.
Yes, rainbows are growing,
Bright in the clay,
And that's why the desert
Is painted that way.*

situation of the moment is in the consciousness of the child. By using it to increase and deepen the understanding in the mind and soul of the child, the parent can be truly effective.

Suppose, for example, a child should ask, "How can Heavenly Father hear my prayers when so many are praying to him at the same time?" The parent in this situation may take the child aside and talk to him about how Heavenly Father knows even when a sparrow falls to the earth. He can explain the greatness of God's understanding and knowledge, how he created all things. Then, if the child asks questions and there is an interchange between the parent and



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miles between oil changes recommended for your own car by its manufacturer, with complete safety. In summer. In winter. In slow-moving traffic or at high turnpike speeds hour after hour.

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Change to CONOCO



**hottest brand
going!®**

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All the World is a Stage

(Continued from page 278)

Karma Cornell?"

The door opened suddenly, and there she stood. Rashell Ramone, more beautiful than Karma had ever dreamed. Rashell was not only beautiful but as lean as the shoot of a willow.

"Karma, my darling! It is you!" The famous voice trembled slightly. "Come in, Karma, honey."

Karma felt the tears coming. She hadn't dreamed of such a warm welcome. She had practised before the mirror, offering her hand in friendship. But this . . . these hugs . . . and kisses on the cheek, she had never dreamed that Rashell would be . . . would care to remember.

"At last we're together," Rashell murmured. "It's so good to see you again."

"It's been a long time," Karma said.

"Too long." Rashell held her at arm's length and said, "You're so pretty, so . . . so unspoiled and beautiful."

"You're the one that is beautiful, Rashell."

"This is makeup, honey, and it clings like glue. The me, beneath all this is . . . but we won't go into that. Tell me about my dear Karma. Tell me about your husband."

"Well, Mike is a regular guy. He works very hard to keep us all sheltered, clothed, and fed, and he helps with the children and dries the supper dishes. That's about all there is to tell about my life. It's very dull, really."

"You call life dull when you have developing children to watch? How many little ones are there?" Rashell seemed genuinely interested.

"Five with little Donny." Karma smiled thinking about each little personality.

"You are so lucky, Karma. These children are living things, something to have and to hold from here . . . through eternity. You chose so wisely." Rashell's eyes misted.

"But tell me about yourself. Your life must be so exciting," Karma queried.

She watched the various memories, both good and bad, make their small changing tides of expression on Rashell's face. A smile lay mo-

tionless along her mouth. "After you left the summer stock company to marry Mike, I went to New York. I'd rather skip the part about knocking on doors of agents, managers, producers, and so on. Four years later I had a bit part and a flat on the East Eighties."

"I want to take you someplace for lunch, where we can talk," Karma said, looking about the windowless dressing room with its cardboard like walls. "Could you break away and go down to the Emerald Room?"

"Karma, I'd like nothing better, just sitting down to a table for two and visiting over fried chicken and

SPEECH OF SPRING

BY GILEAN DOUGLAS

*How delicately spring can say
What the autumn winds must shout,
Gently, quietly, convey
What the year is all about.*

*Show in radiant butterfly
Summer's bright maturity,
Echo autumn's scarlet cry
In a budding maple tree.*

*Pile a drift of dogwood white
As the porphyry of snow,
Point with every tyro flight
To the way the year must go.*

mashed potatoes, and thick, rich gravy, and two or three slices of bread like your mother used to bake; then top it off with homemade ice cream, and chocolate cake. Ah, those were the days. But it can't be done now. I've tried on occasion, and I'm simply mobbed, going out in public, I mean. Karma, it's just like we dreamed long ago. There's the name in bright lights, and people swarming about, and there's excitement, but it isn't real living, Karma, just acting. Honey, you're the one that's really living, and I envy you so much."

"And I envy you. If I could only trade you places right today, Ramone."

"No, dear, you're smarter than that. But back to the luncheon idea. If you don't mind eating here

in the dressing room with me. . . .

"Honey, I can't even eat like a real human. If I did I wouldn't be able to squeeze myself into this straight jacket." Her fingers outlined her form.

During the lunch they talked about their girlhood days, and their mutual friends, where they were and their successes in life. But always they came back to the comparison of their own lives. How the twigs had bent their separate ways.

Karma's eyes grew dreamy. "Remember how we used to paraphrase Shakespeare's words: 'All the world's a stage, and all the men and women players; they have their exits and their entrances and one gal in her time plays many parts.' If I had only made the grade, stayed with it as you have. I, too, would be playing roles now."

"Karma, darling, don't you see? You're playing many roles, many more than I . . ."

Just then knock was sounded on the door. "Miss Ramone, you're on stage in two minutes."

"That's my cue, honey. Be sure and stay for the show. The doorman will show you to the reserved section. I'll catch my plane immediately after, so I'm afraid this is good-bye."

The famous Rashell Ramone was gone.

Karma found it very exciting being ushered from behind stage to her seat near the curtain. She felt the eyes of many upon her, as she took her place. She was glad she had spent the money for her new beige and brown ensemble, instead of wearing the old paisley dress.

Only too soon the play was over, and Karma found herself riding the bus out to the suburbs back to her home with Mike and the children. The bus was not crowded at this hour, and no one she knew came to occupy the seat beside her. There was time for meditation.

"I'm glad Rashell made the grade," she mused. "I sort of feel an osmosis joy in her success. Rashell was more friendly, more human than I ever dreamed she would be, being so successful." Karma had wondered if she would even care to remember an old friendship since she became a star. But she had remembered, and welcomed her into her arms, and even bought her dinner.

What was it Rashell had said about her children? "Those children you and Mike have are living things, something to have and to hold from here through eternity." She had said something, too, right at the last, just before her curtain. What was it? "Karma, darling, you're playing many roles, many more than I."

What had she meant? Karma thought of her own life. Was it as simple and drab and dull and lifeless as she herself had felt it was? She was sort of playing many roles, just as Rashell had said. Why she, Karma Thompson, had the role of companion to Mike, the nicest guy in the world. And she had the role of mother to five growing children. She had the role of housekeeper, cook, nurse, buyer, manager, seamstress, and teacher.

Her whole success lay not in being passably good in one or two of these different roles, but in being highly proficient in all of them. Her entire family's happiness and success in life, not only their lives now, but through the coming generations, depended on how she raised her children, how she met the demands of all these many roles she played.

As the bus came to a stop at her corner, there was Mike waiting in the car for her.

"How's my leading lady?" he asked as she seated herself beside him in the car. "Have a nice time?"

"She actually was happy to see me!"

"And why shouldn't she be. You were friends for . . ."

"Mike it was simply wonderful, and yet it's all been more than that. It's been an eye opener for me."

"What do you mean?"

"Oh, it's hard to explain, but I will say this, Mike—though it may sound sort of corny to you—I've never been so glad to be just plain Mrs. Mike Thompson as I am this very minute."

"I don't see anything corny about that." He eyed Karma again from the tip of her toes to the crown of her head, and he liked what he saw. "I don't see anything plain about Mrs. Thompson, either."

Mike was steering the car into the driveway. He turned off the ignition, then gathered Karma to him affectionately.



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Grandmothers and Grandfathers

(Continued from page 259)

mellow. Kindness flowed from her lips and was the epitome of her living. Her family—their integrity, their straightforwardness, their usefulness, and their abilities—was her hourly concern. She overcame her disappointments, her frustrations with a childlike faith in God, that has and will be an inspiration for generations to come. She was a noble, true mother.

Perhaps we did not become so intimately acquainted with our grandfather. We will remember the crook of his cane and the twinkle of his eyes as he snared our small legs and drew us to him. With one arm about us, he would hold a confidential session which generally terminated in his finding a dime in his pocket for anxious small palms.

As a boy pioneer of 1847, he had faced the difficult starvation periods, the land clearing, the building of many houses in many desolate areas to which he had been sent. His life was that of subduing a hostile environment for the blessing of his loved ones and his fellow men.

As children we shared our parents' extreme anxiety when, as was his wont, he must come home for Christmas. The bridge of the river, having been swept away, he had himself strapped to the back of a horse that it might swim him across the swollen stream. The integrity of a promise was too important to be broken casually.

How he wanted us—his posterity—to be strong and true!

To my very humble grandparents we owe much by way of precept

and examples of togetherness. They were early immigrants, unable to acquire worldly goods and were never privileged to attend schools of learning. However they understood with deep conviction God's purposes for brotherly love and forgiveness. They set an hourly example in their home of frugality, cleanliness, orderliness, and honest endeavor.

Our grandparents invited their children to help them, some baking the bread, others providing the staples for daily living. As children, we pulled the little wagon filled with bottles and bags of food to them. Grandmother always seemed to anticipate our coming. She would meet us halfway on the hill to assist us in the last long pull. We were always rewarded by being invited to reach into the peppermint can and fill our small fists because she loved and appreciated us. For our supper, our grandfather would give us a big white onion and a long white radish that he had grown in his garden.

No envy, no strife, no bitterness, no condemnation, or criticism ever seemed to be breathed in their presence. Everyone was expected to do his best in honor, in honesty, and in integrity. In the beginning grandmother had to walk to the river for her culinary water. There was no complaint; she was living in a land of freedom, and to be free was to expand and grow. She prided herself that she could look in two directions from her pioneer doorstep and see the homes of her six children, all well-established with farms of their own, with means to earn a living, and with church and civic responsibilities.

If she became perplexed and did not know what to do, she would pray aloud so fervently, so sincerely, so plaintively, that we could almost feel that God was close beside her. This had a tremendous impact on our lives.

What brings a family together? It is a cohesiveness brought about by love and affection and sacrifice for each other. Togetherness is a cause of affection, and affection is a cause of togetherness. It is a striving together to reach common goals through working together, playing together, worshiping together, and helping each other, unselfishly. A family may keep the lines of communication open to each other by being teachable and facing reality. We live in an expanding, growing, and changing world. As grandparents we must be especially interested, able to listen, to learn, and to grow. We must be flexible, pliant, and intelligent; willing to set the examples of righteousness.

The eternal nature of family life, and the eternal nature of the principles of the abundant life that Christ taught do not change. They remain constant throughout all our experiences. To love God, to love our neighbor, to do good to them that despitefully use you; to be obedient to authority, to show frugality, temperance, industriousness, and display loving kindness are principles that have been tested through the ages and continue to be essential to family solidarity and togetherness. Each can test these eternal principles according to his capacities, his knowledge, and his environment—the proper application of which will produce righteousness, togetherness, and family solidarity.

Marriage, a Growing and Becoming

(Continued from page 263)

the best in each other, we must seek for it and invite it to the surface. This requires communicative exploration of personalities and shared experiences. Many couples complain of a lack of pleasant experi-

ences shared together or that they do not have time for each other. Yet, Jesus taught that we always have time for the "treasures of our heart."

In a fast moving world of increasing pressures we expect the family (and, particularly the marriage partner) to be understanding of the many shifts that pressures demand. Today's world doesn't allow much time for spontaneous living. So, it

would seem wise for couples to make "courtship" one of the treasures for which time is religiously reserved.

Married life should and can have a "sparkle!" This sparkle flows from personalities who feel loved and appreciated. Courtship means continually providing little courtesies and considerations that give the partner a feeling of being appreciated. It doesn't matter what we do as long as the partner perceives

it as "consideration." To one wife, opening the car door is a symbol of continuing courtesy. To another woman an occasional gift or flowers, an appreciative kiss when the husband comes home each day, or a telephone call from him asking her for a dinner date may be more desirable courtesies. To a man, a favorite meal, a shared football game, or an extra bit of attention may be significant while "thank you's" and compliments are always wonderful tokens of appreciation for both parties.

Partners give cues to desired courtesies in daily living. If a wife mentions a new hat, dress, or chance to do something different, she's probably not complaining. She may be trying to say, "My life is so full of routine, I'd like some help in

CALICO FLOWERS
BY ETHEL JACOBSON

*Now the meadow puts aside
Her winter shawl, and Eastertide
Finds her shedding sober brown
For a gaily patterned gown.
Five-spot mallows spread and grow
To fashion skirts of calico
Crisply printed, swirling wide,
Fresh and bright for Eastertide.*

making it seem more interesting— maybe a new dress, maybe a chance to visit with friends, or maybe just a chance to go somewhere with you." By observing our partner more carefully and listening creatively we become aware of inner desires which creative interaction should feed. Our ability to follow through in providing satisfactions for such inner needs gives us a very special opportunity to feed "sparkle" into our relationship.

If more than mediocrity is desired in a marital relationship, each partner must be dedicated to search for and contribute as much "sparkle" as possible. Being as honest as possible, creative listening, and honest communication help establish an atmosphere in which "sparkle" can thrive. Courtship should begin with "I do" and blossom throughout eternity. Marriage as a "growing and becoming one" opens the heartstrings from which love swells and encompasses all.

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Living with Children

(Continued from page 277)

we realize how common and usual they are, we will find ourselves worrying less. We should, as a result, grow more comfortable, secure, and certain. We can be freer and feel at one with ourselves. As a result, the spontaneous interaction which we can then have with our children should lead us to the achievement of a richer, fuller, more accepting way of living with children; and as a result, we should be able to meet our responsibility of parenthood by helping our children develop generous and wise understanding and to become a sturdier part of the future.

Reasonable Expectations. We want our children to be a credit to us, but this should be rationally measured in terms of their happiness rather than the extent to which they conform to the demands of our adult world around them. We cannot expect our children, for example, to greet our friends with as polite enthusiasm as we do. We cannot expect our children to show themselves off to best advantage just when we want them to. We must come to count on the occasional embarrassment they create for us and be sophisticated enough to realize that other people who have children will understand. All of this requires more than merely an intelligent understanding of children. The patience and willingness to forgive that comes from love are necessary.

Most of us have had fostered in us the lifelong concept of children as the ultimately soul-satisfying achievement. Such buildup may make it difficult for us to admit freely that moments enter which are not lovely and serene. It may make it difficult for us to realize fully that our relationship with our children cannot always be harmonious and sweet. It may make us blame ourselves unduly for the unhappy scenes that normally arise in the course of any family's ongoing days.

We need to admit with honesty that difficulties do exist. We need to meet them with openness when they come, but we need not make them greater than they are. We need not create difficulties because

of understanding too little and expecting too much.

Much trouble comes from over-expectations. We expect the whole adventure of having a family to be consistently more perfect than it can possibly be. This is one type of overexpecting. We expect our children, little and big, to live up to all sorts of standards which are many times far beyond us, but above all—and most devastating—we expect ourselves to be model parents, creatures of quiet and calm.

We need desperately to understand ourselves a great deal better; and we need to understand a great deal more about the processes by

WINDS

BY JEAN RASEY

*Though cliff-winds are whip-like,
they often blow gently
Where eaglets are nesting in bluff-
seeded tree;
They tumble and run with a cotton-
soft bunting
And frolic with larks on a wildberry
lea.*

*The winds of the highlands and low-
lands are playing
With fledgelings, bright-feathered,
just learning to fly;
They run in quick flurries to bolster
their efforts
To soar on wide wings down a bit
of blue sky.*

which children grow and develop and mature.

Guidance. A major responsibility of living with children is to provide guidance to them based upon sound principles and healthy attitudes—a kind of experience which nurtures and encourages growth to take place rather than attempting to mold a child into our preconceived dream or by trying to exact strict obedience.

We do not teach or educate a child rightly by merely putting things into his mind. This holds dormant what would otherwise be unfolding intelligence. A part of sound character-building is calling forth the child's own efforts. He must participate in the process of experiencing, feeling, and working. In this way, he grows in comprehension, understanding, and ability.

Our children will learn the values

which we seek to teach them through our own integrity and clarity. Only with inward consistency can we develop a child's character, and it is a continuous process. It comes out of an impetus which the child himself feels in response to our right teaching and feeling, an impetus which calls forth the urge to do his best.

The development of goodness and strength is the development of life and character. This is our function as parents.

As we try to provide the best kind of guidance and training for our children, our main goal should be to arrange circumstances which surround the child in such a way that it is easy rather than hard for him to learn. As we attempt to help our children learn new and/or improved ways of living, we need to be aware that the first task in any attempt at new learning is in the area of attitude. A child who does something under duress to please somebody for reward or to avoid punishment learns with little energy at his disposal. It is easy for us to distinguish between halfhearted and whole-hearted participation. When desire to do or have has become whole-hearted, the child has his whole self to focus upon it.

Another important point for us as parents to keep in mind is to trust co-operation as a major contributor to growth and development. We have learned for certain that children accomplish more through co-operation than through competition. Whether it be building a diving stand for the lake or prettying up the horse for the horse show, what is done together yields more in human values than children pitted against each other. There is no question but what competition does obtain results in many ways, such as keeping a room tidy, attaining higher grades, etc., but in appraising our responsibilities of rearing children we must look beyond the accomplishment of an immediate task to the human values which are being developed either intentionally or unintentionally, consciously or unconsciously. There is considerable support for the point of view that competition with one's fellow, rather than co-operation with him, is a tool of defensiveness.

Children need to live in a climate

which is heavily laden with the "three L's." They should live and learn and love. In order to accomplish the achievement of such climactic conditions, the following observations are offered: (1) It is helpful to treat children with the kind of concern and seriousness with which we like to be treated. (2) It is helpful for children to live in an atmosphere in which they can make their own mistakes gracefully and be courageous enough to profit by them. They, like ourselves, tend to alter or adorn the truth when they feel the inequality of themselves and the truth as it is. (3) Children will tend to emphasize in their values that which they find others emphasizing. (4) The skill to live abundantly lies more largely in one's interpretation of his environment than in the actual richness of it. One learns to love by being associated with good lovers. And those who learn to love have good life insurance.

Love. Every well-meaning parent believes he loves his child, yet how many have thought deeply about the meaning of love? Behind all of our teaching, assisting, and training of children, there must lie a clear insight into love and an understanding of its true expression. Our children are a reflection of that love. We see the reflections around us every day and read of their problems in every newspaper and magazine. We see children whose parents quite evidently love them, but whose lack of insight into love has brought them unhappy and sometimes tragic results. Thus the questions arise, what is the love our children need and how do we express it?

Is it love that showers the child with gifts and belongings, steers him toward a predetermined niche, or sets him on a throne for glorification? Is it love that sternly tries to push the child toward premature adulthood, prodding him along with scolding, disapproval, and physical punishment? Is it love that prompts us to keep everything pleasant by allowing the child to do anything that will keep him "happy" and pleased with us? Is it love that makes us reluctant to interfere or to spoil his "fun" when the need for direction is there? Is it love that makes us afraid that he won't love us?

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Neither permissive indulgence nor rigid demands reflect the insight of love. We need to recognize and make our own, that less familiar form of love which comes from a deeper level and transfigures the entire relationship between parent and child. Real love is wisdom. It loves wisely and educates its children in the ways of wisdom. It is an unselfish love.

Living together means playing together, solving problems together, cleaning house together, cooking meals and baking cookies together. It means being responsible for one another in sickness and health, helping each other when happy or unhappy. It means enjoying the house together, protecting the furniture together because it belongs to everyone in the family and has to last a long time. It means learning new things which bring us happiness and sharing experiences as they occur.

Children learn the art of living together happily by participating day after day. They are a part of all that goes on, and if you forget their part, even in what seems a trifly, you can cause heartaches. There are no easy lessons which help children learn to live with others, and they cannot live one kind of life during the first five years and suddenly acquire different techniques after that.

Living, working, playing with children day by day and week after week must not be underestimated. If you step back and look at it, you will realize that the responsibility is staggering. When you watch children grow day by day, the responsibility grows along with the child, and therefore, it is not heaped upon you suddenly. Living happily, successfully, creatively with children in a family must be a continuous process.

What are the ingredients that must be put together and mixed well to get true co-operation—not the surface kind? Real teamwork in the family is found where consideration for others plus an honest attitude are in action—not just talked about. This should be something so basic that it is always present and rises when needed. Being thoughtful of others is a basic personality characteristic that should be developed in all children. The easiest way to help the young child start on this

development is to make sure that he sees and hears thoughtfulness all about him.

Every family tries to have as few crises as possible, but there will be some in spite of our best efforts. When they appear, it is better for everyone to focus on a possible solution than to prolong the argument of who is to blame for what. When peace and friendliness have been restored, happy human relations among the members of the family are re-established.

To get the family through a crisis of any kind, the number one need is for cool heads and good judgment.

APRIL RAIN SONG

BY HELEN C. BUTLER

*Pink clouds against the midnight sky
On feathered wings appear to fly.
Some lithe as youth, some bent with age*

*Skirt across the darkened stage.
Footlights dim burn here and there
Of solemn duty unaware.
Glistening branches bare-limbed mourn,
Their frail buds straining to be born.
April's tears are but brief sorrow,
Dried by the sunshine of tomorrow.*

If one member of the family can only say and do the right thing, he will save the day and set an example for others to follow the next time. Consistent practice of good judgment at times like these will be invaluable, and the next time need not be a difficult time if we learn from past experience.

There will be days when it seems that every member of the family is pulling in a different direction, when no two agree on anything. It is difficult to be reasonable or calm on a day like that, but for every really rough day, there are many when consideration and co-operation predominate. Remember these good days, forget the others, except when you analyze to see how they can be avoided.

In order to evaluate how well we are doing in our task of living with children, we might ask ourselves

some of the following questions: Are the avenues for giving and receiving love open? Are these children of ours able to express affection—to give it and receive it? And, as they grow, do they express affection outside and beyond the walls of their home? How about their response to others?

How about their sense of belonging? Can they participate in their own endeavors? Can they add their effort to the effort of others?

Can they feel that their efforts, though frequently fumbling, are nonetheless worthwhile? And are they able, also, to take credit for their achievements? Are they able to see that the process of doing possesses worth as does also the product resulting out of what has been done?

Can our children face and express their feelings, their wants, fears, and unfulfilled yearnings? Can they talk about these with us and in talking help to clarify issues and to lessen the stress? Do they dare put into words what is hurting them deeply? Do they dare protest whatever is unfair and unjust?

Do our children have courage? Can they face new horizons? Can they adjust as they go on living to changing conditions, still able to feel that they are wanted and worthwhile, still able to feel that they fit and belong?

What our children are is one measure of our success. What we are is another. These very same questions, these same considerations apply not alone to our children. They apply as well to ourselves.

Living with children can be one of the most challenging and one of the most sacred experiences we can have in this life. Responsibility is the keynote—a responsibility squarely shouldered and strongly based on self-awareness, willingness to grow, and a clear knowledge of what a child is, and what, with love, he may become. There is no formula or set of rules which can be set down. Rather it is a matter of learning to develop wise attitudes and the ability to love freely and creatively. It may be discouraging to some, but the potentiality for achievement, service, and contribution is far-reaching. The few precious years with our children wisely spent offer our greatest hope of securing a better world.

Homes to Live In

(Continued from page 275)

ingredients to make it work and give comfort, have beauty, and personality.

The single most important element in decorating is color. If you do not have a natural feel for color, that is no cause for concern. Color has become an exact science, and your nearest paint store has helpful guides to assist you. But to begin with, choose the colors that you like, colors that you feel comfortable around. Beware of well-meaning friends and some sales people who may tell you emphatically that "They" are not using certain colors this season. "That was a year ago." Remember that the house you are furnishing is for *you* and *your family* to live in.

There are many ways to build liveable color schemes. Start with a color you like and use a chart to help you select harmonizing hues. Another way is to select a beautiful fabric, or use one you already have, and build a color scheme around it.

Perhaps you have a treasured picture; if so, let it be the inspiration for your color scheme, selecting the soft muted tones for backgrounds, and the more vivid colors for accents. Color is exciting and challenging. You can work wonders with it. Besides making a room warm or cool, light or dark, you can alter its apparent size and proportion. There are many tricks you can do with color to help solve your decorating problems. Closely blended colors can conceal defects; contrasting colors can emphasize a lovely object. Some colors are restful and soothing; use these over large areas. Other colors are stimulating and active; these are better used in small amounts as accents.

The real fun of decorating comes in working with fabrics. Never has there been such a variety from which to choose for any manner of room or any purpose. Fabrics with fast color, plain and textured weaves, classic or contemporary design, washable and drip-dry, are available at nominal cost. With a few yards of colorful fabric and a little imagination you can work real magic.

If you are a do-it-yourselfer, there is probably nothing which, with so little effort and expense, makes so much difference as painting or papering walls. Improvements in paints and painting methods have taken much of the mess and tedious work out of the process.

For your selection the market is virtually exploding with rich and varied wall coverings. Paper, fabrics, and plastics which are washable, scrubbable, pretrimmed, and prepasted are available to suit any room of any style.

The largest single investment for the interior of your home is usually the floor coverings. Choose your rugs and carpets carefully from a reputable dealer. A good quality is the best economy.

Carpets and rugs add to the feeling of well being of the family by making the home attractive and liveable and bringing all the furnishings into harmony. They add warmth, quiet, comfort, safety, and beauty.

Before choosing your furniture decide on the general theme or feeling you wish to achieve in your home. If you are a sentimental family who

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likes tradition and a friendly informal atmosphere, then Early American can suit you.

If you like a bit more elegance, yet a homely and comfortable feeling, French Provincial (probably the most versatile of all furniture) may be your choice.

If a formal atmosphere becomes you then perhaps the eighteenth century Georgian, which is having a revival at the present time, will appeal to you. The present wave of prosperity in America, the new attitude of the country's museums, the restoration of many famous old houses, and the re-decorating of the White House by Mrs. Kennedy and her committee are stimulating a new interest in furnishings out of America's past. Some aspects of tradition may be to smile at, but there is much to be learned from tradition—a sense of proportion, the difference between simplicity and austerity, and the combination of beauty and practicality. Our forefathers were a practical people, and we can learn much from emulating them, keeping in mind our modern methods and conveniences.

If the Contemporary is more to your liking, there is a great range from which to choose—from the

plain functional to the classical, and from the clean lines of the Scandinavian to the exotic Oriental.

Whatever you choose, do not feel that you should follow slavishly one style. It would be monotonous. A room which is purely authentic in every detail can be very dull.

Give a room character by giving it an element of surprise. Dare to use your imagination. Fragments of old beauty or old treasures from the attic can turn into useful decorations for a modern room and add personality and charm.

Simple ideas can lend enchantment to plain rooms. A graceful branch in a simple vase and a carefully placed spotlight can add a touch of glamour to an otherwise dull corner.

In planning and decorating individual rooms, encourage family members to contribute their ideas. Let a boy's room reflect him. With the wonderful new fabrics and floor coverings it can be both attractive and boy-proof. A girl's room can be as frilly and dainty as her heart desires and yet be "drip-dry."

A boom to family living is the return of the dining room. How can a family learn the art of gracious living

sitting on stools eating from a counter three times a day? When the family is gathered around a well-appointed table, it is the best opportunity for teaching the little arts of refinement, as well as sharing daily experiences. The separate dining room should be a must in every home, where family unity is important, even at the expense of cutting corners elsewhere. For instance, bedrooms need not be large. A room barely large enough for a bed, a chest, and a chair is adequate to offer its occupant that precious feeling of having one's own private domain. The extra space is more important placed where the family gathers.

Let your personality and the personalities of your family be felt throughout your home. Let your house reflect an active interest in a rich and full life of books, music, hobbies, and religion.

In your home, in everything you have and everything you do, a sense of appropriateness is vital to the feeling of well-being of each member who dwells within. Remember that homes are to live in, and the most important ingredient of your home is the people.

These Times

(Continued from page 246)

cient educational, religious, social, and economic functions of the family are supplemented by state, church, corporation, and other associations.

Perhaps one reason is because the modern family has become so mobile and nomadic. Assess your own family situation. Here is mine: I have had over twenty addresses, including ten of my father's. His household moved ten times in the first fourteen years but maintained the same address during the last four decades—something of a record in this day and age, and a factor of some stability, I believe, in affording a central address all children and grandchildren will remember.

Our nomadic ancestors, including Abraham, Isaac, Jacob, and Joseph, moved about also. Joseph, you will recall, went to Egypt and made good at the age of today's high school

student. It was a nice climate. Food was plentiful. Joseph was influential, and his brothers followed. Even Jacob, in his old age, moved to Egypt as folk today go to Florida, Texas, Arizona, or California. The Hebrews maintained their unique family traditions, although their economic situation changed. This was because of the religious basis of their family life. They undoubtedly had family prayers.

States' rights movements have sprung up to help vitalize local government in our centralizing age. Chambers of commerce, national trade and professional associations have emerged to try to conserve the values of separate and private economic groupings. But where is the National Association of Heads of Families? Or the American Association for the Advancement of Homemakers? Or the Husbands and Wives Benevolent and Protective Association?

There will not be any, nor should there be. Somehow, as observed

some time ago in this column, ("Time for the Family: The Children Speak," Era, Vol. 63:132, 1960), we must keep the family afloat. It will require determination, patience, sacrifice, and above all intelligence and hard work. Religious leadership in that great, primary organization, the family, will simply have to function. As time goes by, I have decided, for myself at least, that to be a good deacon at home during snatches of time, seven days a week, is much harder than being a good deacon for an hour and a half at Sunday School. Both are important, but the first is harder than the last—in retrospect. The standard quorum award for the family is one we will all have to compute, establish, and win for ourselves, in our own time, with our own limitations. This is our religious duty, not the bishop's. He has a family, too. And he often needs two cars, one a station wagon, so his wife and family can join the other family caravans.

Living with Leisure

(Continued from page 281)

aside for the health and happiness that only a "family night" can bring, a day should never pass without enjoyable family moments in addition to mealtimes and family prayers.

A first essential of family activity is to make sure the whole family actually *does* something. It is easy for individuals, and even whole families, to drift into what J. B. Nash, former dean of the College of Physical Education at Brigham Young University, calls the "mental flophouses of recreation." He is referring to a recreation diet made up exclusively of movies, television, pulp magazines, comic books, and watching this or watching that activity.

There is nothing bad about spectator activities, he says, but they are far from adequate. Much of this type of recreation is low grade, poor quality, has only a relatively few participants, and develops a race of people who are willing to let the other man do their thinking for them. The first principle governing family recreation should be: "Be ye doers!"

VARIETY should be a key word in selecting family activities. Proper recreation should include reading, singing, studying, some activity games, and some creative effort—all sprinkled with laughter and good humor. In one particular family, a favorite recreation hour is spent in helping Mother prepare her weekly Sunday School visual aid material. Family recreation can go hand in hand with religious learning and should be an integral part of every day's routine.

And make it PROFITABLE. Families must look upon leisure and wholesome recreation to help open the doors to understanding and enjoying the arts, sharpening their physical and mental skills, understanding the world about them, and learning democratic living. Living with leisure recognizes the task of enriching lives, strengthening bodies, and stimulating dulled minds.

Luther Gulick, a pioneer of youth organizations in America, once said: "If you want to know what a child is, study his form of play; if you want to affect what he will be, direct that form of play."



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The Family Dollar

(Continued from page 267)

meanings in money and consequently feel different about it. This is evidenced in the catchwords and slang expressions that we are all familiar with. The old saying, "He who pays the piper, may call the tune," shows that we see hard cash as the equivalent of power. Many consider it a reward for, or the equivalent of, being virtuous. There is still a strong tendency to make wealth the only measure of success. Certainly the Savior saw this tendency and warned against it repeatedly. Considering this very condition he said:

"... Take heed, and beware of covetousness: for a man's life consisteth not in the abundance of the things which he possesseth." (Luke 12:15.)

The job of income management and family happiness would be made much easier if we could develop more fully the feeling and attitude of stewardship, as explained in section 104 of the Doctrine and Covenants. This principle of stewardship in ownership of physical property and money is very important as it invests all ownership with benevolence. This attitude will take from materialism its power to enslave men and rob them of their altruistic ideals.

As we develop understanding of money and its uses in the family, it is of great necessity to develop family financial plans and goals. There are many sources of expert advice in formulating these plans, but they should cover the following areas:

1. Church obligations—tithing, fast offerings, ward budget, etc.
2. Protection—adequate insurance, including life, health, home, and automobile coverage.
3. Emergency fund—most writers agree that this should be anywhere from two to three times your monthly income.
4. Investment programs—including home ownership.
5. Family progress—such as missions and education.

Once these long-range goals have been established, the family will be able to figure out what will have to be done to achieve their long-range

family plans. The most important single tool is the family budget. Perhaps the most important thing to remember in budgeting is to make it a family affair involving all family members. This was illustrated rather poignantly in the best seller (as well as the movie version) *I Remember Mama*. Every Saturday evening this Swedish immigrant family sat around their kitchen table to allocate their money. Papa, who previously had converted his paycheck into currency, put that week's money on the table. Mama put aside a certain amount of that money for next week's food, a certain amount for the rent, some for "the bank," etc. Then the family as a whole decided what to do with the remainder. If it should turn out that Johnny needed a new pair of trousers and Edith needed a pair of shoes, but not enough money was available for both, the choice was made on the basis of comparative need. Should the family decide that Johnny needed trousers more than Edith needed shoes, money would be put aside for the trousers, with the understanding that Edith's shoes would have top priority the next week.

Specialists on budgeting recommend that the family not try to make their expenditures conform with any preconceived percentage norms. Instead, the family should keep records of their actual expenditures for 3 to 4 months to discover what they already are doing. Then they must decide which of their disbursements should be decreased and which should be increased to promote the family's well-being over the long run.

There are two principal methods of budgeting, with many variants of each; viz: (1) the envelope method, where the month's allotment for each category of spending is placed in an envelope, and (2) the checking account method. In the first method, difficulties are likely to arise as a consequence of "borrowing" funds from one envelope to another to meet pressing emergencies. When this is done, record must be made of it and a later adjustment made.

The checkbook method of budgeting throws all income items into a common fund with fixed limitations being established for expense distribution. Checks are drawn for various purposes; entries are then

summarized at the end of each day in expense distribution columns. When the budgeted amount for each category has been used up, no further checks can be drawn for that purpose until the next accounting period.

The first method is subject to risk of loss or theft. A second shortcoming is that no expenditure records would be available at the end of the year, and such information is very helpful to have at income tax time. The second is usually to be preferred. Not only are the funds safer, but receipts in the form of cancelled checks are available to prove that obligations have been paid.

But whatever its form, your budget must have these three essential traits: reality, practicality, and currency.

REALITY means taking *all* the family resources into account on the income side and recognizing all of its obligations, present and potential, on the expenditure side. Perhaps most important of all is to budget a savings program. No wishful thinking should be present on either side.

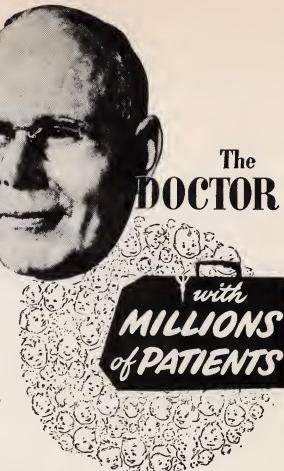
PRACTICALITY means being honest with yourself about what is possible so that you don't shoot for unattainable goals with their attendant restrictions which are impossible to live with.

CURRENCY in this context means both up-to-dateness and free cash reserves. Emergencies, bargains, etc., continuously arise and throw the budget off unless the family has a sufficient reserve of funds to take care of them.

In conclusion, then, remember our sacred obligation to spend our family dollars wisely for the accomplishment of our worthy, long-range family goals. Without a budget to guide us, we are in danger of spending for things which we strongly desire at the moment because of high powered advertising or human weaknesses, but which are relatively unimportant to us in the long run. That person understands money best who regards it as a means to an end, and that person understands it least who regards it solely as the objective of daily endeavor; that is, as an end in itself. Thrift is an admirable virtue; miserliness is not. Money was created to be spent. Thrift is wise spending—not imprudent frugality.

Dr. W. C. Alvarez

Dr. Alvarez is emeritus consultant in medicine for the Mayo Clinic and he writes a column for leading newspapers throughout the country. Deseret News readers find he gives them valuable information about their health. His columns are written to be understood by everyone. Find them on the page opposite the editorials in your family newspaper ...



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• Fundamentally, quorums provide the means by which men may associate and share spiritual experiences, unite in assisting brethren to improve themselves economically, and provide a pleasant and satisfying social life with high and ennobling standards of conduct. All of these purposes must be embedded in a well-conceived program, the detail of which is followed constantly.

The first spiritual experience is best found by keeping the commandments and furthering the work of the Lord. His work, he said, was to "bring to pass the immortality and eternal life of man." (Moses 1:39.) Both of these desired fruits expand our activity to matters beyond the grave. None of us may assume that we are fully helping the Lord's work by enjoying the social association alone. Neither can we be considered completely active for eternity by giving succor or financial assistance to a fellow member.

We have been told that the highest opportunities in the hereafter cannot be had without husband and wife together. Sad indeed would be the outlook for those who have gone on before without bringing about the eternal sealing for themselves if it were not for the provision that this short life is not the end of hearing or of accepting the principles of eternal life. Knowing this, the quorum presidency will provide for intense activity for its members.

This activity divides itself into two parts:



"This Is My Work..."

*The Ward Genealogy Committee
and the Quorum*



1. Visits to the temples by members and their wives to do ordinance work for the dead. These should be frequent.

2. Seeking out names of ancestors and properly preparing them for ordinance work in the temple.

It is the practical application of the second activity which concerns us.

To do this technical and exacting work needs practical training. For this purpose the ward committee on genealogy is organized. On that committee sits a member of the quorum. In the past it has satisfied the demands of the office to have a quorum member on the ward committee. That was all. That man promptly lost his quorum identity and became absorbed in the ward committee. He felt no more responsibility for quorum members than for any other ward member.

Such a situation is not good. The quorum member should represent the quorum and should have as his purpose the stirring up and teaching members of the quorum residing in the ward the work of seeking after their dead. He should report to the quorum presidency the results of his efforts and seek their help in further pressing the work.

Therefore, the man who represents the quorum on the ward genealogical committee should be appointed as a member of the quorum church service committee.

This man should be the joint choice of the bishop and the quorum president. The bishop has the final

appointive power in this case, but if the member is to feel any responsibility for quorum members he must know, too, that the assignment is a quorum assignment as well and that the check up will be by the quorum presidency as much as by the bishop.

The Application of the Idea

The quorum president approaches the bishop and says:

"You are going to appoint a man from our quorum to be a member of the ward genealogy committee. What would you think of John Doe? He will work with the quorum members in your ward. We'd like to give him the activity." There will be some discussion and in some cases compromises. But in the end agreement will be reached.

Then it would be wise for both men to make a joint call on the member, each explaining his own outlook. The bishop tells him of his general responsibility, while the quorum president shows him his specific responsibility toward quorum members in the ward.

The bishop checks up on the ward genealogical committee.

The quorum presidency checks up on the quorum church service committee—especially on the genealogical work in the ward.

This is one step toward preparing for the millennial reign a little sooner.

"IF I WERE YOU"

ADVICE TO YOUNG MEN

BY O. LESLIE STONE



THE PRESIDING BISHOPRIC'S PAGE



If I were you, I would exercise great care in choosing my close friends. The influence of our friends and companions is very great indeed. The saying that one bad apple in a barrel can spoil the rest is very true. The actions and ideals of those we associate with cannot help but have a profound influence on our own lives and actions for either good or evil.

Dr. Ralph Bunche of the United Nations was asked, "What one factor do you attribute your success to?" and his answer was, "I learned to walk in the company of Good People."

If I were you, I would make every effort to establish good work habits. This is important in everything we do from earning a living to the work we do at home or in our Church. A boy who is lazy at home will be lazy in school, a lazy missionary, and a lazy worker for his employer.

One can attain good work habits only by getting at the work to be done at the time it needs to be done, applying reasonable diligence, and taking pride in a good performance. The habit of being prompt and accurate in all that we do is essential to good work habits.

If I were you, I would give careful attention to my personal appearance. Good grooming is important to all of us throughout our entire lives. This doesn't mean that we have to be dressed up in our "Sunday best" at all times. We can wear clothes to fit the occasion. Personal cleanliness is

likewise essential to good grooming.

As an employer I always pass up the fellows who wear handle-bar mustaches or grow beards, or who wear long hair, or who dress like "beatniks."

You will generally find that a fellow who really wants to get ahead and be a dependable leader is careful about and uses good taste in his personal appearance.

If I were you, I would make every possible effort to be honest in all my dealings. Honesty is one of the most important attributes a young man can have. Boys and men who can be trusted are always in demand. Our Heavenly Father deemed this so important he made it one of the Ten Commandments, "Thou shalt not steal."

If we are to be honest, we must not only refrain from stealing but we must do a good honest day's work for a day's pay. When one shirks on the job, he is "stealing" time from his employer, and this is nearly as bad as stealing money or merchandise. If a man wastes thirty minutes a day, it is equivalent to three and one-half work weeks in a year.

Honesty also includes the keeping of one's word or contract. It is important to pay our obligations on due date or make prior arrangements with our creditors if we are unable to do so. A good credit reputation is essential for success.

Be careful to live within your income. To spend consistently more than you earn only makes it more difficult to avoid temptation.

If we are honest in our small dealings, we acquire the habit, and we will then find it easier to be honest in handling larger transactions.

Be honest with the Lord by paying your tithes and offerings and thus make yourself eligible to receive the great blessings which are promised to those who comply with this law.

Most of all be honest with yourself in all things and then you cannot help but be honest with others. Shakespeare wrote in *Hamlet*—

"To thine own self be true and it must follow
as the night the day thou canst not then be
false to any man."

If I were you, I would set goals that would challenge my best ability. A person doesn't get very far in this life unless he knows where he is going. The setting of goals is a continuous process all through life. We look ahead and plan for the coming week, month, and year. We also should have long range goals we are working toward.

Aim high—think big—for unless you do, you will

probably end up an "average" which is only the best of the worst and the worst of the best.

Don't be a drifter. Be the master of your destiny.

If I were you, I would be active in priesthood and other church programs. Staying close to the Church and taking advantage of opportunities to learn, develop, and act is very important in this life and necessary for one to gain salvation in the celestial kingdom of our Heavenly Father.

The Church provides unlimited opportunity for us to learn and develop ourselves through priesthood, seminary, Sunday School, MIA, Sacrament, and other meetings. It takes effort on our part to take advantage of these opportunities. No one can give us a "testimony" or "knowledge." Nor can one buy these treasures. They can only be secured through individual effort.

I firmly believe you can be what you want to be in life. All you need do is to set your goals and then work and sacrifice to the extent necessary to reach your destination. It is worth the effort. It can be done. Man's greatest success and joy come through "keeping the commandments." One of my favorite scriptures is found in Matthew 6:33:

"... seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."

O. LESLIE STONE

O. Leslie Stone is president of the Oakland-Berkeley Stake, chairman of the Oakland Welfare Region, and chairman of the Oakland Temple District.

He married Dorothy Cobbley in the Salt Lake Temple, April 23, 1924. Their family consists of four sons.

President Stone is the co-founder and chairman of the board of Skaggs-Stone, Inc., wholesale distributors of general merchandise. He is the former vice-president of Safeway Stores, Inc.



Food Time, Family Time

TODAY'S FAMILY, FLORENCE B. PINNOCK, EDITOR

● The shout, "Come and get it," the announcement, "Madam, dinner is served," the call, "Hurry, the program is beginning, take your tray in front of the TV," all add up to one thing, it is time to eat. This universal pastime is a compelling habit, one we were born with and one that continues throughout life. A tighter knot of family unity is tied around a dinner table than at any other place. It has been truly said that a family that plays together stays together, and it can be truly said that a family that eats together meets together under an umbrella of understanding, patience, and love.

Hurry, hurry, hurry is the enemy of family dining together. Graciousness goes out the door when hurry comes in. Dinner doesn't have to be at 6 pm if 7 or 5 would suit the convenience of everyone better. Be flexible, but work at improving the family eating time. Lives can be rearranged so that a dinner hour can be a family hour; that is, if every member cares enough to plan toward this end. Some who read this will say, "It is all right to write about these things but just try to make them work in my family. We never know when Dad will get home; big brother works after school; babies are so cross and sleepy that they just can't be included; mother often gets home late, and dinner is never ready at a specified time." Of course, we can take a negative outlook, but there is not one of us but could come much closer to the goal of gracious, happy family eating if we work harder at it. Plan, plan, plan, not just Mother but every member of the family! Gathering daily, together around a family dinner table is worth every effort.

Food should look appetizing, smell good, and be served with loving care. I know one mother who concentrates on always having something cooking that smells enticing when her family comes home at night. It is her way of saying, "Welcome home, dear ones."

The average dinner table looks different now from Grandmother's time. Her snowy white tablecloth and large linen napkins each folded neatly in individual napkin rings are replaced often by colorful place mats and large, soft paper napkins. But re-

member, nothing replaces cleanliness and table setting care. Daughters and even sons can learn to set the table correctly. Knives, forks, spoons, glasses, and napkins each have a special place neatly lined up, so the over-all picture is one of order. A four-year-old can save Mother many steps and feel so big in the process. Just recently a little two-year-old decided that it was dinner time and went to the drawer where the napkins were kept and taking a stack placed them around the dinner table. When the grandmother found him, he was seated with arms folded and head bowed waiting for the blessing.

The best china and silver are there to be used and enjoyed. Actions of the children, in many cases, will match the table setting. Home is the best place on earth to teach politeness and consideration of one another. A five-year-old son is not too young to hold Mother's chair with big brother doing the same for a sister. When the girls are old enough, assign one to remove soiled dishes from the table, another to serve the dessert. As often as possible make dinner preparation a family affair. A serving cart can be an important part of setting and clearing off the table. It is also handy as a side table to hold extra bowls and dishes. One of the easiest and most gracious ways of serving is to place the stack of dinner plates in front of the father and have him serve the meat dish and pass each plate to Mother to serve the vegetables. This helps to make the serving smoother, especially when there are small children who cannot help themselves.

Dining room eating should not be a thing of the past. It is good to serve at least one meal a day in the dining room as the children are growing up. High chairs can be placed on large squares of plastic cloth to protect the rug, and pieces of waxed paper or plastic wrap can be placed under the dinner plates of the tiny ones and still give the effect of a correctly set table.

Make dinner time a happy interval in each day. It is no time for quarreling, airing grievances, correcting misdeeds of the day, complaining, or criticizing. Someone added never talk of the "4 D's" at the dinner table—dirt, disease, debt, and death. It is so easy for

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big sister to complain that little brother chews too loudly and talks with his mouth full of food and that elbows are rested on the table. This instruction should be done at another time by Mother or Father, with the only teaching done at the table by good example. Precious, joyful memories can be made around the dinner table. It can be a place to learn about each other and a place for good conversation to be enjoyed. One family, each day, assigns a different child to come to dinner prepared to introduce an interesting topic of conversation. The father in this family keeps his mind on the subject and uses this time really to get acquainted with his children. Another family, who had lived three years in a foreign country, one night a week at dinner speaks only in that foreign language. Another family has a hobby of each member telling about something different he has noticed during the day or of explaining something new he has learned. All this is good but don't take the family informality out of dining. A stilted feeling is not harmonious to a happy family group.

Each family can build up its own food traditions. This could be done, perhaps, by having the same popular dinner every Saturday night. It might be oyster stew and crackers or baked beans and brown bread or maybe just spaghetti and a green salad. Or the family tradition could just cover special days such as birthdays. One family has the tradition that the birthday person doesn't do any work on his birthday, and the other members of the family close in the gap. The birthday dinner is always special, and the honored person may choose the meat course and the flavor of the ice cream. A tall light sponge cake is the traditional birthday cake in that family.

All families have their favored foods. I would like to suggest seven recipes, some of which you may like to add to your choice recipe file.

Barbecue Bread with Beefburgers

2 cups biscuit mix
1 tablespoon instant minced onion
¾ cup grated sharp cheddar cheese
1 teaspoon prepared mustard
⅔ cup milk

Combine the biscuit mix, minced onion, and cheese. Stir in the milk to which has been added the mustard. Roll to about ½ inch thick and cut into biscuits. Sprinkle the tops with sesame seeds. Bake in 400 degree F. oven about 10 minutes or until golden brown. Make the biscuits large and serve broiled beefburgers in them.

Tasty Eggs

While scrambling eggs add a dash of Tabasco, instant onion, chopped ripe olives, and some finely minced parsley for a delicious (made-in-minute) supper dish. Add a tomato aspic salad, tall glasses of milk, freshly baked bread, and a fruit compote to complete this meal.

Cottage Salad

1 cup ripe olives—cut in large wedges
1 cup cubed cucumber
2 cups large curl cottage cheese
1 tablespoon lemon juice
1 teaspoon instant minced onion
½ teaspoon salt
dash of pepper
1/16 teaspoon chili powder
Salad greens
3 large tomatoes, sliced
Whole ripe olives for garnish

Combine all ingredients except salad greens, tomatoes, and whole olives. Arrange salad greens and tomato slices on individual salad plates. Top with cottage cheese mixture. Sprinkle with paprika and garnish with the whole olives. Makes 6 salads.

Raspberry Cream Pudding

1 cup table cream
¾ cups sugar
1 tablespoon unflavored gelatin
½ cup milk
1 cup dairy sour cream
1 teaspoon vanilla

Heat together the cream and sugar until hot. Sprinkle the gelatin over the milk to soften; stir into hot cream until dissolved. Cool; don't let set. Fold in the sour cream and vanilla; turn into mold which has been rinsed with cold water. Chill until firm. Unmold and top with thawed frozen raspberries. Serves 6.

Orange Sherbet (short in calories)

1 envelope unflavored gelatin
3/4 cup sugar
1/2 cup water
1 (6 oz.) can frozen orange concentrate
2 1/4 cups buttermilk
1 egg white beaten until stiff

Mix the gelatin and sugar thoroughly in a small saucepan. Add the water and place over low heat, stirring constantly until gelatin is dissolved. Add the buttermilk to the orange concentrate and stir in the gelatin mixture. Turn into a freezing tray. When mixture is partially frozen, remove to bowl and beat until smooth, fold in egg white, and return to tray and continue freezing until firm. Serve topped with a sprinkling of grated orange rind. Brownies are delicious served with this sherbet. See Easy Brownie in December 1962 Era issue.

Freezer Chocolate Cream

3 eggs well beaten
2 1/4 cups sugar
2 squares chocolate
1 1/2 cups evaporated milk
1 pint table cream
1/2 tablespoon vanilla
dash of salt

Beat the sugar well into the beaten eggs, add the melted chocolate and other ingredients. Freeze in hand or electric freezer. Serve sprinkled with toasted almond chips.

Broiled Halibut Steaks

Cut halibut steaks into serving portions. Season with salt and freshly ground pepper. Oil the broiler pan well, place the steaks on the pan and broil slowly until steaks are lightly brown. Turn and coat top of steaks with mixture of seasoned sour cream and chopped chives or finely chopped green onions. Broil until the top is brown, and the halibut is cooked through. Serve at once with wedges of lemon. To complete this dinner serve tiny new potatoes rolled in a little cream and coated with butter and parsley, broccoli, tossed green salad, and orange sherbet.



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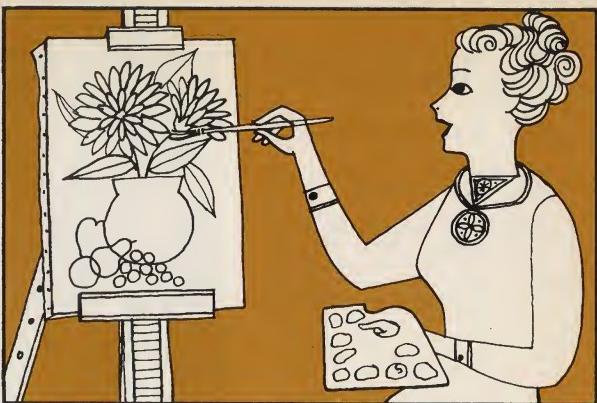
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GIVE YOURSELF A BIRTHDAY GIFT

BY EILEEN M. HASSE

The best birthday gift is one you can give yourself. Instead of slipping into a moody spell because everyone forgot about *your* day, here is a campaign of action to give you a memorable birthday.

Have a hairdo. You may treat yourself to a beauty shop set or permanent. You may have your best friend cut it and style it for you, or you may do some experimenting on your own. Try pushing your hair into different styles when you shampoo it. Sudsy hair is easy to push into different shapes. When you decide on a new way to comb it, experiment until you accomplish your task. A new look is the best birthday gift, and you must give it to yourself.

Adopt a hobby, learn a new skill or try a new craft. Hobbies are refreshing because they take the dullness out of the day. Working with colorful yarns, paints, or new fabrics serves as a tonic to any home-maker who seems trapped with daily routine. Get a new hobby by reading books, talking to others who already have that hobby, or asking for instruction where art and hobby goods are sold. Most high schools hold evening classes for adults who are interested in learning a new skill. Classes in sculpturing, ceramics, leathercraft, sewing, and knitting are but a few of the skills

that are taught. It costs but a couple of dollars to enroll in one of these classes. What a wonderful birthday gift!

Plan a new wardrobe. Take stock of your clothes. Discard those that seem worthless. List the dresses and accessories you have. Then make a list of things you may add. Check the essentials that you will buy first. It's surprising what a little planning can do. With this list carried in your purse you can tell at a glance if so-called bargains are really bargains for you. If the color is not right or the item doesn't fit in with the clothes you already have the bargain isn't for you at all. A wardrobe plan is a delightful gift to yourself.

Perk up your place. You may be able to add a small accessory or a larger piece of furniture. A coat of paint will change the face of an oldie, and a package of dye can do wonders for stale spreads and hangings. A dash of color costs little and gives you a new lease on life.

Your favorite dish is just waiting to be made—on your birthday. Whatever you like the best should be yours on your day. A little planning ahead of the day of days will help you have all the makings for your special meal. If it seems to cost too much, try budgeting

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ahead of time to make room for the extras you will need. There is wonderful therapy in making something elegant for yourself—and it does cost less than taking the family out to eat.

Begin that figure improvement campaign. Start today to gain or lose those pounds that have concerned you. Often exercise is needed more than diet to shape up. Treat yourself to a brisk walk everyday and a few push-ups and sit-ups. Remind yourself daily that this is the birthday present you gave yourself—a few moments each day for a better figure.

Invite your neighbor in for a snack. Your troubles will shrink and your outlook will brighten by sharing your kitchen and a snack with the woman next door. A good neighbor is a lasting birthday gift. You can have one for the invitation.

Renew an old acquaintance. Remember that girl friend you enjoyed so much when you were in school? A phone call, letter, or card will bring her back again. There is a feeling of permanence that comes with keeping up the old friendships. She will be happy you remembered her, and there will be delightful hours of reminiscing.

Take a favorite magazine to a cozy corner. It costs but a few minutes to read a story or two. Articles are broadening and worthwhile. Stories can take you into the world of make-believe. Try reading something that is entirely the opposite of your daily life. If you are a homemaker, read about career girls. If you are small-town, unsophisticated folk, escape into the world of penthouses or the African jungle. Are you weary from dealing with problems of your children? Read about the problems of the bachelor girls and the childless! Reading is an escape from everything, and it costs so little.

Have a leisurely walk along the river or through the park. It is your gift to yourself. Has it been ages since you dared to stroll? Are you usually hustling along with loaded arms? Then your best gift to yourself is a walk without a bundle or a worry. Observing the people, pigeons, and squirrels in the park or the solitude of the river bank can be an unforgettable birthday gift to yourself.

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kitchen windows or the closet. Do something you have wanted to do for a long time but didn't seem to get done. It's a treat to have something accomplished that you dreaded. If you prepare yourself with colorful shelf liner and a few new gadgets the job will be pleasant. Something as simple as a different kind of detergent or window cleaner can be a gift to yourself on your birthday. If you plan to do a dreaded job on your birthday you will want to make the finished job a real treat. Going about the job in a leisurely fashion helps to make it a treat. Gay linings, fresh curtains, and a different arrangement makes the doing a real birthday gift.

Acquire a new friend. Just for fun try going out and making a new acquaintance. This is an excellent birthday gift because it renews your self-confidence. Is there a new neighbor? If you make the first friendly gesture you will win a new and lasting friend. This may be an elderly person who needs friends, a handicapped or sick person or someone new and strange to your locality. To have a friend is to be one. It is easy to find new friends. Perhaps the child next door is aching to have an adult friend. Any new friend makes an ideal gift on your day.

You can have a bubble bath and a facial! It's such a simple gift to yourself, yet, many homemakers just don't take the time to enjoy a leisurely bath. You will feel like a new person when you submerge in your fragrant tub of froth. A new glow will seem to erase a year rather than add one when your gift to yourself is a home facial. Your cosmetic counter has elegant preparations that are designed to smooth the skin and give you a younger look.

When your birthday rolls around accept the added year without moodiness. You don't even need to resent the forgetfulness if those you love forget your day. The sensible thing to do is to give yourself one or more of these wonderful birthday gifts. There is nothing like a gift to yourself to give you a bright outlook on the year ahead. Most of these gifts will give you such sparkle that your family will be intrigued by the mystery of what birthdays do to you!

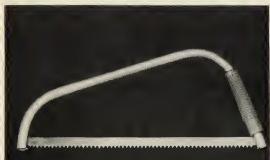
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The Church Moves On

(Continued from page 250)

high councils, as a bishop, a bishop's counselor, and as stake YMMIA superintendent. His wife Mrs. Frances Taylor Tate will accompany him to the Berlin assignment. A son Joel is serving a mission in the Southwest Indian Mission, and a daughter Nancy Ellen is expected to join her parents in the mission field at the conclusion of the university year.

19 This afternoon fire destroyed the historic MIA girls' home at Brighton, at the head of Big Cottonwood Canyon southeast of Salt Lake City. Loss was estimated at \$75,000.00.

23 The First Presidency announced the appointment of Elder Edward L. Clissold as president of the Hawaiian Temple, succeeding President Roland Tietjen. This will be President Clissold's third term as president of the temple. He is a former president of both the Hawaii and the Japanese missions, and has served as a counselor and is now president of the Oahu (Hawaii) Stake.

24 The First Presidency announced the appointment of Elder Alvin W. Fletcher as president of the Swedish Mission succeeding President A. Gideon Omer. President Fletcher, a resident of Billings, Montana, is the first counselor in the West Central States Mission presidency. He has previously served as a member of a district presidency in a mission, as assistant to two mission presidents, and as first counselor to two mission presidents. His wife, Jean Malowey Fletcher, will accompany him to this new assignment. They have a son currently serving in the California Mission; their daughter, Nancy Jean, a high school sophomore, will join her parents at the close of the school year.

25 Elder Joseph L. Wirthlin, former Presiding Bishop of the Church, passed away. Funeral services were conducted in the Assembly Hall on January 28.

27 South Carolina West Stake, the 366th now functioning in the

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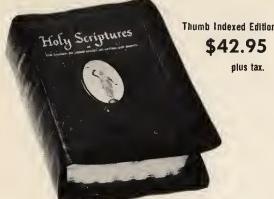
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The Improvement Era

ERA

Church was organized from parts of Greenboro (North Carolina) Stake and mission areas from the Central Atlantic States and Southern States. Elder Ivan A. Larson who had been serving as first counselor in the Greensboro Stake presidency was sustained as president of the new stake with Elders Edgar M. Poole and Evan D. Ginn as counselors. The organization was under the direction of Elder LeGrand Richards of the Council of the Twelve and Elder Alvin R. Dyer, Assistant to the Twelve. At a special conference in Nauvoo, in August 1841, Elder Abram O. Smoot was called to labor as a missionary in South Carolina.

Elder Jack F. Joyner sustained as president of South Carolina Stake succeeding President Benjamin W. Wilkerson. Elders R. Ernest Graham and Charles C. Branhamb were sustained as counselors. Both President Joyner and Elder Graham served as counselors to President Wilkerson.

Elder Richard B. Sonne sustained as president of Palo Alto (California) Stake succeeding President David B. Haight who has recently been called as president of the Scottish Mission. Elders Lund A. Johnson and Ronald E. Poelman were sustained as counselors. Both President Sonne and Elder Johnson served as counselors to President Haight.

28 The First Presidency announced the appointment of Elder Heber G. Taylor as president of the Eastern Atlantic States Mission succeeding President George B. Hill. Mission headquarters are in Bethesda, Maryland. At the time of this call President Taylor is a counselor to the chairman of the Hillsdale (Salt Lake City) genealogical committee. He has been a ward Sunday School superintendent, a member of a stake Sunday School superintendency, a ward and a stake YMMIA superintendent, a stake missionary, and a president of a quorum of seventy. He filled a mission in the Netherlands, 1921-24. With him to this assignment will go his wife Dorothy Swenson Taylor. They have three married children.

31 The First Presidency announced the creation of a new mission, the Southeast Mexican. Called to preside was Elder Carl J. Beecroft of Scottsdale, Arizona. The mission will include the eastern half of the

present Mexican Mission. Headquarters will be in Vera Cruz. At this time President Beecroft has been serving as co-ordinator of the Spanish-speaking units of the Church in the Salt River Valley. He has also been a counselor in a bishopric and a president of a branch. Accompanying him to the mission field will be his wife, Helen May Taylor Beecroft and their daughter Katheryn. The couple also have two older children. This is the fourth mission of the Church now functioning in Mexico. Two stakes are also organized there.

FEBRUARY 1963

1 This is the month of the annual Primary Penny Drive with the money going to support the Primary Children's Hospital in Salt Lake City which accepts patients without regard to race or creed. Suggested amount now is two cents for each year of the contributor's age.

2 Milwaukee (Wisconsin) Stake created from parts of Chicago Stake and the Northern States Mission with Elder DeWitt C. Smith sustained as president and Elders Fred H. Busselberg and Walter H. Kindt as counselors. The stake, the 367th functioning, was organized under the direction of Elders LeGrand Richards and Howard W. Hunter of the Council of the Twelve. Wisconsin was suggested as a gathering place for the Saints in pre-Nauvoo days. The suggestion was never acted upon.

3 Chicago South (Illinois) Stake was created from parts of Chicago Stake and the Northern States Mission with Elder Lyle R. Cahoon sustained as president and Elders John Sonnenberg and Dallin H. Oaks as counselors. This is the 368th stake functioning in the Church. It was organized under the direction of Elders LeGrand Richards and Howard W. Hunter of the Council of the Twelve.

Elder Paul W. Jespersen was sustained as president of Chicago Stake succeeding President John K. Edmunds who has served as stake president for eighteen years. President Jespersen's counselors are Elders J. Darold Johnson and Everett L. Butler.



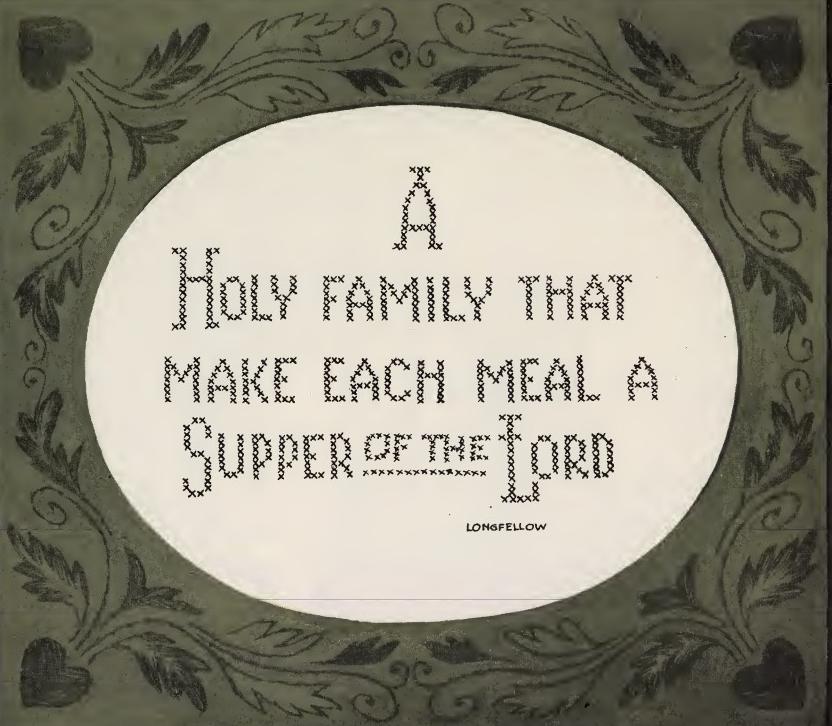
Your Family and You

**ERA OF
YOUTH**

April 1963

Marion D. Hanks,
Editor;
Elaine Cannon,
Associate Editor





A
HOLY FAMILY THAT
MAKE EACH MEAL A
SUPPER OF THE LORD

LONGFELLOW

Home

BY ELAINE CANNON



Home . . . home . . . you've heard all the old quips about it . . . a place where you hang your hat . . . sign up for the family car . . . wait for the allowance dole . . . grab a snack.

You get so you sort of take the old abode for granted sometimes. It's there, it's familiar . . . it's just home, that's all.

But is that all? Have you ever been away somewhere and been stricken with a hungry longing for that place you call "home"? It's then you know that home is more than the roof over your head . . . and that it truly takes a heap of living to make a house a home for you or anybody else.

Home is where you loll on the floor and read Sunday's funnies . . . where a fragrance of fresh bread baking or pot roast cooking is tantalizing but promising . . . where your fifth grade masterpiece STILL hangs in the breakfast room . . . and the scratches of your pup's claws mark the back door.

Home is after-school-snacks of your own choos-

ing . . . it's where your horde of books, snapshots, records, and THINGS are stashed . . . it's birthday cakes and family reunions . . . it's everyone raking up the leaves in the fall and gardening in the spring . . . it's preparations for little brother's Scout trips, and big brother's mission . . . it's praying together and singing together . . . sessions with Dad on church talks . . . sessions with Mom on clothes . . . it's tender, loving care when you're sick and a heap of understanding when you're blue . . . it's the place where you've loved the most by those who know you best.

Home is your own welcome mat to friends, where you can pay back their kindnesses to you . . . it's frantic preparations on Prom night . . . telephone calls for you . . . it's family squabbles, family fun.

It's not unlike other homes yet it's special to you because your things, your loves, your happy growing up memories are there. It's a lot of things, home is, and all pretty special at that.



Rally 'round the home hearth, teens. Take a fresh look at family togetherness.

Because your most important part in family life can be the giving of good ideas and helping put them to work, why not start now to make your family the one you'd like most to come home to?

- * Chart a work chart.
- * Design a "where I'm going and when I'll return" book.
- * Suggest family prayers.
- * Stage a who-can-memorize-the-most-scriptures-in-a-week contest.
- * Set up a suggestion box and schedule a night to consider the suggestions. Plan prizes and party food.
- * At Sunday dinner take turns telling of "do unto others" experiences you've noted about various family members during the week.
- * Plot a project: redecorate a room, work on food storage, enter a contest, up-date family histories, take a program to a shut-in, share your family hour with newcomers or nonmembers.
- * Have a sing along.



Toward God and Parents

BY LINDA CAMPORA

You were a valiant spirit in the pre-existence, and when the two plans were presented, you couldn't contain your enthusiasm and hope of being able to have a tabernacle of flesh and bone in order to begin anew on earth. Although you hated to leave the glorious home of your beloved Father, two people on earth were praying for you and waiting hopefully for your arrival.

I believe this is what Nephi meant when he said, "I, Nephi, having been born of goodly parents." What are youth's responsibilities to their goodly parents?

If God had faith enough to trust these two people with one of his choicest spirits, his most priceless possessions, shouldn't youth have faith enough in his judgment to listen to their parents' counsel and obey, respect, and honor them?

Do we confide in our parents, or do we tell them, "You just don't understand"? Do we share our lives, or do we tiptoe past their lighted bedroom after a date? Are we expecting them to trust us when we tell untruths about places, times, and friends? Can we say, "This is my mom and this is my dad," and be proud of it or do we become as base as some young folk and refer to them as "the old lady" and "my old man"? Have we ever thought of staying home with the smaller children one night so they can go to a movie, or is it always our turn for the car? Does Mom get to wear her new blouse only once, and then we take it over?

Think of the suffering of Alma the Younger's

father, Alma. His son was a real troublemaker and had to have an angel of the Lord strike him dumb before he repented and became a powerful missionary.

Obedience, respect, and honor are most important, but the greatest gift that can be given is living a good life, keeping the principles of the gospel, and having an undying testimony. This includes a goal for temple marriage. This is the only thing which will permit us to have a mansion and family in our Father's celestial kingdom. In order to be worthy of a temple marriage we must constantly live clean lives. This teen time of our life is of most concern and worry to our parents. They know the strong impulses and emotions we are beginning to experience. Theirs were the same lovely discoveries. They only want to help and guide.

"You ought to be true for the sake of the folks who think you are true.

You should never stoop to a deed that your folks think you would not do.

If you are false to yourself, be the blemish but small,

You have injured your folks, you have been false to them all."

Edgar A. Guest.

The spirit that left was pure, eager, valiant, choice. Each day we live should be with one thought and goal, to return just as pure and choice as when we came.



Q What's wrong with this family picture?



A

You're only seeing part of it. See yourself AND your family members as others see them. Get to know ALL about each other. Pinpoint the "humanness" about your relatives, and love them for what they really are, not for what they can do for you.



Building Missionaries



● There are many faithful young people living in Europe who have come with their parents to help the Saints build chapels. They are part of the Church building missionary corps. They have given up school and friends and fun at home to come to strange lands with strange customs and strange languages. They have gone to foreign schools, the lucky ones to American military schools, and some to no schools at all.

They have made new friends in and out of the Church. Some have won honors and finished the year at the head of their class. They have been a wonderful asset to the Church wherever they are.

Here in Holland I have not been able to go to school, and so have been taking correspondence courses from the universities of Utah and California. My sister LouAnn finished her senior year in high school via the mailman and graduated from Olympus Seminary the same way.

These overseas teens are working in the Church wherever asked. Some have been called on proselyting missions while living here. While only 16, I have been called as the Sunday School superintendent, and LouAnn, 19, is the associate managing editor of The Builder. The only other LDS American teen in Holland, Robert Lybbert, is a counselor in the MIA in the Amsterdam Ward.

Often we are lonely and homesick for friends to talk to, for it is difficult to make friends and express ideas when a language stands in the way. Yet we know that in time we will master the language.

We truly feel that we are missionaries and representatives of our Church and country in this land of Holland, and that it is a wonderful experience for us.

*Richard Jackson
Naarden, The Netherlands*

Guten Tag!

This is a report from Germany courtesy of the Biesinger teens, Stephen, George, and Kathy.

There are nine children in our family, and we've called Germany, England, and New Zealand home—and sometime even before that the "foreign" city of Salt Lake in the country of USA.

We're American citizens who had a tough time going to school in American schools those few short months we were back in the valley. We've learned a lot about languages, methods, mores, people, and places in our travels and wouldn't trade our way of life for anything.

Our father, George Biesinger, is currently supervisor of the Church building program here. We were on a building mission in New Zealand for 10½ years before we came to Europe.

At present we are attending the Frankfurt American High School which is for dependents of the United States Armed Forces. It's school American-style, but it's costly. It costs each of us \$119 a half semester plus \$27 a year for transportation because we are not army dependents. We're all active in school athletics and activities and are trying to make a good thing out of this mission call.

We've had some great experiences working together as a family on church building projects. While we were living in England we all helped on the building at Epsom.

Kathy received a thick pair of snow gloves while in America, and upon her return to England she wore them completely to shreds tossing over three thousand bricks with a group of English teens helping to build the new chapel.

While digging a drainage trench there, Stephen and George found the body of an Anglo-Saxon warrior one thousand years old but very well preserved. It is going to be on display in the British Museum.

We also attended the gospel study classes with the building missionaries. It is very inspiring and strengthening to our testimonies to work with these young building missionaries. They give two years of their time and energy without pay. We all hope and pray that if anyone of you is ever called on a proselyting or building mission or to hold any position in the Church that you will

accept it with a sincere heart and fulfil it to the utmost of your ability. You'll have experiences you'll never have any other way. And your testimony of the truthfulness of this gospel will grow as ours has.

Stephen, George, and Kathy Biesinger

The Germans are officially finished with regular schooling at age fourteen. I was therefore very lucky to be able to attend a German Gymnasium. One of my father's old German friends was kind enough to go to the school and explain our problem with the language.

The first day I attended school showed me how considerate the German boys could be. When I walked into the door, all of the students stood upright looking very proud to have an American in their class. Each student wanted to sit by the American. I was assigned to a boy who could speak very good English. He made me feel very much at home. I was filled with many questions the first week. I met some German friends who took me under their wing and stopped by my apartment before and after school.

In the gym classes every Monday I could tell that the students were out to show me that they were more physically active than the Americans. In fact, they started contests the day I arrived. I was trying not to give a bad impression of the Americans by putting as much ability as I could into the tests. One thing they seemed to be happy about was the fact that they were better than I was on the parallel bars. After that day they chose me to be handball goalie for the class. It gave me a good impression of the Germans when I noticed they were all about the same in every sport—very good.

After attending this school for two months I felt it would be better for me to go to the American High School. This school is very different from the ones at home in Salt Lake City. It is for military dependents, and so I and the other students from our Mormon colony in Bad

Vilbel have a good opportunity to meet many new students.

While attending the school my friends and I tried hard to play soccer, and each of us was fortunate enough to win a letter. At the assembly I was very much surprised to be called up to the front and awarded with a trophy as the most valuable sophomore soccer player.

I am fortunate to have such wonderful friends as I have here: George Biesinger, Stephen Biesinger, Kathy Biesinger, Mary Jane Andrew, Pat Berg, Kris Kersick, Evelyn Voigt, Joy Haines, Bob Dyer, and Bob Burton. Every one sets a fine example for the Church.

Richard Crandall

In my wildest dreams I never had an idea that I would come to Europe to live. Upon arriving in Germany I had to pinch myself to make sure I wasn't dreaming. Especially when I rode down the street and saw street lights, large modern stores, autobahns as well as cobblestone alleys, and people dressed in stylish apparel. Before coming I had pictured Germany to be very primitive and back a few hundred years. I was very relieved to find things quite up-to-date.

While I have been in Germany, I have had the opportunity of traveling through Europe with my parents to visit church building sites and attend building conferences in other areas. It has been interesting and inspiring to me to meet the building missionaries who have given of their time and talents to help build chapels for the Church. Many of these boys are from the East Zone, and their families are still on the other side. To hear their testimonies and experiences at the conferences has helped me to gain a greater testimony of the gospel and this work.

I have the opportunity of going to seminary here. This is the first seminary group they have had in Germany. Last year we didn't have seminary. It is very much like our seminary at home except that we meet from 6:30 to 7:30 because

our teacher is a lieutenant colonel in the Army, and he has to be to work at 7:30. We meet in a tin Army building every school morning.

Pat Berg

When I first found out that I was going to Germany to live for a couple of years, I thought that it was the worst thing that could happen. But now I am very grateful that my father has been called on a building mission and that I have the opportunity of living here in Germany and of learning more about it and of the German people.

Ever since I first stepped off the plane in Germany five months ago, I've really liked it. I was surprised when I got here to find how modern it is. But as well as modern cities and heavy traffic, there are little villages, ancient castles, and people on bikes all over. I was also surprised to find a good old American root beer stand.

There are many other Americans here, most of them in the Army. The Army has a high school called Frankfurt American High and that is where I go to school because it is school American style. There are only eleven of us there who are members of the Church. This gives us a chance to tell the others about our Church.

Every morning at 5:00 we get up and sleepily dress, then we all pile in the car, and off we go to our seminary which we have at 6:30. This is a special treat here. Not all LDS children traveling have seminary.

I have met many wonderful people and had experiences that I never would have otherwise. I'm thrilled.

Kris Kerskic

I wish that I could even begin to express my gratitude to my Heavenly Father for calling us here to Germany. There is never a day when something special doesn't happen to make my life happier here.

I think that the opportunities for young people in our branch are wonderful. There are always positions that need to be filled and things that need to be done. I have been fortunate in being able to hold the positions of chorister and pianist in three different organizations, and I'm so thankful that I have the ability to do my part in this way.

Our group of young people is outstanding, and I think you'd have to look a long time to find a comparable group. Our weekends are always filled with activities, based mainly around Church. Let me just tell you about one recent weekend. Saturday afternoon I was privileged to speak at a baptism of a young man who was introduced to the gospel by one of our young men in the branch. I think that that was the high light of the whole weekend. Saturday evening we all attended an MIA dance that we usually hold every other week. Sunday we attended our regular meetings and afterward held a little get-together at our branch president's home and spent the evening singing.

As I sat there singing, I began to wonder where else in the world I would be able to find such a wonderful group of wholesome, outstanding young people, except in the Church. The impression that this mission has made on my life can never be measured. I feel very fortunate in just being able to have associated with these people.

Mary Jane Andrew



L to r. Pat Fathergale and John Crabtree, missionaries; Stephen Biesinger on site of Epson Chapel, London.



Richard Jackson



Lou Ann Jackson



L to r. Richard Crandall, Steve Biesinger, George Biesinger, Kris Kerkseck, Pat Berg and Kathy Biesinger.



Mary Jane Andrew

Dear Folks:

This is a kind of love letter from me to you. It won't be the gushiest, mushiest one you've ever received (I hope!) but it couldn't be more sincere.

It's great to have the most wonderful parents in the world. I can't get over my luck on this score. I love you for being what you are. I love you because you are mine and because I belong to you. I feel happiest and safest when things are right with us at home. And I like to be there.

I love you because you love me. When I think of it, this is a kind of miracle in my life. I love you for this more than anything else. It must be love, I keep telling myself. Why else would you keep on plumping my pockets with coin, providing me with food, clothing, shelter, and "taxi" service when the pay is so poor?

I love you for sacrifices I'm sure you've made for me along the way, though you've never made a production out of it. I love you for guidance you give and the example you set in service and kindness. I love you for teaching me about Heavenly Father, for praying with me on certain special occasions of need. I love you for expecting me to obey and for disciplining me without hate or humiliation when I don't.

I love you for encouraging without insisting and for not saying "I told you so" when I flub it. I love you for caring what happens to me.

I love the way you look. You're my kind of people.

I love you, that's all, folks. Surprised?

Your Teen

Ten things I wish my parents WOULDN'T do:

- | | | | |
|---|---------------------------------------------------------|---|----------------------------------------------------------------|
| ① | discipline me in front of my friends | ⑥ | remind me to say "thank you" and "how do you do" before others |
| ② | discipline me in front of their friends | ⑦ | live one way and preach another |
| ③ | invade the privacy of my drawers, my diary, and my mail | ⑧ | set impossible standards for me to live up to |
| ④ | outshine me in front of my date | ⑨ | quit referring to "when I was young" |
| ⑤ | be careless about telephone messages for me | ⑩ | look sloppy when my friends come |

Dear Child of Ours:

How do we love thee? Let us count the ways, as the poet suggested.
We love you for what you are and what you are trying to be; we
love you for your youth, your bounce, your eagerness for all of life.
We love you for your searching restlessness but your unwavering faith; we
love your beauty and your strong young body, your freshness, your gay
ways. We love your gentleness at times, your tenderness, too. We love your
need of us and brace ourselves for the day when that is over.

To be entrusted with a special spirit like yours is humbling. It's even
a little frightening. We have so much to learn ourselves, you see. We keep
reminding ourselves that this is your life to live as you choose. We're not
supposed to live it for you or even with you. We're only to help you make
a good thing of it. And this we truly want to do... for your sake!

Forgive us as you become conscious of our faults and failures.
Realize, we pray, that we want... expect... you to be better than we are in
every way.

We love you more than we love ourselves. This is what parenthood does
for you, our child. We love you in a way that you'll understand best
when you have a child of your own someday.

You are the symbol of our love... our partnership with God. This is the
most wonderful thing in the world. Of course we'd love you!

Your Parents

Some
things we wish
our teen
WOULD do:

1	keep his/her word about when he'll/she'll be home	6	speak to our friends politely without having to be told to
2	listen to advice — even if he/she won't always take it	7	introduce his/her friends to us respectfully
3	hang up clothes	8	say, "I love you folks and thanks!" just now and then
4	keep room neat	9	not argue so much
5	volunteer the information where he/she is going and with whom	10	help around the house more



Getting to Know You



Shauna, Jeanette, and Larry (sitting) Dave, and Ray (standing) Wagner, Seattle Fourth Ward, Seattle (Wash.) Stake, are five talented teens setting a high family standard in the Church.

The youngest, Shauna, 9, is an active participant in Sunday School and Primary programs and sings many solos in the Seattle area. Brother Larry, 14, is first counselor in his deacons quorum, a member of the school choir, and roll room representative. Dave, 16, is president of the teachers quorum, vice-chairman of his school's honor society, and president of his seminary class.

Ray, 17, is secretary of his priests quorum, president of his Explorer post, past Primary teacher and chorister, and secretary of his high school studentbody. Jeanette, 18, has served as chorister of the junior Sunday School, high school Girls Club president, a member of the Executive

Council, and studentbody secretary. She is now a freshman at Brigham Young University. While in high school she also was a member of the service club, senior commencement commissioner, Vi-Queens, fashion board, concert choir, and seminary graduate.

Bonnie Kay Wellard, Yuma First Ward, Yuma (Ariz.-Calif.) Stake . . . student-body secretary . . . head cheerleader . . . attended Girls League . . . attendant to Campus Queen, Mardi Gras, and FFA Sweetheart . . . Yuma County "Miss Maid of Cotton" . . . president youth missionary committee . . . stake Laurel president . . . MIA chorister . . . Laureate award.

Byron Dangerfield, Garden Heights Ward, Canyon Rim (Salt Lake City) Stake . . . all-Church athlete . . . honor student . . . eight individual awards with 100 percent seals . . . youth chorus . . . ward quartet.

Shirley Stradling, Mesa Second Ward, Mesa (Ariz.) Stake . . . talented artist . . . student-body officer . . . Honor Club . . . Girls Athletic Association . . . oldest girl in family of twelve . . . five individual awards . . . Honor Bee, Mia Joy, and Junior Laureate awards.





Dedicated to Dad

*May I ever be deserving of your love.
Thanks for making my life worth living.*

Who gave the trees their color
And to the flowers their smell?
Who gave the birds their song
That makes the music swell?

Who gave the mountains their strength
And to the sea its power?
Who is it who makes the clouds roll by
And the clock to strike the hour?

Who is it that makes my life so gay?
Believe me now I know
It was God that made the world so big
For his love He thought to show.

But the love that I'll remember
Everyday my whole life through
Is that after God had done all this
He had the love to give me you.

BY CHARLOTTE RICHARDS, 16
SALT LAKE CITY

Doting parents

*You're like quicksilver, my teen,
Broken in a dozen parts,
Elusive, and yet very real,
Warming your parents' hearts.*

*You're like a rainbow, my teen,
Often, after storm,
Full of wonder and of hope,
Ready to reform.*

*You're like a poem, my teen,
Rhythmic as a song,
Full of magic imagery,
Chattering the whole day long.*

*You're like no other, my teen,
Unique in every way.
Even your faults are dear to us.
God bless you every day.*

BY CAROLINE EYRING MINER

The Last Word

Daniel Webster, when asked what was the greatest thought that had ever entered his mind, replied: "My accountability to Almighty God."

A world without a Sabbath would be like a man without a smile, like summer without flowers, and like a homestead without a garden. It is the joyous day of the whole week.—Henry Ward Beecher

When one door closes, another opens; but we often look so long and regretfully at the closed door, that we do not see the one which has opened for us.

Out of Gas: The lady walked out of the grocery store and saw a driverless car rolling slowly down the street. Thinking quickly, she ran to the car, jerked open the door, slid behind the wheel, and pulled the emergency brake with a hard yank. As she stepped out feeling proud, a man walked up. "Well, I stopped it," she beamed. "Yeah, I know. I was pushing it."—Fun Foundry

Some men have hundreds of reasons why they cannot do what they want to, when all they need is just one reason why they can.

There is little chance for people to get together as long as most of us want to be in the front of the bus, the back of the church, and the middle of the road.

An elderly farmer wrote to a mail order house as follows: "Please send me one of the gasoline engines you show on page 787, and if it's any good, I'll send a check." He received the following reply: "Please send check; if it's any good, we'll send engine."

For months she had pleaded with her husband to have his photograph taken. At last he yielded to her pleading and made the appointment with the photographer. But when the proofs came through, his wife exclaimed in horror, "Oh, there's only one button on your coat." "Thank goodness," he replied, "you've noticed it at last."—J.J.

NABISCO

HONEY

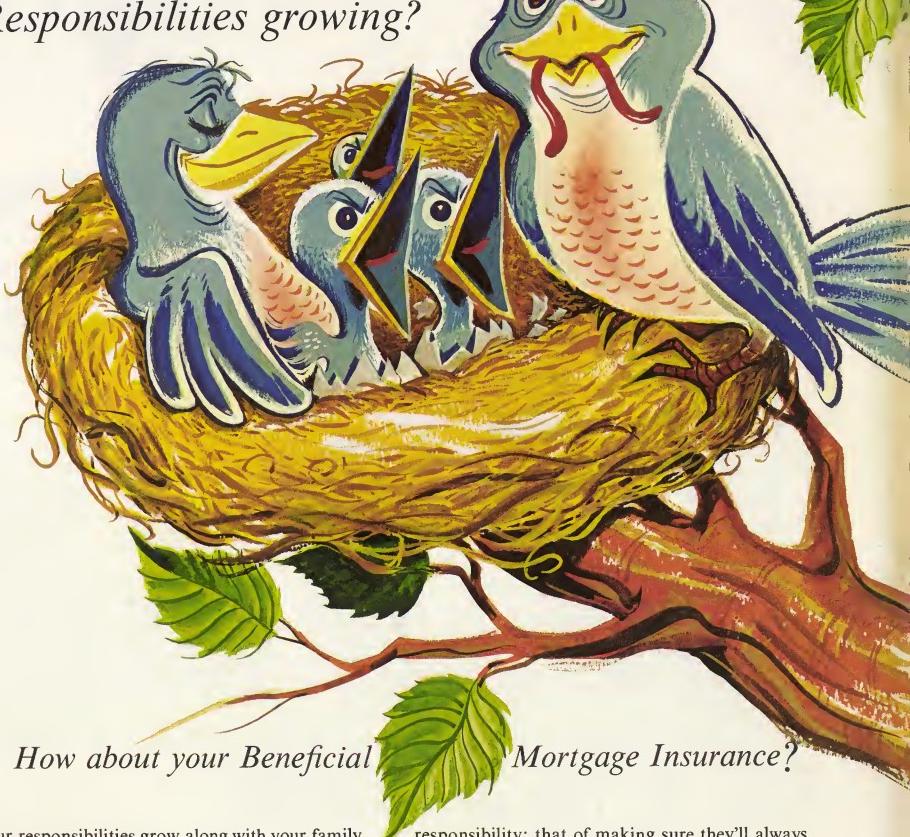


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